

# Mindworks NLP Launches New Series of One-Day Hypnosis & NLP Seminars in Bellevue

*Learn tools for influence, habit change, and self-hypnosis in this newly relaunched seminar series in Bellevue.*

BELLEVUE, WA, UNITED STATES, June 3, 2025 /EINPresswire.com/ -- Mindworks NLP, a licensed vocational school and leader in hands-on hypnosis and NLP training, is bringing back its popular lineup of one-day [seminars](#). Launching this June, the live sessions are designed to deliver powerful personal change in just 2.5 hours each.

Led by hypnotherapists and Licensed Trainers of NLP®, Connie and Michael Brannan, the seminars focus on a range of high-demand topics — from quitting smoking to mastering self-hypnosis, from persuasion skills to directing the mind to goals through trance. Each seminar is held live in Bellevue, WA, and open to the public. [Pre-registration](#) is required.



Discover hypnosis.

“

Real skills people can use right away.”

*Connie Brannan*

Upcoming seminars include:

- Stop Smoking – June 21, 2025  
Learn tools to kick the habit and rewire unconscious patterns with the power of NLP and hypnosis.

- A Chance to Trance – June 28, 2025  
Experience a deep trance state and focus on a goal from the inside out.
- Secrets of Sales & Persuasion – July 19, 2025

Build confidence, control your internal state, and learn powerful language patterns for influence and rapport.

- Instant Self-Hypnosis – July 26, 2025

Discover how to drop into trance instantly and use self-hypnosis to shift moods, habits, and outcomes.

Each session is \$247 and includes expert instruction, hands-on exercises, and take-home tools for continued success.

"These seminars are short, powerful, and transformational," says [Connie Brannan](#). "Whether you want to break a habit, gain an edge in business, or tap into the unconscious mind's potential, we offer real skills people can use right away."

Mindworks NLP is licensed by the WA State Workforce Board as a private vocational school. All trainings are held live in their Bellevue office. Space is limited for each seminar.

To register or learn more, visit:  
<https://www.seattlenlptraining.com>

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Connie Brannan, CHt. & Licensed Trainer of NLP®

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