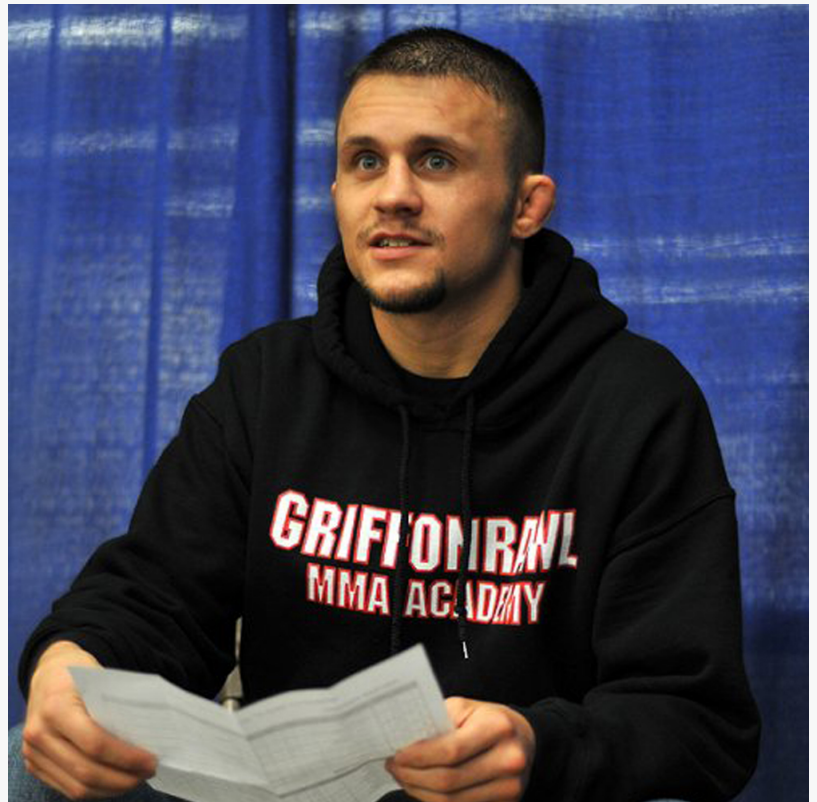


Jason Dent of GriffonRawl Combat Sports & Fitness Recently Featured on Close Up Radio

MENTOR, OH, UNITED STATES, June 5, 2025 /EINPresswire.com/ -- GriffonRawl Combat Sports & Fitness, the premier combat sports and fitness gym in Northeastern Ohio, is excited to announce its recent expansion to include programs and facilities catering to all ages and abilities. Owned and operated by renowned MMA fighter Jason "Dynamite" Dent, the gym exemplifies a commitment to fitness, self-defense, family, and community well-being.

Since taking ownership of GriffonRawl in the early 2000s, Jason Dent has dedicated himself to fostering an inclusive environment where individuals of all backgrounds thrive. With over 30 years of experience in martial arts, Dent uses his unique expertise and personal journey to inspire.



"My journey into martial arts began unexpectedly when my sister paid for my first class at age 13," says Dent. "Martial arts was a lifeline that taught discipline, resilience, and focus. It gave me the confidence to accomplish goals I never thought possible, leading me down an incredible path."

GriffonRawl takes its name from a blend of mythological inspiration and a nod to Dent's mentor, Dan Rawlings. Rawlings, who originally ran a kick boxing club, trusted Dent to take over the business upon his move to Florida. This pivotal moment allowed Dent to imprint his vision onto GriffonRawl, evolving it into a comprehensive training center that welcomes everyone—not just fighters.

More Than Just a Gym

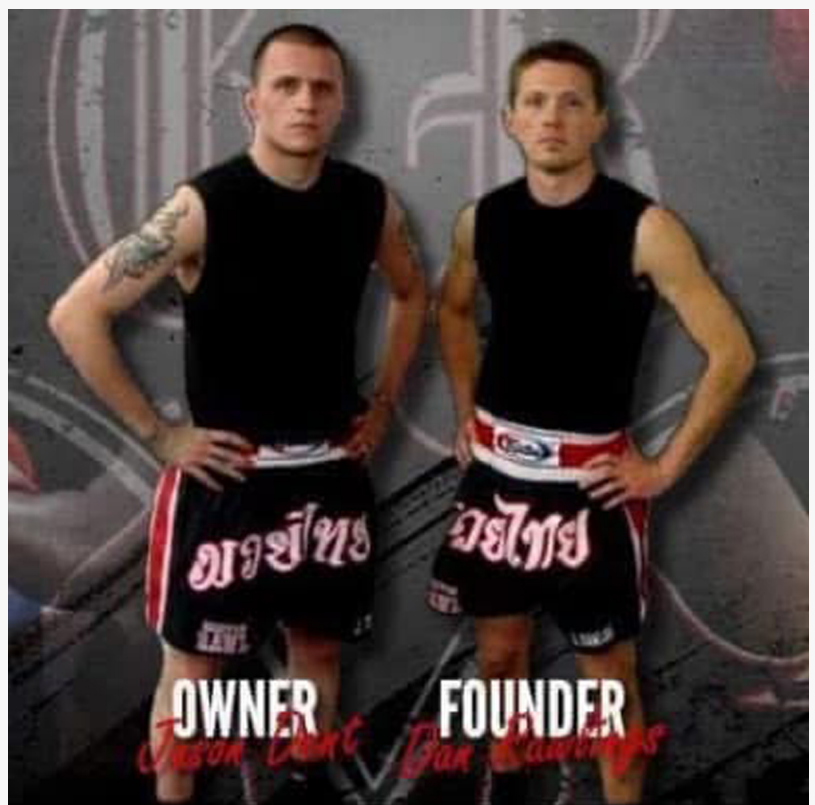
"We are more than just a combat sports gym," Dent emphasizes. "GriffonRawl is committed to being a community center for health, fitness, and personal growth. We serve clients of all ages with programs designed for every stage of life—from our Junior MMA classes for youth to Elder Fit programs for seniors. Everyone has a place here."

Dent's philosophy intertwines fitness with personal and spiritual development. GriffonRawl hosts a variety of community-focused programs, including self-defense classes for those dealing with bullying or seeking empowerment, and monthly non-denominational Bible studies. This holistic approach is encapsulated in Dent's motto: "Fitness, Fighting, Faith, Family, and Fun."

New and Expanded Facilities

The recent expansion features state-of-the-art facilities designed to accommodate the growing community of participants. The gym's new amenities include a full-sized cage, a boxing ring, an elaborate mat area, and a freshly developed strength and conditioning area—each structured to enhance both novice and advanced athletes' training experiences.

"It's about evolving with the demands of our clients and ensuring we're at the forefront of offering comprehensive martial arts and fitness training," Dent states. "Our members include everyone from law enforcement officers seeking effective self-defense techniques in Brazilian Jiu-Jitsu to families enjoying workouts together."



A Legacy of Excellence

Under Dent's leadership, GriffonRawl not only trains fighters but nurtures character and community leaders. His history as a competitor who reached the heights of UFC and his ongoing role as a compassionate coach illustrate his dual commitment to personal competition and broader community service.

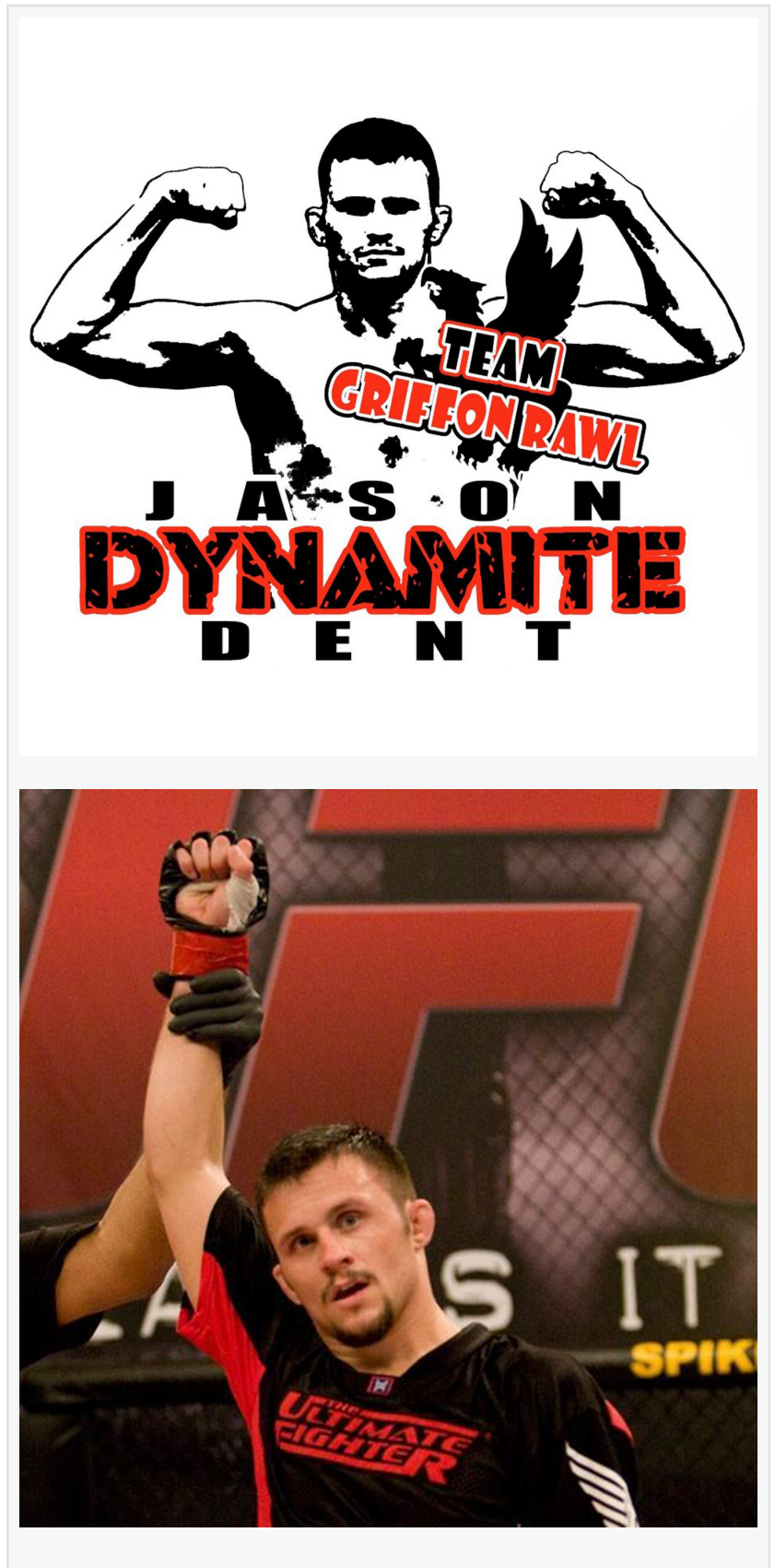
"Combat sports taught me invaluable lessons about humility, perseverance, and the importance of good guidance," Dent reflects. "I want to pass these lessons on, encouraging people to become the best versions of themselves, both in and out of the ring."

Looking Forward

As GriffonRawl Combat Sports and Fitness looks to the future, Dent plans to complete the ongoing facility upgrades and potentially expand the gym's reach by opening satellite locations or considering franchise options. Above all, his focus remains on fostering an environment where holistic wellness, community support, and personal achievement go hand in hand.

In an age where community health and personal resilience are more important than ever, GriffonRawl stands as a testament to the power of martial arts and fitness to transform lives.

About GriffonRawl Combat Sports & Fitness



GriffonRawl Combat Sports & Fitness is a leading martial arts and fitness center founded on principles of integrity, discipline, and community engagement. Through a range of classes and activities, GriffonRawl offers everything from youth programs to professional training, united under a mission to empower individuals to reach their fullest potential.

Close Up Radio recently featured Jason Dent, owner of GriffonRawl Combat Sports and Fitness, in an interview with Jim Masters on Friday, May 30th at 3pm EST

[Listen to the Podcast](#)

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For more information about Jason Dent or GriffonRawl Combat Sports and Fitness, please visit <https://ohio-mma.com/>

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