

Memoir Split Ends Shares Life Lessons from Behind the Salon Chair

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EINPresswire.com/ -- Split Ends, a memoir book by hairstylist and entrepreneur Sandi Donafee, remains a favorite among readers seeking heartfelt stories, relatable struggles, and meaningful self-reflection. Blending memoir with self-help, Split Ends has proven to be more than just a book about hair—it's about life, perseverance, and the beauty of human connection.

Donafee, who has over 40 years of experience in the hair industry, shares her journey from a five-year-old girl with a dream to a seasoned stylist and salon owner. Her story dives into the real-life “curveballs” that shaped her, much like the twists in curly hair—a fitting metaphor for life's unexpected turns.

“Hair grows out straight and then suddenly curves—just like life,” Donafee explains. “Split Ends is about embracing those twists and turns, learning from them, and finding healing through reflection and connection.”

Written with honesty and warmth, Split Ends invites readers into the intimate world of a hairstylist, where clients become family and salon chairs become safe spaces. Each chapter ends with a thought-provoking question, encouraging readers to reflect on their own lives and even begin writing their own story.

As a self-described “Hairapist,” Donafee’s greatest passion lies in the people she meets. “The hair is second,” she says. “It’s the conversations, the trust, and the bonds that form over time. That’s the real magic.”

With decades of experience—including owning four businesses, working for Matrix for 20 years, after Matrixc, I worked for SHE hair extensions and HTB (since 2004) and participating in national



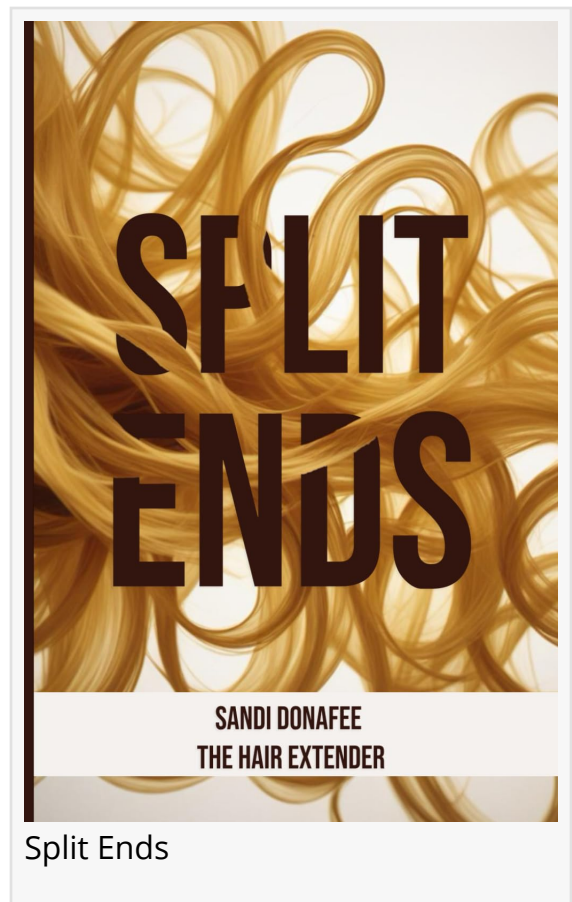
Sandi Donafee

hair shows—Donafee brings not only expertise but heart to everything she does. Split Ends is both a celebration of her journey and an invitation for readers to find strength and clarity in theirs.

The book continues to resonate with readers from all walks of life, especially those drawn to stories of personal growth, perseverance, and the quiet power of everyday connections. Donafee's ultimate dream? To one day see Split Ends turned into a Netflix series, giving voice to the stories that too often go untold.

Split Ends is available for purchase on [Amazon](https://www.amazon.com). To learn more, visit www.hairextenderusa.com.

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