

## Agoraphobia Market Size to Reach USD 838.9 Million by 2035 - Epidemiology Report by IMARC Group

The report provides a detailed analysis of the current agoraphobia marketed drugs and late-stage pipeline drugs, advancements in treatment, & Rising Incidence.

BROOKLYN, NY, UNITED STATES, June 12, 2025 /EINPresswire.com/ -- The agoraphobia market size reached a value of USD 486.0 Million across the top 7 markets (US, EU4, UK, and Japan) in 2024. Looking forward, IMARC Group expects the top 7 major markets to



Agoraphobia Market Epidemiology Report 2025-2035

reach USD 838.9 Million by 2035, exhibiting a growth rate (CAGR) of 5.09% during 2025-2035.

Agoraphobia is a type of anxiety disorder in which a person fears to be in public places or situations that may make them panic, feel trapped, or unable to escape. This may encompass open areas, public spots, or even going out of the house. The disorder can be extremely debilitating and influences a person's daily activities, social life, and overall health. Due to increased awareness and greater availability of mental health resources, agoraphobia treatment and therapy is increasingly sought after.

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Market Overview and Scope

The market for agoraphobia in 2025 offers a combination of pharmacological and nonpharmacological treatments. Well-established drugs such as antidepressants (SSRIs and SNRIs) and anti-anxiety medication (benzodiazepines) for the relief of short-term symptoms are frequently prescribed. Psychotherapy, particularly cognitive-behavioral therapy (CBT), continues to be a central element of treatment protocols. Increasing awareness and early recognition of symptoms, with more people turning for assistance, are a boost for the public and private sector investment in mental health services to meet this demand.

The market also expanded with the addition of digital therapy platforms and mobile health apps providing virtual consults, guided sessions, and self-help resources. This move towards digital support is playing a crucial part in promoting greater accessibility to treatment, particularly for individuals who cannot venture out of their homes because of the nature of agoraphobia.

Key Market Drivers in 2025

One of the strongest drivers for the growth of the agoraphobia market is growing global awareness of mental health. Campaigns led by government, NGOs, and influencers have lowered stigma and encouraged early seeking of help. Proactivity is helping patients reach out for diagnosis and treatment early on, before the condition worsens, and driving up treatment demand.

This is another important driver, that is, the expansion of telehealth treatment platform. For such people suffering from agoraphobia and are unable to visit appointments personally, online therapy sites become a lifeline. Home treatment on an online site enhances not only compliance but also improved outcomes.

In addition to this, the market is also benefiting from pharmaceutical development. New drugs with fewer side effects and a better tolerance profile reach the market, thus providing the patients with more options for long-term therapy. These drugs are to reduce anxiety mitigating its symptoms and avoiding panic attacks so that a patient can manage better at the level of everyday tasks.

Shaping Trends for the Coming Generation

One emerging trend in 2025 involves the use of AI and mental health diagnostics. AI-powered tools are being developed to track mood patterns, suggest coping mechanisms, and assist therapists in crafting more personalized treatment plans. These tools are especially handy for a patient who is homebound or reluctant to attend in-person clinics.

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The report also provides a detailed analysis of the current agoraphobia marketed drugs and latestage pipeline drugs.

In-Market Drugs

Drug Overview Mechanism of Action Regulatory Status Clinical Trial Results Drug Uptake and Market Performance

Late-Stage Pipeline Drugs

Drug Overview Mechanism of Action Regulatory Status Clinical Trial Results Drug Uptake and Market Performance

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