

# Houston Men's Health Clinic Updates Comprehensive Testosterone Screening Program

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*Benech Family Clinic - 281-502-4602 - has announced appointment slots for testosterone levels or screening for worrying signs of cancer.*

HOUSTON, TX, UNITED STATES, June 12, 2025 /EINPresswire.com/ -- Benech Family Clinic (281-502-4602) has expanded its men's health services throughout Houston, introducing specialized testosterone evaluation and cancer screening appointments designed to address critical health concerns affecting men across the metropolitan area - <https://benechfamilyclinic.com/>

The enhanced program, led by Yamil Benech Jimenez, FNP-BC, targets the growing need for proactive men's healthcare in Houston communities. The clinic's comprehensive approach focuses on detecting early signs of conditions that disproportionately impact male patients, including cardiovascular disease, prostate complications, and hormonal imbalances.

## Addressing Houston's Men's Health Crisis

Houston men face unique health challenges that often go undiagnosed until symptoms become severe. Benech Family Clinic's expanded services directly address this gap by offering thorough evaluations that catch potential issues before they escalate into serious medical conditions.

The clinic's testosterone screening program specifically targets men experiencing unexplained fatigue, mood changes, decreased muscle mass, or reduced energy levels. These symptoms, frequently dismissed as normal aging, may indicate treatable hormonal imbalances that significantly impact quality of life.

"Men often postpone healthcare until problems become unavoidable," notes a clinic spokesperson. "Our comprehensive screening identifies issues during their most treatable stages, when intervention can prevent serious complications and restore optimal health."

Beyond testosterone evaluation, the clinic's men's health program includes cardiovascular risk assessment, prostate cancer screening, diabetes testing, and blood pressure monitoring. This holistic approach ensures Houston men receive complete health evaluations addressing their most pressing medical concerns.

## Convenient Access Across Houston

Benech Family Clinic serves Houston's diverse communities with bilingual services in English and Spanish, removing language barriers that often prevent men from seeking healthcare. The clinic's location at 8622 S Braeswood Blvd provides accessible care for residents throughout Houston, Sharpstown, Stafford, and surrounding areas.

Patients consistently praise the clinic's professional approach and scheduling flexibility. One recent patient commented: "Outstanding staff. Everyone is polite and very helpful. Great availability when it comes to scheduling. The doctor is understanding; clearly well-educated and trained."

The clinic accepts both online appointment scheduling and phone consultations, making it easier for busy Houston men to prioritize their health without disrupting work schedules.

### About Benech Family Clinic

Benech Family Clinic provides comprehensive healthcare services to Houston's multilingual communities, specializing in family medicine, women's health, emergency care, and minor surgical procedures. The clinic serves patients of all ages, from infants to seniors. For more information about men's health services or to schedule an appointment:

#### Contact Information:

Benech Family Clinic  
8622 S Braeswood Blvd  
Houston, TX 77031  
Phone: 281-502-4602

Website: <https://www.benechfamilyclinic.com/>

Shane Media  
LocalBusinessMedia  
+64 27 572 4700  
[email us here](#)

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