

# Maverick Behavioral Health Adds New Informative Article, 'Talking to Children About a Parent Going to Rehab' to Help Empower Prospective Patients

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Eules, Texas – Maverick Behavioral Health, a top provider of IOP in Eules, is pleased to announce it has added a new informative article, 'Talking to Children About a Parent Going to Rehab' to its website to help empower prospective patients considering seeking treatment to overcome addiction with actionable advice.

With a dedication to supporting every patient's family during the rehab process, Maverick Behavioral Health's 'Talking to Children About a Parent Going to Rehab' article offers comprehensive advice that enables individuals to approach this difficult topic with confidence and compassion. The skilled team of addiction specialists provide a detailed guide that parents can follow when broaching this subject with their children. This includes:

Remove the fear of the unknown. Parents should let their children know they are going somewhere to get better, just like someone might go to a hospital to heal from an injury or illness.

Avoid using negative or stigmatizing terms that might make children feel ashamed or frightened.

Reassure them that they are not to blame and that they are still deeply loved.

Focus on gentle honesty to encourage more comfort and trust than avoidance.

Creating a Safe Space for Questions and Emotions

Maverick Behavioral Health highlights the likely possibility that children will have questions when they learn a parent is going away for treatment. They might wonder why it's happening, how long it will take, and whether their parent will come back the same.

Addressing Feelings of Guilt, Shame, and Fear

Children may blame themselves for a parent's absence or condition. To help mitigate self-blame, parents should reassure them clearly and repeatedly that the situation is not their fault and that nothing they did caused their parent to go to rehab.

Maintaining Connection During Rehab

While a parent is in rehab, it's vital to keep the connection between them and their children as strong as possible. Depending on the treatment program and its policies, children may be able to visit, call, or send letters. Even small gestures like drawings, photos, or voice messages can remind children that their parent still cares about them and is working hard to come home healthier and stronger.

Maverick Behavioral Health offers family counseling services that help children and caregivers process these difficult emotions together, while additionally providing specialist support every

step of the recovery process.

The facility encourages prospective patients to call its compassionate team today to learn more about its Detox, Rehab, and Addiction Treatment Programs in Euless.

#### About Maverick Behavioral Health

Maverick Behavioral Health is a premier addiction and mental health treatment center dedicated to transforming lives through bold, individualized, and compassionate care. With a skilled team of addiction specialists committed to providing personalized treatment plans and compassionate support, Maverick Behavioral Health empowers clients to take control of their recovery, break free from limitations, and build a strong foundation for lifelong success.

#### More Information

To learn more about Maverick Behavioral Health and its new informative article, 'Talking to Children About a Parent Going to Rehab', please visit the website at

<https://mavericktreatment.com/>.

<https://thenewsfront.com/maverick-behavioral-health-adds-new-informative-article-talking-to-children-about-a-parent-going-to-rehab-to-help-empower-prospective-patients/>

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