

Brenda Helton Uplifts Festivalgoers with Faith-Driven Stories at LA Times Festival of Books

Author Brenda Helton Inspires Festivalgoers with Stories of Grace, Family, and Faith at the 30th Anniversary of the LA Times Festival of Books

LOS ANGELES, CA, UNITED STATES, June 17, 2025 /EINPresswire.com/ -- At the milestone 30th Anniversary of the LA Times Festival of Books, author [Brenda Helton](#) connected with readers through heartfelt stories of faith, family, and transformation. During the event, she was featured in an exclusive interview and book signing organized by MainSpring Books, highlighting her moving Christian fiction title, [Holy Whisperings](#).

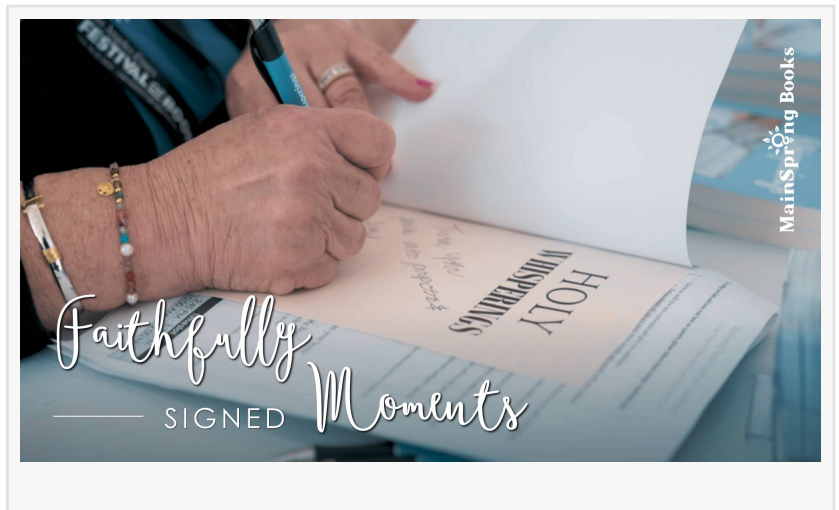
A tender and spiritually rich narrative, *Holy Whisperings* traces the life of Beatrice from age three into adulthood. Inspired by six of Helton's personal dreams, the book offers a powerful portrayal of God's presence through the highs and lows of life. Helton's authentic voice and unwavering message of grace and hope resonated deeply with festival attendees.

In her interview, Helton also reflected on her earlier work, *If It Hadn't Been for Grace*, a personal tribute to her mother's Italian family. This equally impactful book reveals how God's grace sustained six siblings through hardship and dysfunction. Together, the two works showcase Helton's dedication to telling stories that honor both struggle and spiritual strength.

"My journey has taught me that when life hands you something painful, you can still make something beautiful out of it," Helton shared. "Glorify God. Don't let bitterness take root. There is always purpose in the pain."



Brenda Helton described her experience with MainSpring Books as “phenomenal,” praising the team’s dedication and professionalism in helping bring her vision to life. Participating in the LA Times Festival of Books—a renowned celebration of literature and culture—was a milestone moment for Helton, allowing her to connect with a wide audience and engage in heartfelt conversations with fellow believers and readers.



Her time at the event wasn’t just about showcasing her books—it was a celebration of faith and storytelling. Through *Holy Whisperings* and *If It Hadn’t Been for Grace*, Helton invites readers into stories shaped by real-life dreams, family legacy, and divine grace. Both books serve as reminders that even in the most painful moments, healing and purpose can emerge when we trust in God’s presence.

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When life hands you something painful, make something beautiful out of it. Glorify God and find purpose in the pain.”

Brenda Helton

With warm conversations, inspiring reflections, and powerful faith-filled messages, Helton’s presence at the LA Times Festival of Books left a lasting impact on everyone who crossed her path. More than just promoting books,

her time at the festival became a living testament to the themes she writes about—grace through hardship, hope after pain, and the quiet, holy whisperings that guide us forward. As readers walked away from her booth and interview, many carried not just a signed book, but a renewed sense of encouragement and spiritual connection.

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