

High-Net-Worth Individuals Seek Transformational Support Amid Rising Burnout, Stress, and Strategic Pressure

How Tony J. Selimi—The "Dior" of Personal Development—is Guiding CEOs, Celebrities, and Visionaries in an Age of Burnout, Stress, and Public Pressure

LONDON, GREATER LONDON, UNITED KINGDOM, June 25, 2025 /EINPresswire.com/ -- As stress, emotional exhaustion, and strategic pressure intensify at the highest levels of leadership, a growing number of CEOs, investors, entrepreneurs, celebrities, and royals are turning to transformational life strategist <u>Tony J.</u> <u>Selimi</u> for support.

Selimi, a former tech executive turned globally recognised coach and author, provides elite-level guidance through his <u>Climb Greater Heights</u>[™] Advanced Life & Business Mastery Retreat and



private executive coaching. Designed for high-achievers navigating complex professional and personal demands, Selimi's work blends neuroscience, behavioural psychology, and executive strategy with deep emotional and spiritual alignment.

"Sustainable success requires more than external growth," says Selimi. "It demands internal clarity, emotional intelligence, and a strategic realignment of one's values, vision, and leadership identity."

Professionals working in high-pressure industries—including finance, telecom, healthcare, and tech—are increasingly seeking Selimi's support to address challenges such as:

Chronic burnout and high-functioning anxiety

Strategic fatigue and decision paralysis

Leadership and legacy misalignment

Disconnection in personal and professional relationships

Fear of irrelevance in rapidly evolving industries

Selimi's five-day Climb Greater Heights™ Retreat, held in private luxury destinations including London, Dubai, Bora Bora, and the Mediterranean, offers a focused space for transformation. It combines deep psychological work with strategic life design, enabling clients to overcome personal barriers, regain clarity, and elevate their impact.



Tony Jeton Selimi Quote - Picture from Selimi's Interview for ABC, NBC, FOX in New York's Globally Famous Times Square

"Many of the individuals I work with have achieved outward success, yet feel disconnected internally. My goal is to help them re-centre and lead with integrity, alignment, and renewed purpose," Selimi explains.

"

Tony engages with you on many levels, transforming your existence and helping you to ground deeper and fly higher." Annalyne McCord - Hollywood Actress & Human Rights Activist Beyond coaching, Selimi is the author of several internationally acclaimed books, including A Path to Wisdom, #Loneliness, The Unfakeable Code[®], and A Path to Excellence. His upcoming book, Climb Greater Heights: How to Accelerate Your Business Growth, Amplify Your Success, and Build a Legacy of Significance, is set for release in July 2025, alongside the launch of a new documentary series featuring real-life stories of client transformation.

With just over 28,000 hours of one-on-one coaching experience, Selimi's methodologies are rooted in results that span business performance, emotional healing, personal growth, and long-term legacy building.

About Tony J. Selimi

Tony J. Selimi is a globally recognised human behaviour expert, executive coach, and award-winning author. His work focuses on helping high achievers unlock their full potential and achieve personal and professional breakthroughs. He is the founder of TJS Cognition Ltd and creator of several proprietary coaching methodologies, including The 12-Step Growth Accelerator Method[®], The Unfakeable Code[®] Method, Behavioural Change Principles, Values Clarification and Alignment Method[®], and The Octagon of Excellence[®].

For Media Inquiries, Bookings, or Interview Requests: Contact: Alma Stasel, PA to Tony J. Selimi Email: info@tonyselimi.com Website: www.tonyselimi.com

Alma Stasel TJS Cognition Ltd +44 20 7828 5005 email us here Visit us on social media: LinkedIn Instagram Facebook YouTube TikTok X Other



TV Author Interview MTV Open with Tony Jeton Selimi and Zerijeta Jajaga





AnnaLynne McCord with Tony J. Selimi at Cardiff Film Festival Premier

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information. © 1995-2025 Newsmatics Inc. All Right Reserved.