

Rusty Ackerman of French Manor Assisted Living Says Good Quality Food is Critical for Best Senior Living in HelloNation

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What role does food play in choosing the right assisted living facility?

According to Rusty Ackerman of French Manor Assisted Living, the answer goes beyond basic nutrition. In a featured article for [HelloNation](#), Ackerman emphasizes that meals are not merely a service but a daily touchpoint that directly impacts resident well-being.

The article, "[Tasting the Food: An Overlooked Step in Choosing Assisted Living](#),"

highlights how families often prioritize medical care and amenities, while overlooking the importance of food quality. Ackerman advises that evaluating the dining experience can offer deeper insight into a facility's culture and commitment to comfort.



Rusty Ackerman

In the article, Ackerman explains that well-prepared, fresh meals are essential for maintaining both physical health and emotional stability among residents. He urges families to ask specific questions during tours, such as whether menus are balanced, how dietary restrictions are handled, and if meals can be tailored to personal preferences. Observing mealtime firsthand is one of the best ways to evaluate how engaged and content residents feel. As the article notes, food anchors the daily routine and has a lasting impact on satisfaction and quality of life.

The full article, [Tasting the Food: An Overlooked Step in Choosing Assisted Living](#), details key factors to consider, including how to evaluate dining in senior care homes and the importance of assisted living dietary accommodations.

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and lifestyle, HelloNation highlights leaders making a meaningful impact in their communities.

Pat McCabe

HelloNation

info@hellonation.com

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