

YU2SHINE Announces Free mE® EFT Level 4—A Groundbreaking Evolution in Emotional Freedom

Upcoming Next Evolution of Emotional Freedom with Free mE® Level 4

BURKE, VA, UNITED STATES, June 24, 2025 /EINPresswire.com/ -- [YU2SHINE](https://YU2SHINE.com) is proud to announce the upcoming release of [Free mE® EFT](https://Free.mE.com) Level 4, the newest and most advanced evolution of the Free mE® Emotional Freedom Technique. This groundbreaking level bridges ancient wisdom, quantum science, and modern neuroscience to harmonize the core forces within every individual—physically, emotionally, and energetically.

Free mE® Level 4 offers a revolutionary approach to internal coherence by aligning emotional processing with the four fundamental forces of nature:

Gravity
Electromagnetic force
Strong nuclear force
Weak nuclear force

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You want to find the force that unifies the universe? Look within.”

Victoria Rader, PhD



Free mE EFT



YU2SHINE.com

“Level 4 is more than an advanced EFT sequence—it’s a neuro-alchemical upgrade,” says Victoria Rader, PhD, founder of YU2SHINE and creator of Free mE®.

“Participants will experience a unique synthesis of brainwave entrainment, intuitive tapping, and quantum

alignment to create deep and lasting transformation.”

Through these targeted, intuitive sequences, Free mE® Level 4 allows participants to elevate their vibrational state and reprogram the body-mind interface—enabling true emotional flow, freedom, and lasting happiness.

Emotional Freedom Through Quantum Attunement

Free mE® EFT is an internationally recognized method that helps individuals release limiting beliefs, emotional trauma, and energetic stagnation. With Levels 1 through 3 already transforming lives worldwide, Level 4 marks a new frontier in what’s possible when emotional mastery meets quantum awareness.



FREE mE EFT

This next evolution continues the method’s central promise:

“Lasting transformation through quantum attunement and soul-integrated emotional freedom.”

To learn more or to enroll in Free mE® EFT Levels 1–4, visit <https://freemeeft.com>

Complimentary Access to Free Resources

As an introduction to the method, individuals are invited to explore MyGiftOffer.com, where they can access:

The Quantum Leap eBook

A video demonstration of Free mE® EFT in action

These resources are designed to provide a personal experience of the transformational effects of the method before diving into full certification or personal mastery.

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