

# Robert Jon & The Wreck Release Gritty New Single 'Keep Myself Clean'

*A Raw Southern Rock Cautionary Tale from Upcoming New Album Heartbreaks & Last Goodbyes*

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Southern California rockers Robert Jon & The Wreck return with “Keep Myself Clean,” the final track to be released ahead of their forthcoming studio album *Heartbreaks & Last Goodbyes*, due out August 22nd via Joe Bonamassa’s Journeyman Records. Produced by Dave Cobb (Chris Stapleton, Jason Isbell, Rival Sons), the single is available now on all major streaming platforms. [STREAM](#) “Keep Myself Clean”. [PRE-ORDER](#) the new album *Heartbreaks & Last Goodbyes*. Watch the Official Music Video for “Keep Myself Clean” [HERE](#)



Photo Credit - Rob Bondurant

“Keep Myself Clean” is a grimy, slow-burning rocker that finds the band digging into their heaviest themes yet. With gritty guitar tones, a swampy groove, and a vocal delivery packed with hard-earned truth, the song delivers a raw warning against the destructive pull of fast living.

“‘Keep Myself Clean’ came together in Savannah from a few different ideas, with Dave Cobb’s brilliance shaping an entirely new concept,” says guitarist Henry James. “It was raw, menacing, and powerful—Dave even plays a few guitar tracks on it. We rolled tape with that energy still fresh in our fingers.”

“Lyrically, it’s a cautionary tale inspired by life in the fast lane,” he continues. “It warns of the risks of chasing the next party or fix, and how that path can lead people we know down some dark roads. That chaos matched the vibe in the room when we cut the track. We’re honored to share it with the world.”

The release follows a powerful string of singles from *Heartbreaks & Last Goodbyes*, including the

haunting “Dark Angel,” the swaggering “Better Of Me,” the electrifying “Highway,” the reflective “Ashes in the Snow,” the smoldering “Long Gone” (co-written with John Oates), and the high-octane “Sittin’ Pretty.” Each song has revealed another layer of the band’s range, grit, and storytelling prowess.

Recorded in Savannah, Georgia with the band living communally throughout the process, Heartbreaks & Last Goodbyes captures the kinetic energy of a group locked in and creating in real time. Cobb’s production adds urgency and edge to the band’s signature blend of rock, soul, and Southern roots music.

“This record really represents who we are right now, both musically and personally,” says frontman Robert Jon Burrison. “We stepped away from our day-to-day and just focused on the songs, and you can feel that in every track.”

Mixed by Greg Gordon (Chris Stapleton, Sturgill Simpson), the album will be available on CD, digital platforms, and limited-edition colored vinyl, accompanied by special merchandise bundles that include an exclusive shirt and bandana.

Since forming in 2011, Robert Jon & The Wreck—featuring Robert Jon Burrison (vocals, guitar), Henry James (lead guitar, vocals), Andrew Espantman (drums, vocals), Warren Murrell (bass), and Jake Abernathie (keys)—have built a devoted international following with their explosive live shows and emotionally resonant songwriting. Their work continues to push Southern rock forward while staying deeply connected to its roots.

The band is currently in the midst of their Summer European tour, with upcoming shows in Germany, the Netherlands, and Belgium, including stops at Hookrock Festival and Melkweg in Amsterdam. Following the European run, they’ll return stateside for a packed schedule of U.S. dates, including performances at Fargo Blues Festival, Stone Pier, Madison Ribberfest, and a featured slot at the Telluride Blues and Brews Festival in September. For tickets and full tour information, visit [www.robertjonandthewreck.com](http://www.robertjonandthewreck.com).

#### CD Track List

1. Sittin’ Pretty
2. Ashes In The Snow
3. Highway
4. Old Man
5. Dark Angel
6. Long Gone
7. Better Of Me
8. I Wanna Give It
9. Heartbreak & Last Goodbye
10. Keep Myself Clean

## VINYL Track List

### Side A

1. Sittin' Pretty
2. Ashes In The Snow
3. Highway
4. Old Man
5. Dark Angel

### Side B

1. Long Gone
2. Better Of Me
3. I Wanna Give It
4. Heartbreak & Last Goodbyes
5. Keep Myself Clean

## TOUR DATES:

### Summer Europe and U.S.

- June 27 - Torgau, DE - Kulturbastion Torgau Open Air  
June 28 - Hanover, DE - Blues Garage  
June 30 - Koln, DE - Die Kantine  
July 1 - Wurzburg, DE - Posthalle  
July 2 - Marburg, DE - KFZ Marburg E.V.  
July 3 - Weert, NL - De Bosuil  
July 4 - Diepenbeek, BE - Hookrock Festival  
July 5 - Amsterdam, NL - Melkweg

### Summer U.S.

- August 1 - Fargo, ND - Fargo Blues Festival  
August 2 - Lake View, IA - Stone Pier Summer Concert Series  
August 3 - Hobart, IN - The Hobart Art Theater  
August 5 - Cleveland, OH - Beachland Ballroom  
August 6 - Homer, NY - Center For The Arts of Homer  
August 7 - Ridgefield, CT - Ballard Park  
August 8 - Athens, NY - Athens Riverside Park  
August 9 - Salisbury, MA - Blue Ocean Music Hall  
August 10 - St. Johnsbury, VT - Levitt AMP St. Johnsbury Music Series  
August 12 - Waldoboro, ME - Waldo Theatre  
August 13 - New York, NY - Sony Hall  
August 14 - Ardmore, PA - Ardmore Music Hall  
August 15 - South Park Township, PA - Summer Concert Series  
August 16 - Madison, IN - Madison Ribberfest

September 13 - Telluride, CO - Telluride Blues and Brews Festival

Spring 2026

February 23-27 - Fort Lauderdale, FL - Rock Legends Blues Festival

April 10-12 - Miramar Beach, FL - Soundwave Beach Weekend

<https://robertjonandthewreck.com/>

<https://www.facebook.com/robertjonandthewreck>

<https://www.instagram.com/robertjonandthewreck/>

<https://twitter.com/rjandthewreck>

<https://open.spotify.com/artist/4FXvPjlz57tlo23OpzHIYC>

#### About Journeyman Records

Journeyman, the newest endeavor between Joe Bonamassa and his long-time manager Roy Weisman, is a vertically integrated music management, concert promotion, and marketing company that builds awareness for great live artists worldwide. After years of perfecting strategies, while building Joe Bonamassa's career, the company will utilize the same savvy tactics that allowed them to overcome industry barriers that typically held back artists from achieving success. Journeyman provides the infrastructure to take an artist from its infancy, to record music and tour without dealing with the typical resistance of "gatekeepers" who don't believe in or support emerging acts. Bonamassa has been keen on using his experience to pay it forward to help other artists navigate the murky industry waters. Consequently, Journeyman sets itself apart in this way as being the true market maker for their artists.

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