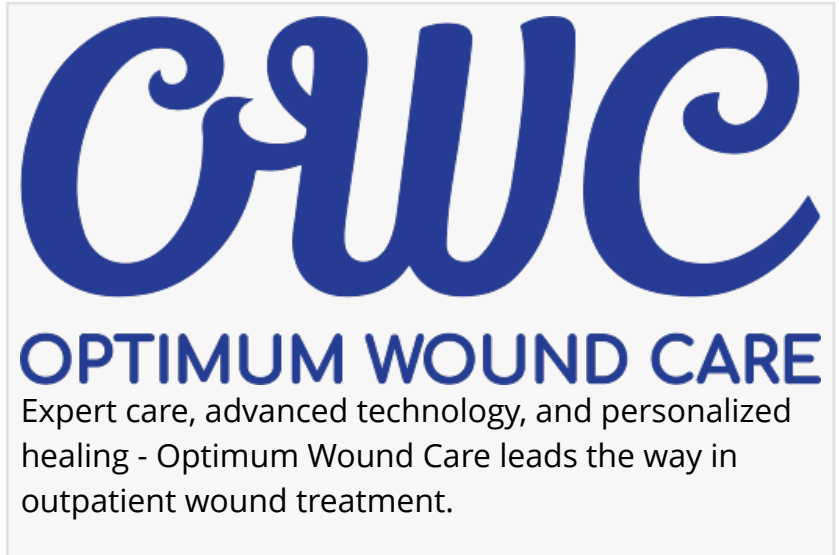


Optimum Wound Care Center Details Multidisciplinary Approach to Healing Chronic and Complex Wounds in Louisville

Louisville clinic unveils care model blending diagnostics, advanced therapies, and education to boost healing of diabetic ulcers and pressure injuries.

LOUISVILLE, KY, UNITED STATES, July 18, 2025 /EINPresswire.com/ -- Chronic wounds can be difficult to treat and slow to heal, especially for patients with underlying conditions like diabetes or poor circulation. At Optimum Wound Care Center, an outpatient clinic in Louisville, a personalized, multidisciplinary approach is making a meaningful difference in how these wounds are managed and healed.



The center is highlighting the steps involved in its patient care process, offering a closer look at how specialized wound treatment can reduce complications and promote long-term recovery. From evaluation to education, the clinic's approach is rooted in medical best practices and tailored to each individual's needs.

“

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Mosayeb (Moe) Karimi, FNP

Assessing the Root Causes

When a patient visits the clinic, the care team conducts a comprehensive assessment that goes beyond the wound itself. This may include imaging studies, vascular

screenings, and a full review of the patient's health history. Identifying conditions like peripheral artery disease (PAD), diabetes, or mobility limitations early in the process is key to creating an effective treatment plan.

Specialized Treatment for Common Complications

For patients with diabetic foot ulcers (DFUs), the center combines targeted therapies like offloading, debridement, and infection control with patient education on blood sugar management and foot care. Those dealing with pressure injuries—common among people with limited mobility—receive treatments focused on pressure relief, nutrition, and moisture balance.

“Every wound has a story,” said Mosayeb (Moe) Karimi, FNP, lead provider at the center. “Our job is to understand the full picture, not just the symptoms. That’s what allows us to develop effective, sustainable treatment plans.”

Managing Vascular Health to Support Healing

Because blood flow plays a critical role in wound recovery, the clinic emphasizes vascular assessment as part of its protocol. Patients are screened for PAD and venous insufficiency, and when necessary, referred to vascular specialists for further care. Compression therapy is frequently used to assist with circulation in venous wounds.

Ongoing Monitoring and Advanced Therapies

Long-term patients are evaluated weekly, with progress tracked through photo documentation and dressing adjustments. Depending on the case, the team may incorporate more advanced therapies like negative pressure wound therapy, which has been shown to support faster healing in complex cases.

What sets the clinic apart is its collaborative, team-based model, which includes physicians, nurses, and therapists- all focused on individualized recovery goals.



Welcome to Optimum Wound Care — where healing begins in a warm and professional environment.



Optimum Wound Care delivers expert wound management solutions, combining advanced therapies and personalized treatment plans to accelerate healing and restore quality of life.

Educating Patients Beyond the Clinic

In addition to hands-on treatment, Optimum Wound Care places a strong emphasis on education. Patients receive clear instructions for home care, wound dressing, and recognizing warning signs. This added layer of support can help prevent wound recurrence and reduce unnecessary hospital visits.

"We believe that empowering patients with the right knowledge is just as important as the treatments we provide," said Karimi. "The goal is not just to close the wound, but to improve the patient's overall quality of life."

About Optimum Wound Care Center

Optimum Wound Care Center is a specialized outpatient facility in Louisville, Kentucky, focused on treating chronic and hard-to-heal wounds. The clinic provides individualized care plans for conditions including diabetic ulcers, pressure injuries, and vascular-related wounds. With a focus on long-term outcomes, the team blends clinical expertise with personalized support to help patients heal safely and sustainably.

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