

Direct Primary Care in Shreveport: aLine Health Offers Affordable, Personalized Medicine

aLine Health Direct Primary Care offers transparent, membership-based care, an affordable alternative to concierge medicine in Shreveport.

SHREVEPORT, LA, UNITED STATES, July 3, 2025 /EINPresswire.com/ -- Patients across Northwest Louisiana and East Texas now have access to a more affordable, patient-centered alternative to traditional <u>concierge medicine</u> through aLine Health, a Direct Primary Care (DPC) clinic founded by Dr. Mandy Crow, a board-certified family medicine physician. Located on Line Avenue in the heart of Shreveport, <u>aLine Health</u> <u>Direct Primary Care</u> is taking a more practical approach to healthcare, emphasizing patient access and transparency in care.

Unlike traditional fee-for-service clinics or expensive concierge practices, aLine Health operates on a monthly membership model that removes the barriers of insurance and third-party billing. This model provides longer appointments, direct communication with your doctor, and transparent, upfront pricing. Patients gain access to a wide range of primary care services without worrying about copays, deductibles, or surprise bills.



Dr. Mandy Crow of aLine Health Direct Primary Care in Shreveport, LA



The result is more time with your physician, better health outcomes, and a stronger doctor-patient relationship rooted in trust and continuity.

"Direct Primary Care lets me care for patients the way I was trained to: by listening, taking time, and offering thoughtful care without rushing," said Dr. Mandy Crow, who is licensed to practice in both Louisiana and Texas. "It's healthcare that puts people first, not paperwork."

With aLine Health, patients aren't just another chart or billing code. Members receive same-day or next-day appointments, unhurried visits, and ongoing access to their physician via text, phone, or secure video. This means faster care when it's needed



Lobby at aLine Health Direct Primary Care in Shreveport, LA

most, and consistent support beyond appointments.

aLine Health Direct Primary Care's services cover a broad range of medical needs, including preventative care, chronic disease management, medical weight loss, and support for long-term wellness. For patients managing chronic conditions such as diabetes, high blood pressure, or thyroid disorders, this model provides the consistent follow-up and coaching needed to stay well, often reducing the need for emergency room visits or expensive specialist referrals.

One area of particular growth is in medical weight loss, including the use of GLP-1 treatments, nutritional counseling, and customized care plans. These tools, combined with ongoing physician guidance, with guidance designed for long-term results.

"The traditional healthcare model often forces doctors to rush through appointments just to keep up with insurance billing," added Dr. Crow. "But patients deserve better. They want a doctor who's accessible, who knows their story, and who can guide them through every stage of health. That's exactly what we're building here at aLine Health."

As more individuals grow frustrated with long wait times, short visits, and rising healthcare costs, Direct Primary Care is gaining momentum across the country. aLine Health brings this growing national movement to the local level, offering high-quality, relationship-based medicine tailored specifically to the needs of families in Shreveport, Bossier City, and surrounding East Texas areas.

The clinic is particularly well-suited to patients who value access, affordability, and a deeper connection with their physician. It's also ideal for small business owners or families without comprehensive insurance, as the membership model keeps costs predictable and care comprehensive.

aLine Health Direct Primary Care is currently accepting new patients, with flexible membership options designed to meet a variety of healthcare needs. Whether you need help managing a chronic condition, want to focus on long-term wellness, or simply need a physician who provides ongoing support and personalized attention, aLine Health offers a healthcare model that prioritizes consistent, personalized attention.

For more information or to schedule a consultation, <u>contact aLine Health</u> via their website or call (318) 425-9003.

Dr. Mandy Crow aLine Health Direct Primary Care 318-425-9003 email us here Visit us on social media: LinkedIn Instagram Facebook

This press release can be viewed online at: https://www.einpresswire.com/article/828104947

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire[™], tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information. © 1995-2025 Newsmatics Inc. All Right Reserved.