

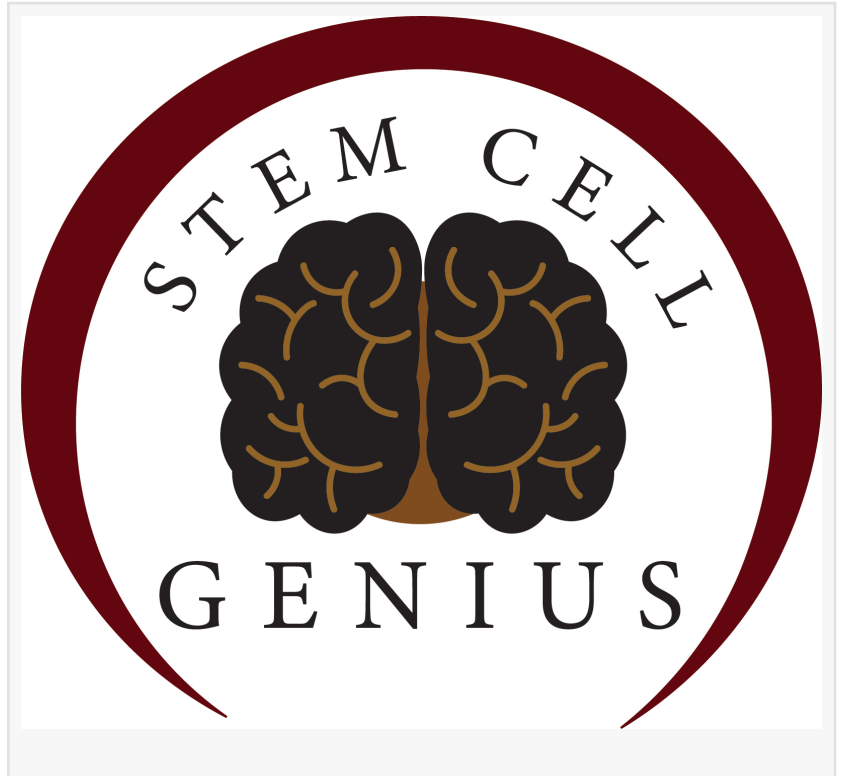
# Stem Cell Genius: The Must-Listen Podcast for Anyone Curious About the Future of Regenerative Medicine

*R3 Stem Cell Launches Educational Podcast Series Featuring Dr. David Greene and Host Samantha Brechner.*

AZ, UNITED STATES, July 7, 2025

/EINPresswire.com/ -- The future of regenerative medicine just got a voice. [R3 Stem Cell](#), a leader in regenerative medicine with over 26,000 procedures completed across seven countries, has launched "[Stem Cell Genius](#)," a weekly podcast that breaks down the science of healing for everyday listeners.

Hosted by Samantha Brechner, R3's President, alongside company founder and CEO Dr. David Greene, the show tackles the questions patients actually ask. What are stem cells? Do exosomes really work? What's a realistic outcome and what are the risks?



## Real Answers to Real Questions:

Each episode dives deep into topics that matter to patients worldwide. The premiere episode alone covers everything from basic stem cell biology to why umbilical cord treatments might work better than your own cells. Dr. Greene, who holds an MD, PhD, and MBA, doesn't just explain the science - he makes it stick.

The show's approach feels refreshingly honest. Instead of promising miracles, Greene and Samantha focus on facts. They discuss both successes and limitations. They even tackle the tricky question of FDA regulations and what "experimental" really means.

## Why Now? Why This Format?

Regenerative medicine sits at a crossroads. Treatments exist. Patients want them. But

understanding remains murky. "Stem Cell Genius" bridges that gap with weekly conversations that feel more like coffee shop chats than medical lectures.

The podcast format makes sense for busy lives. Listeners can learn during commutes, workouts, or late-night curiosity binges. Episodes are available on Apple Podcasts, Spotify, YouTube, and six other platforms.

#### The Science Behind the Stories:

Dr. Greene brings serious credentials to the microphone. His company has treated patients from around the globe, giving him a real-world perspective on what works and what doesn't. The podcast draws from this experience while staying grounded in peer-reviewed research.

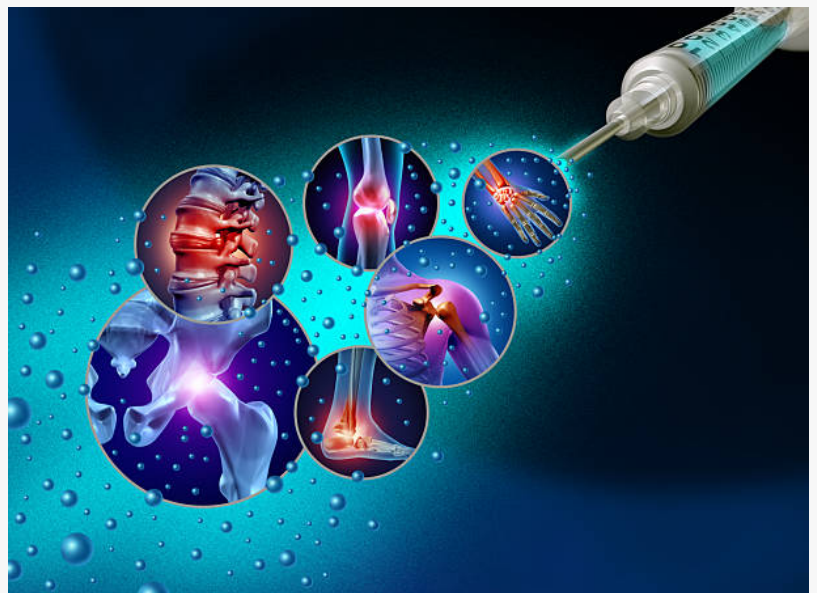
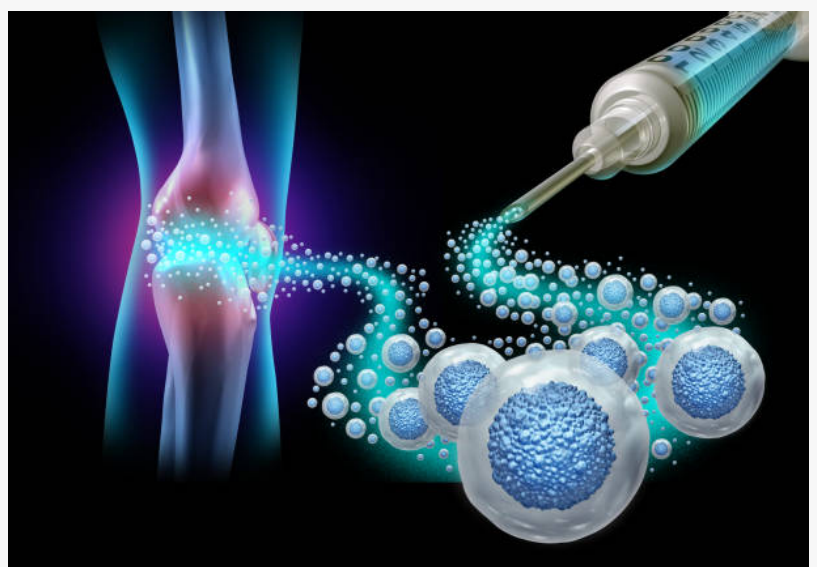
Take exosomes, for example. Greene traces their current popularity back to Stanford studies from 2005, where researchers connected old and young mice through shared blood flow. The old mice healed like young ones. The young mice aged faster. Scientists called it parabiosis, but patients might call it hope.

"The hype is real," Greene says about exosomes. "It's warranted." But he quickly adds context about proper sourcing, safety protocols, and realistic expectations.

#### Beyond the Basics:

Future episodes promise to explore specific conditions, international treatment options, and the R3 Heroes program that provides free treatments to military veterans and first responders. The show also plans to feature patient stories and guest experts.

Samantha brings her own perspective as someone who translates complex medical concepts for everyday understanding. Her questions mirror what patients really want to know, not just what doctors think they should hear.



## A Global Conversation

With R3 Stem Cell operating in seven countries, the podcast reaches an international audience hungry for reliable information. The show addresses regulatory differences between countries and helps patients understand their options whether they're in Phoenix or the Philippines.

The timing feels right. Regenerative medicine has moved from experimental to accessible, but education hasn't kept pace. "Stem Cell Genius" fills that void with weekly doses of practical knowledge.



## What Listeners Can Expect:

Each episode runs about 30-45 minutes - perfect for most commutes. Topics range from basic science to advanced research. The tone stays conversational even when discussing complex topics like trilineage differentiation or cell-to-cell communication.

“

People hear about stem cells everywhere, but there's so much confusion. We wanted to create a space where anyone can learn, ask questions, and feel empowered about their health.”

*Dr. Greene*

The show doesn't shy away from tough questions. Are all stem cell clinics created equal? What's the difference between marketing hype and medical reality? How much should treatments cost? These conversations happen with refreshing candor.

## Looking Forward:

"Stem Cell Genius" represents more than just another

medical podcast. It's an attempt to democratize knowledge about treatments that could reshape healthcare. By making complex science accessible, the show empowers patients to make informed decisions about their health.

New episodes drop weekly across all major platforms. For patients, families, or anyone curious about the future of medicine, "Stem Cell Genius" offers a front-row seat to conversations shaping tomorrow's treatments.

## About R3 Stem Cell

Founded by Dr. David Greene over 13 years ago, R3 Stem Cell has completed more than 26,000 regenerative medicine procedures across seven countries. The company specializes in [stem cell](#)

[therapy](#), exosome treatments, and PRP therapy, with locations in the United States, Mexico, and internationally.

Disclaimer: Stem cell therapy is considered experimental and is regulated by the US Food and Drug Administration. R3 Stem Cell does not offer stem cell therapy as a cure for any medical condition. The podcast is for informational purposes only and is not a substitute for professional medical advice.

David Greene, MD, PhD, MBA

R3 Stem Cell

+1 888-988-0515

[info@r3stemcell.com](mailto:info@r3stemcell.com)

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