



Brianne Harvey Launches Break Bread Consulting to Help Leadership for the Hospitality Industry from Burnout

LOS ANGELES, TX, UNITED STATES, July 9, 2025 /EINPresswire.com/ -- In a sector known for hustle, long hours, and high turnover, Brianne Harvey, founder of [Break Bread Consulting](#), is helping hospitality brands scale without the burnout. Her firm, Break Bread Consulting, has just launched to provide fractional CTO services, operational strategy, and white-glove tech consulting for restaurant groups, hotel operators, and hospitality-focused investment firms.

"Hospitality doesn't have to mean hustle at all costs," says Harvey. "We deserve systems that serve people—not the other way around."

Break Bread Consulting specializes in operational clarity, systems strategy, and leadership integration. Unlike traditional consulting firms, Break Bread embeds directly with client teams—offering support that blends big-picture vision with ground-level execution.

In tandem with her consulting work, Harvey is launching Restaurant Resource, a platform designed to help hospitality operators find pre-vetted vendors who truly deliver. "It's the resource I wish I had when I was running ops," Harvey notes. "There's too much trial and error in this space—and it's costing businesses time and money."

The platform, set to debut later this year, will offer searchable tools, vendor profiles, and a curated ecosystem to help restaurant leaders build better teams, better systems, and better businesses.

Media & Speaking Topics:

Fractional leadership: Why the smartest companies are hiring part-time execs

Women in systems design: Building businesses that match your life

Operational clarity: The secret weapon for growth-stage companies

Hospitality tech with a human touch

Burnout isn't a badge of honor—boundaries are a business tool

About Break Bread Consulting

Founded by Brianne Harvey, Break Bread Consulting helps growing hospitality brands simplify complexity, scale with intention, and operate with clarity. The firm offers systems and tech consulting, pre-opening launch support, and embedded fractional leadership to restaurant

groups, hotels, and investment-backed brands.

For press inquiries, interviews, or to learn more, visit www.breakbreadconsulting.com

Or follow Brianne Harvey on LinkedIn: [linkedin.com/in/brianneharvey](https://www.linkedin.com/in/brianneharvey)

Brianne Harvey

Break Bread Consulting

+1 305-449-1244

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/829456587>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.