

# Decorated Navy SEAL Launches Courses on Leadership, Decision-Making & Conflict Resolution

*Interactive Training from Barrett Strategic Leadership Group Available Statewide*

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15, 2025 /EINPresswire.com/ -- In an

era marked by rising workplace

tension, tough decisions, and a

growing demand for capable leaders, retired Navy SEAL Command Master Chief Stephen "Scuba" Barrett is equipping professionals with the tools to lead, decide, and de-escalate under pressure.



Barrett Strategic Leadership Group

“

In the toughest moments—on the battlefield or in the boardroom—calm, confident leadership wins. That’s what we teach.”

*Command Master Chief  
Stephen "Scuba" Barrett (Ret.)*

Barrett, who served 21 years in the elite Navy SEALs, founded the Barrett Strategic Leadership Group (BSLG) in 2024 to share his real-world experience with the civilian workforce, law enforcement, and veterans transitioning into new careers. His leadership programs are built around high-stakes lessons learned in the field — and adapted for today’s workplace.

Now enrolling:

- Frontline Leadership
- High-Quality Decision-Making

- Conflict Resolution & Workplace De-Escalation

“In the toughest moments—on the battlefield or in the boardroom—calm, confident leadership wins. That’s what we teach.” — Command Master Chief Stephen "Scuba" Barrett (Ret.)

All sessions are highly interactive and include a personal workbook to help participants apply insights directly to their own challenges. Courses are currently offered through the [Arkansas Workforce Challenge](#) (AWC) and at [Black River Technical College](#) (BRTC) campuses in Pocahontas and Paragould, making them accessible to qualifying individuals across the state.

## Participant Feedback

"Who better to speak on leadership than a 20+ year Navy SEAL?" says Jason Whitehead, Area Manager at [Highland Solutions LLC](#). "Stephen Barrett's course gave me tools I wish I'd had as a young frontline leader. I'm grateful for my company sending us to this course!"

## About Barrett Strategic Leadership Group (BSLG)

Based in Jonesboro, Arkansas, BSLG's mission is to help adults unlock their potential for personal and professional advancement, with a positive, real-world impact based on strong leadership, informed decision-making, and a dedication to excellence, discipline, and trust. The Group, founded by a retired US Navy SEAL, supports entrepreneurs, leaders, and work teams across a diverse set of industries and organizations including education, healthcare, energy, financial services, manufacturing, security, and law enforcement. For more information, visit <https://barrettleadership.com>.

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Stephen Barrett

Barrett Strategic Leadership Group

+1 757-621-4945

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[X](#)

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