

New Book Offers a Blueprint for Building Recovery Community Coalitions

Building recovery capacity within communities by removing barriers and improving access to services for individuals and families seeking help for addiction.

PORTSMOUTH, NH, UNITED STATES, July 15, 2025 /EINPresswire.com/ -- "Teeming with hope... exactly the book to help the nation turn back its [addiction](#) crisis." — Beth Macy, bestselling author of Dopesick and Raising Lazarus

Acclaimed [recovery](#) advocate and policy leader Mark Lefebvre has released a powerful new book that is already making waves among public health leaders, policymakers, and community organizations nationwide. *Healing a Village: A Practical Guide to Building Recovery Ready Communities* (Peter E. Randall Publisher, 2025) is now available wherever books are sold.

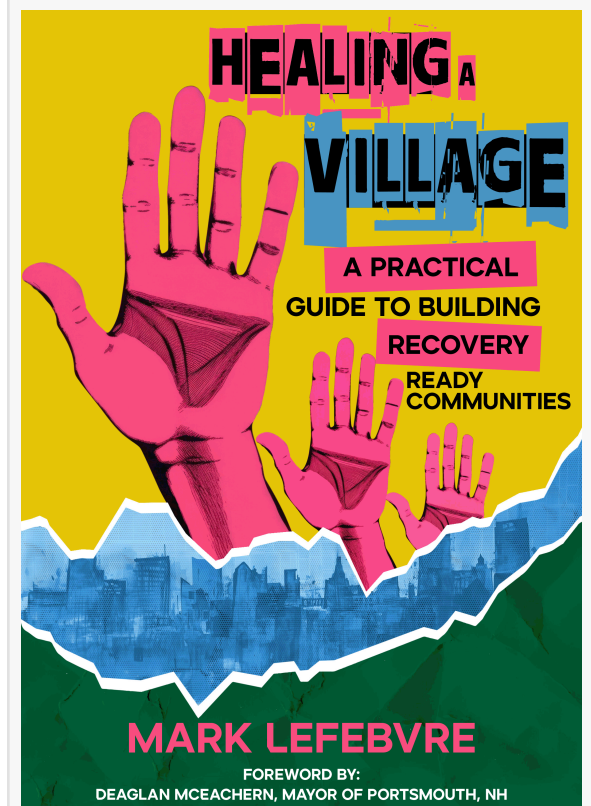
Grounded in personal experience and professional expertise, *Healing a Village* delivers a message of hope and a call to action. As overdose deaths continue to devastate families nationwide, Lefebvre offers a clear, compassionate roadmap to meaningful change, starting at the community level.

Drawing on his personal recovery journey through addiction and recovery, as well as more than a decade of leadership in the recovery field, Lefebvre outlines a replicable framework for communities seeking to address the root causes and systemic impacts of addiction. With real-world examples from New Hampshire and Maine, including the [Greater Portsmouth Recovery Coalition](#) and the Lewiston-Auburn Area Recovery Collaborative, Lefebvre demonstrates how to build and sustain coalitions that foster dignity, health, and long-term recovery.

“

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Healing a Village: A Practical Guide to Building Recovery Ready Communities

"This book is about hope," says Lefebvre. "It's about empowering local leaders, families, and organizations to stop reacting and start rebuilding. Addiction is a community disease—and that means healing can start with the community too."

From Portsmouth's Safe Harbor Recovery Center, which he co-founded, to his leadership on the New Hampshire Governor's Recovery Task Force, Lefebvre has been a tireless advocate for systems-level reform rooted in compassion, evidence-based practices, and lived experience. Healing a Village bridges the gap between theory and practice, providing tools for prevention, harm reduction, treatment, recovery support, and public engagement.

Praise for Healing a Village:

"A profound message of hope through community recovery."

— Seth Kaplan, author of Fragile Neighborhoods

"A compelling story and highly accessible instruction manual."

— John F. Kelly, PhD, Harvard Medical School, Recovery Research Institute

"This book is a cue to action."

— David Best, PhD, Centre for Addiction Recovery Research

About the Author:

Mark Lefebvre is a nationally respected voice in addiction recovery. A founder of Safe Harbor Recovery Center in Portsmouth, New Hampshire, and former founding director of the Maine Recovery Friendly Workplace program, Lefebvre has advised state leaders, built cross-sector coalitions, and hosted dozens of podcast episodes on addiction, stigma, and recovery. Healing a Village is not only a book—it's a movement. It's a lifeline for leaders, families, educators, public servants, and anyone who believes their town or city can be a place of safety, healing, and second chances.

Available Now at Major Retailers and Independent Bookstores Nationwide

To schedule an interview with Mark Lefebvre, request a review copy, or learn more, please contact the author at marklefebvre9@gmail.com. Contact Deidre Randall, CEO of Peter E. Randall Publisher at media@perpublisher.com or by calling 603-431-5667.

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