

Aging in Place Safety Expert Russ Knopp of Comfort Keepers Shares Insights in HelloNation Magazine

What are the most effective steps families can take to ensure a safe home environment for aging loved ones?

TRAVERSE CITY, MI, UNITED STATES, July 18, 2025 /EINPresswire.com/ -- What are the most effective steps families can take to ensure a safe home environment for aging loved ones? In a feature published in [HelloNation Magazine](#), Russ Knopp of Comfort Keepers in Traverse City outlines simple but impactful measures to enhance home safety and promote fall prevention for seniors. As more individuals choose to age in place, making thoughtful changes to living spaces can significantly reduce the risk of in-home accidents.



Russ Knopp

Knopp explains that many hazards in the home can be eliminated with minor adjustments. Improving lighting in hallways, stairwells, and bathrooms enhances visibility and reduces the chance of missteps. Replacing dim bulbs with brighter, energy-efficient options is one of the easiest ways to increase daily safety. Flooring is another key concern. Loose rugs, slick surfaces, and uneven thresholds are common sources of trips and falls. By removing clutter, securing rugs, and installing non-slip mats, families can create safer pathways throughout the home.

Adding grab bars near toilets, in showers, and alongside beds offers essential support during movement. These small installations can be especially effective in high-risk areas like bathrooms, where falls are more likely. Knopp also emphasizes the importance of decluttering. Removing unnecessary items and keeping cords away from walkways contributes not only to safety but also to a calmer and more manageable living space for older adults.

These elder safety modifications reflect a broader commitment to supporting independence at home. With the right approach to grab bar installation, senior home lighting upgrades, and



Falls and accidents can happen, but many are preventable with the right precautions.”

Russ Knopp

overall in-home accident prevention, families can ensure their loved ones live confidently and securely for years to come.

To read more from Russ Knopp on this topic, visit [Enhancing Home Safety for Aging in Place.](#)

About HelloNation

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