

Fall Climbers Discover Maine's Hidden Cliffs and Coastal Crag

As popular climbing areas across the country grapple with overcrowding and heat, a quieter, cooler, and far more scenic is rising in the Northeast: Maine.

CAMDEN, ME, UNITED STATES, July 17, 2025 /EINPresswire.com/ -- As outdoor recreation

“

Topping out on a cliff above the ocean during peak foliage season — there's nothing like it”

Noah Kleiner

continues to surge across the U.S., climbers are turning their attention to less-traveled areas offering scenic beauty, cooler conditions, and technical terrain. This fall, the Midcoast region of Maine is gaining recognition as a standout destination for rock climbing.

Known for its rugged coastline and mountain views, Maine offers a unique combination of sea cliffs, inland granite,

and colorful foliage — all within reach of major Northeast cities. According to local climbing guide Noah Kleiner, “September and October are ideal here. The air is dry and cool, the leaves are turning, and the rock is in perfect condition.”

Kleiner is the owner of Equinox Guiding Service, based in Camden, and the only AMGA-certified Multi-Pitch Instructor operating in the state. His team provides guided climbing trips and instructional courses across Midcoast Maine, including Camden Hills State Park and Acadia National Park.

Climbers of all experience levels can find opportunities here — from beginner-friendly top-rope routes to advanced multi-pitch climbs with sweeping views of Penobscot Bay. In contrast to more crowded destinations, many of Maine's climbing areas remain quiet, even during peak foliage season.

“Visitors are often surprised by the quality of the rock and the sense of solitude,” Kleiner adds. “It's a great alternative for those looking to escape the crowds and experience something different.”

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