

USA Vein Clinics Emphasizes CVI Awareness Following President Trump's Diagnosis

Leg swelling led to Trump's CVI diagnosis. USA Vein Clinics stresses the importance of recognizing symptoms for early detection.

NEW YORK, NY, UNITED STATES, July 17, 2025 /EINPresswire.com/ -- Following recent reports confirming President Donald Trump's diagnosis of <u>chronic</u> <u>venous insufficiency (CVI)</u>, <u>USA Vein</u> <u>Clinics</u>, one of the nation's largest



networks of vein treatment centers, highlights the critical importance of public awareness and understanding of this common condition. This high-profile diagnosis brings crucial attention to a health issue affecting millions, often underestimated in its impact on daily life and long-term well-being.

Chronic venous insufficiency occurs when the veins in the legs struggle to effectively return blood to the heart, primarily due to damaged or weakened valves. Instead of flowing upward, blood can pool in the legs, leading to a range of uncomfortable and progressive symptoms.

"President Trump's diagnosis shines a critical spotlight on CVI, a condition that many people experience but often don't fully understand or seek treatment for," says Dr. Yan Katsnelson, Founder and CEO at USA Vein Clinics. "As a center that performs hundreds of thousands of successful vein treatments nationally each year, we see firsthand the impact CVI has on patients. It's a common condition, and its symptoms can significantly impact quality of life and, if left untreated, can lead to more severe complications."

Common signs and <u>symptoms of CVI</u> include noticeable leg swelling, particularly in the ankles and feet, which often worsens throughout the day, which was the key symptom that led to Trump's diagnosis. Patients frequently experience an aching or heaviness, a tired, throbbing, or restless sensation in their legs, and leg pain that may find relief with elevation or walking. Visible signs can include enlarged, twisted varicose veins on the skin's surface, as well as skin changes such as brownish discoloration around the ankles, itching, or thickening of the skin. In more advanced stages, leg cramps or even non-healing sores and ulcers may develop. Beyond visible discomfort, CVI poses a risk of more serious health issues, most notably deep vein thrombosis (DVT) and pulmonary embolism (PE). The sluggish blood flow associated with CVI creates an environment where blood clots are more likely to form in deep veins, leading to DVT. If a piece of this clot breaks off, it can travel to the lungs, causing a pulmonary embolism (PE), a life-threatening medical emergency that obstructs blood flow and can be fatal.

PE is a major concern, as DVT significantly increases one's risk of death from this condition, which is estimated to be responsible for 60,000 to 100,000 deaths each year in the United States. This critical link highlights why addressing CVI is vital not just for comfort but for preventing potentially fatal complications. In fact, a 2018 study published in the Journal of the American Medical Association found individuals with varicose veins were 5.3 times more likely to develop DVT than those without varicose veins, further emphasizing the heightened risk.

USA Vein Clinics specializes in the comprehensive diagnosis and treatment of CVI, leveraging extensive national experience to offer advanced, minimally invasive procedures. These outpatient treatments, often performed with little downtime, are designed to restore healthy blood flow, alleviate symptoms, and prevent disease progression. Our national network ensures that consistent, high-quality care is exceptionally accessible, with an impressive 65 percent of the U.S. population within driving distance of a USA Vein Clinic. This broad reach makes expert vein care readily available to communities across the country.

"The public discussion around CVI spurred by this news is an invaluable opportunity for individuals to assess their own symptoms and consider speaking with a vein specialist," adds Katsnelson "With thousands of cases treated annually, we have seen how early diagnosis and intervention are key to managing CVI effectively, improving comfort, and preventing more serious health issues for patients nationwide."

USA Vein Clinics encourages anyone experiencing symptoms of CVI to schedule a consultation with a qualified vein specialist to receive an accurate diagnosis and discuss personalized treatment options.

About USA Vein Clinics: USA Vein Clinics is the largest network of vein treatment centers in the United States, with over 168 clinics nationwide. Their team of experienced cardiovascular surgeons and interventional radiologists performs a variety of minimally invasive treatments to meet individual patient needs, including Endovenous Laser Vein Treatment (EVLT), ClariVein[®], Varithena[®], VenaSeal[™], Radiofrequency Ablation (RFA), and ultrasound- guided sclerotherapy treatments.

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