

Mangoes & Palm Trees Shares Global Recipes from a Family Kitchen in Thailand

From their home base in Thailand, the family behind the travel blog Mangoes & Palm Trees shares their unique perspective on global cuisine.

BANGKOK, BANGKOK, THAILAND, July 18, 2025 /EINPresswire.com/ -- Mangoes & Palm Trees, a

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Oliver Mayerhoffer

family-run food and travel blog, is bringing a unique perspective to the world of global cuisine by sharing authentic, family-tested recipes from their home kitchen in Thailand. The blog, created by passionate travelers Oliver and Natalia Mayerhoffer, documents their family's culinary adventures across more than 50 countries over 15 years.

From their current base in Southeast Asia, the Mayerhoffers are offering a distinct viewpoint that sets them apart from other food blogs: that of a traveling family deeply immersed in one of the world's most vibrant food cultures, while adapting global flavors for a modern home cook. The blog serves as a bridge between complex, traditional recipes and the practicalities of a family kitchen.

"Living in Thailand has profoundly shaped how we cook and share food," said Oliver Mayerhoffer. "We're surrounded by some of the most incredible flavors on the planet, and it inspires us to look at all cuisines—from Mexican to Mediterranean—through a new lens. Our goal is to share the stories and techniques we've learned from local cooks, market vendors, and friends around the world, making authentic global food something that any family can create and enjoy together."

Mangoes & Palm Trees offers its readers:

Authentic, Story-Driven Recipes: Each dish is tied to a personal memory or a person the family met during their travels, providing rich cultural context.

Unique, Proprietary Cooking Methods: The blog features family-tested techniques, such as the "Chile Awakening Toast" learned from a friend in the Cotswolds, designed to help home cooks achieve restaurant-quality results.

A Focus on Global Chiles: Leveraging their experiences in Mexico and Colombia, the site offers in-

depth guides on using chiles to build authentic flavor.

Family Travel and Food Guides: Practical advice for families who want to explore the world through its diverse culinary landscapes.

The full collection of recipes and stories is available for all readers on their website.

Keyword Anchor Text Links

Keyword #1: Mangoes & Palm Trees

URL: <https://mangoesandpalmtrees.com/>

Keyword #2: authentic Thai cuisine

URL: <https://mangoesandpalmtrees.com/travel-destinations/asia-travel-guides/>

Keyword #3: world of chiles

URL: <https://mangoesandpalmtrees.com/ingredients/>

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