

Physician Collaborators Helps Nurse Practitioners Start Solo Telehealth Practices Online

Board-certified physicians provide essential support to independent NPs using platforms like Sesame Care and Headway.

JERSEY CITY, NJ, UNITED STATES, July 21, 2025 /EINPresswire.com/ -- Growing numbers of nurse practitioners are establishing independent telehealth practices through platforms like Sesame Care, Headway, and Zocdoc, creating increased demand for collaborating physicians to provide required supervision. <u>Physician</u> <u>Collaborators</u>, a Jersey City-based network of board-certified physicians, are addressing this market need by offering specialized collaboration services for nurse practitioners launching solo telehealth practices.



The telehealth sector has experienced significant growth, with the COVID-19 pandemic accelerating the adoption of virtual care delivery. This trend has created new opportunities for nurse practitioners to establish independent practices, while simultaneously creating challenges in securing appropriate physician collaboration to meet regulatory requirements.

"We're seeing a substantial increase in nurse practitioners who want to start their own telehealth practices through established platforms," said Mr. Michael Harris, spokesman for Physician Collaborators. "These practitioners need collaborating physicians to comply with state regulations, and we provide that essential support to help them succeed in independent practice."

Physician Collaborators offers services across multiple medical specialties, including Internal Medicine, Family Medicine, Emergency Medicine, and Psychiatry. The network provides collaboration for various practice types, including general medicine, behavioral health, telemedicine, urgent care, infusion therapy, and integrative medicine.

Physician Collaborators' approach involves matching nurse practitioners with appropriate collaborating physicians based on their specific practice needs. Each physician in the network has over a decade of experience supervising nurse practitioners and physician assistants. The

organization allows practitioners to switch collaborating physicians at any time, providing flexibility in the partnership arrangement.

"We tailor the level of collaboration to individual needs, from very hands-on guidance to lessinvolved administrative oversight," Harris explained. "This approach recognizes that different practitioners require different levels of support as they build their independent practices."

The service addresses a specific gap in the healthcare market where nurse practitioners seek to establish independent telehealth practices but require physician collaboration to meet regulatory requirements. Traditional employment models may not suit practitioners who prefer independent practice arrangements, making collaboration services essential for this growing segment of healthcare providers.

Physician Collaborators currently provides services in 40 states, including Alabama, Arizona, California, Colorado, Connecticut, Delaware, Florida, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, North Dakota, Ohio, Oklahoma, Pennsylvania, South Dakota, Tennessee, Texas, Utah, Vermont, Virginia, Washington, West Virginia, and Wisconsin, depending on specific nursing practice requirements.

The organization offers free consultations to interested practitioners, providing transparent partnership opportunities. This approach allows nurse practitioners to understand collaboration requirements and costs before committing to services.

"We provide competitive pricing designed to offer value while ensuring practitioners can access our network of supervising physicians without compromising their budget," Harris noted. "We promise to match practitioners with suitable collaborators within a week, helping them get their practices operational quickly."

The telehealth market continues to expand as patients seek convenient healthcare access, particularly in areas with limited healthcare resources or for those facing transportation challenges. This growth creates opportunities for nurse practitioners to serve patients through digital platforms while maintaining independent practice arrangements.

To learn more about Physician Collaborators' services or to request a free quote, visit <u>https://www.physiciancollaborators.com/contact</u>. The organization also maintains an educational blog to support providers through the startup process at <u>https://www.physiciancollaborators.com/blog</u>.

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About Physician Collaborators

Physician Collaborators (<u>https://www.physiciancollaborators.com/about</u>) is a group of boardcertified physicians actively practicing Internal Medicine, Family Medicine, Emergency Medicine, and Psychiatry. Each of the doctors has over a decade of experience supervising nurse practitioners and physician assistants and has a desire to help advanced practitioners succeed in their independent medical practices.

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Note to Editors:

• Physician Collaborators was established with the vision of enhancing healthcare delivery by fostering collaborative relationships between nurse practitioners and experienced physicians. The organization's approach is rooted in the understanding that collaborative practice not only meets regulatory requirements but also significantly improves patient outcomes by combining the diverse skills and expertise of healthcare professionals. Through its support for NPs in various medical specialties, Physician Collaborators aims to address the growing demand for healthcare services and ensure that patients receive the comprehensive care they need. The organization's expansion into telehealth and other specialized areas signifies its adaptability and commitment to meeting the evolving needs of the healthcare industry.

• Physician Collaborators is committed to bridging the gap in healthcare accessibility and quality. This initiative represents a significant advancement in healthcare delivery, leveraging technology and collaboration to meet the needs of diverse patient populations. For further details or queries, please reach out to our media contact at the website provided.

• For additional information or interview requests, please contact the Physician Collaborators' team.

End of Press Release.

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