

New Report Compares DIY Moving vs. Hiring Movers: Costs, Risks, and Time Considerations Uncovered

Movers.com reveals the true costs, risks, and time involved in DIY vs. professional moving, helping Americans make informed relocation choices.

NORTH BRUNSWICK, NJ, UNITED STATES, July 22, 2025

/EINPresswire.com/ -- As moving season ramps up across the U.S, Movers.com has released a comprehensive analysis to help Americans tackle a common dilemma: Should I move myself or hire [professional movers](#)? The new report uncovers surprising truths behind costs, safety, time investment, and emotional stress highlighting what most people don't realize until it's too late.

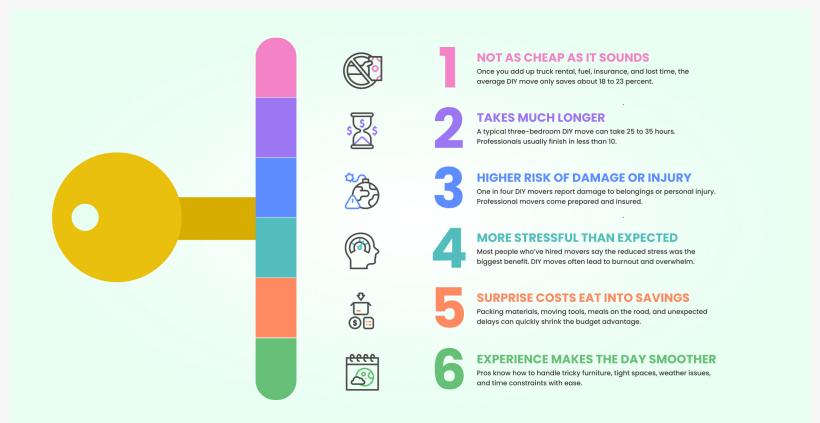
Whether relocating across town or across state lines, Americans are increasingly weighing [DIY](#) options like rental trucks and labor only help against full service moving companies. While DIY may appear cheaper upfront, the new data reveals deeper tradeoffs.

Key Findings from the Report:

DIY May Not Save as Much as You Think: Once rental truck costs, fuel,



Official Logo of Movers.com



Six essential reasons why DIY moves may not be the best choice

insurance, equipment, and time off work are factored in, the average DIY move is just 18–23% cheaper than hiring professionals without factoring in time, risk of injury, or damage.

Time is Money: A typical 3-bedroom DIY move can take 25–35 hours of physical labor and prep. In contrast, professionals complete the same move in a fraction of the time usually under 10 hours.

DIY Movers	Vs	Professional Movers
\$900–\$1,500 plus gas, equipment, and time off	Cost	\$1,200–\$2,000 all-inclusive DIY may save up to 20%, but hidden costs can add up fast.
25–35 hours of physical labor and coordination	Time	6–10 hours with full-service handling Save your weekend and avoid burnout.
1 in 4 report damages or injuries	Risk	Trained, insured, and experienced Less chance of costly mistakes or injury.
High stress from planning, heavy lifting, and logistics	Stress	Low stress with experts managing the move Most people cite "less stress" as the top reason for hiring movers.
Small moves, limited budget, flexible timing	Best For	Larger moves, long distance, tight schedules, peace of mind

DIY Movers vs. Professional Movers: A Side-by-Side Comparison

Injury and Damage Risks Run High in

DIY: 1 in 4 DIY movers report some form of damage either to belongings or themselves. Professional movers are insured, trained, and equipped to prevent costly accidents.

Stress Reduction is Priceless: Survey respondents cited “less stress and anxiety” as the #1 reason they’d hire movers again. Many underestimated the exhaustion, decision fatigue, and logistical stress of DIY moving.

“

People often underestimate the real costs of a DIY move, It’s not just about money it’s about your time, your health, and your peace of mind.”

Vidyadhar Garapati CEO

Hidden Costs Add Up Fast: Many DIY movers forget to account for packing supplies, dollies, tie-downs, food and lodging (for long-distance moves), and potential delays. These hidden costs can quickly erode any savings from doing it yourself.

Experience Matters on [Moving Day](#): Professional movers have the expertise to navigate narrow hallways, fragile furniture, weather disruptions, and tight deadlines. For many, that experience is the difference between a seamless transition and a moving day nightmare.

About Movers.com

Established in 1994, Movers.com has become one of the most trusted resources in the U.S. for finding reliable moving services. Having assisted over 6 million customers, the platform empowers users to make informed choices with the help of mover reviews, pricing guides, planning tools, and a network of licensed professionals.

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