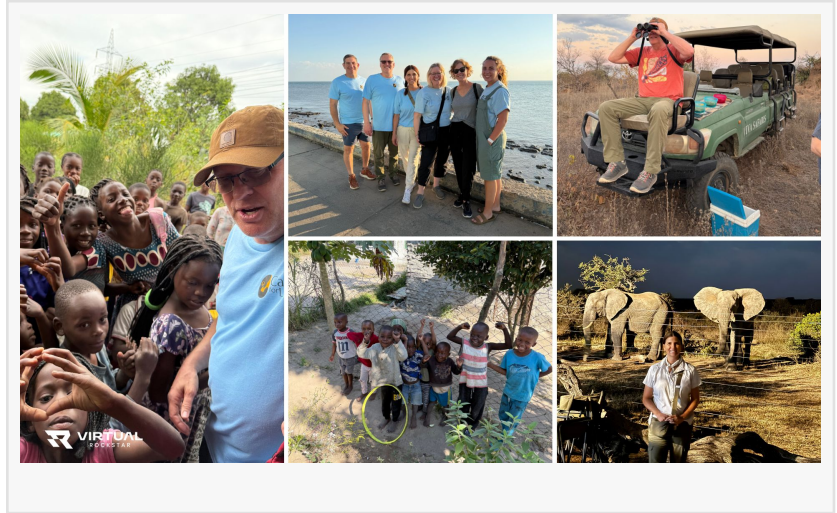


Tipton Physical Therapy Shares Life-Changing Experience in Africa as Winners of the Rockstar Summit 2025 Raffle

At the 2025 Ultimate PT, OT, & SLP Summit (Rockstar Summit 2025), Tipton Physical Therapy won one of the event's most exciting raffle prizes, a trip to Africa.

PHOENIX, AZ, UNITED STATES, July 22, 2025 /EINPresswire.com/ -- At the 2025 Ultimate PT, OT, & SLP Summit (Rockstar Summit 2025), hosted by Virtual Rockstar, Jay and Heather Tipton of [Tipton Physical Therapy](#) won one of the event's most exciting raffle prizes, a trip to Africa.



The Tiptons recently returned from their trip, where they worked with Care for Life, a nonprofit in Mozambique, Africa that helps families become self-reliant. They began their journey in Beira,

Mozambique. They met local families and witnessed Care for Life's Family Preservation Program in action. This program teaches essential life skills such as hygiene, gardening, income generation, and literacy, to help break the cycle of poverty. "We were excited when we found out we won the trip," said Jay Tipton. "Meeting the people in Mozambique and seeing how they run their meetings and take charge of their future was incredibly rewarding."

“

I didn't plan on going on safari, but it turned out to be one of the best parts of the trip. Everyone should experience it at least once.”

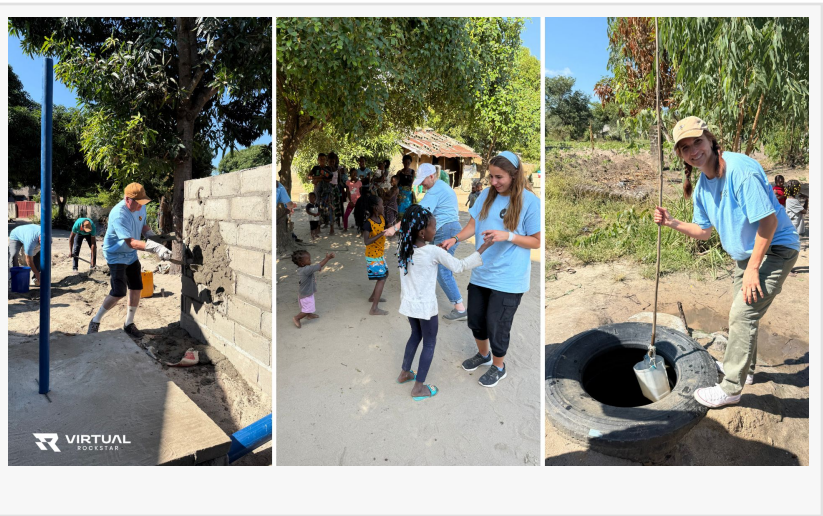
Jay Tipton

Jay also shared how the community welcomed them with open arms. "They always started with singing, dancing, and prayer," he said. "They pulled us in to dance with them every time. It was joyful and unforgettable. Even with so little, they showed so much happiness."

After their time in Mozambique, the Tiptons traveled to Johannesburg, South Africa, and went on safari near Kruger National Park. "I didn't plan on going on safari, but it turned out to be one of the best parts of the trip," Jay said. "Everyone should experience it at least once."

The Tiptons returned home inspired to do more for others. "This trip reminded me how much we have in the U.S. and how important it is to give back," said Jay. "I thank the Virtual Rockstar community for giving us this opportunity and encouraging us to grow."

[Will Humphreys](#), Chief Rockstar of Virtual Rockstar, has supported Care for Life since he and his family joined an expedition to Mozambique in 2024. They helped build a latrine for a local family, learned about sustainable humanitarian work, and saw the impact of Care for Life's hands-on, community-first approach. "Care for Life doesn't just give aid, it empowers people," said Humphreys. "We saw firsthand how their comprehensive, local mentorship and skill-building programs lift entire communities into lasting independence."



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