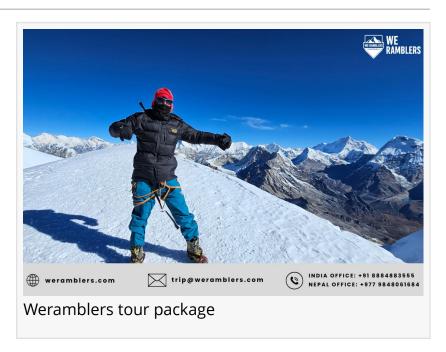


## We Ramblers Announces Guided Himalayan Expeditions to Island Peak, Mera Peak, and Lobuche Peak

We Ramblers opens 2025–26 bookings for Island, Mera & Lobuche Peak climbs—guided, all-inclusive expeditions for serious Himalayan adventurers

BANGALORE, KARNATAKA, INDIA, July 24, 2025 /EINPresswire.com/ -- Leading Himalayan trekking company, We Ramblers, has announced a series of professionally guided expeditions for the 2025–2026 climbing season, offering high-altitude adventurers a chance to summit three of Nepal's most sought-after trekking peaks: Island Peak (6,189m), Mera Peak



(6,476m), and Lobuche Peak (6,119m). These climbs, backed by We Ramblers' expertise, safety protocols, and all-inclusive logistics, are designed for serious trekkers seeking their first or next Himalayan ascent.



At We Ramblers, we make Himalayan summits achievable for passionate trekkers—combining expert guidance, local insight, and safety to turn ambition into summit success."

Subid Sahoo

"These peaks offer a rare combination of technical challenge, panoramic views, and cultural immersion," said a spokesperson for We Ramblers. "Whether it's Mera's incredible altitude, Island Peak's classic alpine feel, or Lobuche's rugged complexity near Everest, each summit experience stands on its own."

Island Peak: The Perfect First Himalayan Summit

Island Peak, locally known as Imja Tse, offers climbers a dramatic introduction to alpine mountaineering in the

Everest region. Located near Chhukung Valley, this 6,189-meter peak blends trekking with basic ice and rope work, making it ideal for fit individuals looking to push beyond the trails.

14-Day <u>Island Peak Climb</u> Itinerary

Day 1: Arrival in Kathmandu

The journey to Island Peak begins with your arrival in Kathmandu, Nepal's culturally vibrant capital. Upon landing, climbers are welcomed by the We Ramblers team and transferred to their hotel. A pre-trek briefing covers essential gear checks and final preparations, offering climbers time to rest, explore the city, or enjoy a traditional Nepali dinner before heading into the mountains.

Day 2: Scenic Flight to Lukla, Trek to Phakding

The next morning starts with a short yet spectacular flight to Lukla (2,860 m), the gateway to the Khumbu region. From here, the trek begins along forested trails that follow the Dudh Koshi River, leading to Phakding (2,610 m), a quiet riverside village where the first night on the trail is spent. Day 3: Trek to Namche Bazaar

The trail continues with multiple suspension bridge crossings and climbs steadily through pine forests. After a challenging ascent, trekkers reach Namche Bazaar (3,440 m), a lively Sherpa town and acclimatization hub with bakeries, shops, and sweeping views of Thamserku and Kongde Ri.

Day 4: Acclimatization Hike to Khumjung Village

To help the body adjust to altitude, a day hike to Khumjung is included. This

scenic village, located at 3,790 meters, offers views of Everest and houses the Hillary School and Khumjung Monastery, where a legendary Yeti scalp is kept on display.

Day 5-6: Trek to Debuche and Dingboche



The route heads toward Debuche, passing through the spiritual center of Tengboche Monastery. Onward to Dingboche (4,410 m), trekkers begin to notice thinning air, open alpine valleys, and grazing yaks that mark the transition to high altitude terrain. Day 7–8: Reach and Acclimatize in Chhukung

The trail leads to Chhukung, the final village before base camp. An additional rest and acclimatization day is spent here, with short hikes to nearby viewpoints.

Day 9: Trek to Island Peak Base Camp



Climbers hike a steeper, rockier trail to Island Peak Base Camp (5,100 m), surrounded by towering ridgelines and glaciers. The night is spent in tents, preparing for the summit push. Day 10: Summit Day (6,189 m), Return to Chhukung

The summit climb begins well before sunrise. Climbers rope up and cross icy slopes, ascending steadily toward the summit. Views from the top include Lhotse, Baruntse, Makalu, and Ama Dablam. After celebrating briefly, the descent leads safely back to Chhukung. Day 11–13: Return Journey via Namche to Lukla

The descent follows the same trail, with overnight stops in familiar villages. With each step, oxygen returns, and reflection sets in.

Day 14: Departure from Kathmandu

After returning to the capital, climbers enjoy a farewell dinner and receive summit certificates. Departures are arranged with memories, and summits secured.

Best Time to Climb: April–May and October–November Island Peak Climb Fix Departure Dates 2025:

October: 4, 11, 18, 25 November: 1, 8, 15, 22

Mera Peak: Nepal's Highest Trekking Peak

With a summit altitude of 6,476 meters, Mera Peak is considered Nepal's highest trekking peak and remains a favorite among ambitious trekkers. The route travels through remote, untouched

landscapes of the Hinku Valley, providing a wilderness experience far from the busier Everest routes.

17-Day Mera Peak Climb Itinerary

Day 1-2: Arrive in Kathmandu, Fly to Lukla

The adventure begins in Nepal's lively capital, Kathmandu. Upon arrival, participants are welcomed by the We Ramblers team and guided through a comprehensive trek briefing and equipment check. The next morning, the group boards a short yet unforgettable flight to Lukla (2,860 m), a mountain airstrip surrounded by soaring peaks. After landing, the group takes its first steps into the remote Hinku Valley.

Day 3–5: Trek from Lukla to Chatra Khola via Chuthanga and Kharki Thanga

Unlike the popular Everest Base Camp trail, the route to Mera Peak veers away from crowds and heads into quiet forested terrain. Trekkers ascend through Chuthanga and continue past Kharki Thanga, gradually gaining altitude with each day. This stretch is filled with towering pine trees, mossy trails, and occasional wildlife sightings. The nights are spent in peaceful mountain lodges with stars blanketing the sky.

Day 6–8: Trek to Khare via Kothe and Thangnak

As the landscape becomes more rugged, trekkers pass through the alpine village of Kothe before reaching Thangnak, a small settlement surrounded by massive rock faces and glacial streams. The journey continues to Khare (5,045 m), the final major outpost before the climb. The air gets thinner, and the surroundings grow increasingly dramatic with every step.

Day 9: Acclimatization and Pre-Climb Training in Khare

This crucial rest day allows climbers to adapt to the altitude while learning key mountaineering techniques. The team conducts glacier travel training and gear familiarization with ropes, crampons, and harnesses. This session builds both confidence and skill ahead of the summit attempt.

Day 10–11: Trek to Mera Base Camp and High Camp

From Khare, the team moves to Mera Base Camp and then to High Camp at 5,800 meters. High Camp is perched on a rock shelf with jaw-dropping views and an early bedtime. The mood shifts to quiet focus ahead of summit day.

Day 12: Mera Peak Summit (6,476 m), Return to Khare

The summit push begins before dawn under starlit skies. Climbers ascend steadily across glaciated slopes, roped together and led by experienced guides. The summit delivers one of the best views in the Himalayas—five 8000-meter peaks stand before you. The group descends safely to Khare by afternoon.

Day 13-17: Trek Down to Lukla, Fly to Kathmandu, Departure

The return journey through Kothe and Chatra Khola allows space to unwind, reflect, and

celebrate. Once back in Kathmandu, farewell meals and certificate ceremonies mark the perfect end to this life-changing expedition.

## Key Highlights:

Pre-climb training included 5 of the world's highest peaks visible from summit Less crowded trail compared to the Everest route Mera Peak Climb Fix Departure Dates 2025:

October: 4, 11, 18, 25 November: 1, 8, 15, 22

Lobuche Peak: Technical Climb with EBC Highlights

Lobuche Peak, located near Everest Base Camp, stands at 6,119 meters and is best suited for climbers with some prior high-altitude or mountaineering experience. Known for its technical sections and dual summits (East and West), the climb includes glacier crossings, steep ascents, and rope work.

17-Day Lobuche Peak Climb Itinerary

Day 1-3: Arrive in Kathmandu, Fly to Lukla, and Trek to Namche Bazaar via Phakding

The expedition begins with your arrival in Kathmandu, Nepal's historic and bustling capital. Here, climbers meet the We Ramblers team for a detailed briefing, gear inspection, and final preparations before the high-altitude journey begins. On Day 2, a thrilling mountain flight to Lukla (2,860 m) sets the tone. Known as one of the most dramatic short-haul flights in the world, it offers glimpses of snow-draped ridgelines and emerald valleys.

Upon landing, trekkers begin the hike to Phakding (2,610 m), a gentle start along the Dudh Koshi River. Suspension bridges swaying over rushing glacial waters and prayer wheels spinning along the path offer a taste of Himalayan culture. The following day involves a steady climb to Namche Bazaar (3,440 m), the vibrant trading hub of the Khumbu region. With steep ascents and panoramic views of Thamserku and Kongde Ri, the trail demands endurance but rewards in equal measure.

Day 4: Acclimatization at Khumjung Village

A key acclimatization day is spent in the serene Sherpa village of Khumjung. Nestled at 3,790 meters, it lies above Namche and offers sweeping views of Everest, Ama Dablam, and Lhotse. The day includes a light hike to higher altitudes before returning to sleep lower, a proven strategy to help the body adjust. Trekkers visit Khumjung Monastery and the famed Hillary School, gaining insight into the region's cultural and educational fabric.

Day 5-7: Trek Through Debuche, Pheriche, and Dughla

From Khumjung, the trail winds through rhododendron forests and open valleys toward Debuche (3,820 m), passing the sacred Tengboche Monastery. Here, trekkers often pause to witness monks in prayer and soak in spiritual serenity amid Himalayan peaks.

The journey then continues to Pheriche (4,240 m), where the air grows thinner and the scenery more dramatic. Surrounded by towering ridges and glacial terrain, this stage helps sharpen both physical and mental readiness. On Day 7, the group heads to Dughla (4,620 m), crossing moraines left by Khumbu Glacier and encountering memorials dedicated to climbers lost in the high mountains. These sobering markers remind everyone of the importance of preparation, humility, and respect at altitude.

Day 8: Trek to Lobuche Village

This day brings the team to Lobuche (4,940 m), a high-altitude outpost and final village stop before Everest Base Camp. Set beneath the imposing slopes of Lobuche East and Nuptse, it's a place of both anticipation and reflection. The pace slows as altitude demands careful steps, and trekkers spend the evening hydrating, resting, and mentally preparing for the challenges ahead. Day 9: Visit Everest Base Camp via Gorakshep

From Lobuche, the path climbs to Gorakshep (5,164 m), the last settlement before Everest Base Camp. The terrain turns stark, with gravelly glacial plains and wind-whipped ridges. Trekkers drop bags at the teahouse before continuing the legendary walk to Everest Base Camp (5,364 m). Standing on the very ice where Everest expeditions begin, climbers capture the scale and rawness of the world's highest mountain.

Day 10: Sunrise Ascent of Kala Patthar (5,545 m)

Early the next morning, headlamps light the trail as climbers ascend Kala Patthar before dawn. This iconic viewpoint offers the clearest, most up-close panoramic view of Mount Everest, often clearer than from Base Camp itself. The sunrise paints the peaks in gold and orange, delivering a moment few ever forget. Afterward, the group returns to Lobuche for rest.

Day 11: Rest and Preparation Day in Lobuche

A critical day is reserved for rest, technical briefings, and gear checks. The We Ramblers team ensures that everyone is physically ready and mentally focused. Crampons, harnesses, helmets, and ropes are tested. Team leaders also review safety procedures and summit protocols. Short acclimatization walks are encouraged, but energy conservation is key.

Day 12: Trek to Lobuche Peak High Camp (5,400+ m)

The ascent to High Camp marks the beginning of the true climb. The trail ascends steeply over loose rock and scree, with occasional scrambling sections. Porters and guides assist with load-carrying and tent setup at a sheltered campsite above 5,400 meters. Views from here include the Khumbu Glacier, Nuptse wall, and even hints of the trail to Everest. Dinner is light, and rest is prioritized for the long summit push ahead.

Day 13: Summit Day – Lobuche Peak East (6,119 m), Descent to Pheriche

Summit day starts as early as 2 a.m. Climbers don harnesses, clip into fixed ropes, and proceed slowly across icy slopes under the glow of headlamps. Sections involve steep gradients and crevasse navigation, requiring full focus and coordination with guides. Reaching the summit of Lobuche East offers an unmatched panorama—Everest, Lhotse, Nuptse, Ama Dablam, and Makalu dominate the skyline. After photo stops and quiet celebration, the descent begins. The team returns to High Camp to pack down before continuing to Pheriche (4,240 m), where thicker air and warm meals await.

Day 14–15: Trek to Namche Bazaar, Then Lukla

The descent continues over two days, retracing the scenic trail through Tengboche and Namche Bazaar. The mood lightens, spirits soar, and legs, though sore, carry each step with pride. Many climbers pause in Namche to shop for mementos, enjoy bakery treats, or reflect at one of the local cafes. The final walk to Lukla brings closure to a physically demanding and deeply rewarding experience.

Day 16–17: Return to Kathmandu and Departure

The flight back to Kathmandu marks the end of the mountain journey but not its impact. Climbers reunite for a celebration dinner, certificate ceremony, and often emotional farewells.

## Added Experiences:

**Everest Base Camp visit** Sunrise at Kala Patthar Technical rope-assisted summit push

Lobuche Peak Climb Fix Departure Dates 2025:

October: 25

November: 1, 8, 15, 22

We Ramblers: High-Altitude Experience with Local Expertise

We Ramblers has earned a strong reputation in Nepal's trekking industry for conducting safe, well-paced, and culturally rich expeditions. With a team of certified climbing guides, support staff, and logistical experts, the agency prioritizes small groups, personalized care, and high summit success rates.

All three expeditions are fully inclusive, covering accommodation, meals, permits, guide services, airport transfers, climbing gear rentals, and acclimatization planning.

"Our aim is to make Himalayan peak climbing achievable for passionate trekkers," added the company spokesperson. "You don't need to be a professional climber—just committed, wellprepared, and ready for adventure."

**Booking Details and Departure Dates** 

Expeditions for Autumn 2025 (September to November) and Spring 2026 (March to May) are currently open for booking. Interested participants can visit their official website to view departure schedules, trip costs, gear checklists, and preparation tips.

Private climbs, custom itineraries, and group discounts are also available upon request. About We Ramblers

We Ramblers is a specialized adventure travel company offering guided trekking and climbing expeditions across the Himalayas. With a focus on ethical tourism, local employment, and authentic experiences, the company has helped thousands of global travelers realize their mountain dreams safely and responsibly.

Booking Made Easy

Getting started with We Ramblers is simple and efficient.

Visit the We Ramblers official website - <a href="https://weramblers.com/">https://weramblers.com/</a> Browse upcoming departures and choose your trek Select your accommodation and package type Book online with secure payment options

For real-time customer reviews and updates, follow We Ramblers on:

Google Business link - <a href="https://g.co/kgs/mNhgGhu">https://g.co/kgs/mNhgGhu</a>

Instagram link - <a href="https://www.instagram.com/we-ramblers/">https://www.instagram.com/we-ramblers/</a>

The team also offers free pre-trek consultations, gear checklists, and support with Nepal entry procedures.

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Other

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