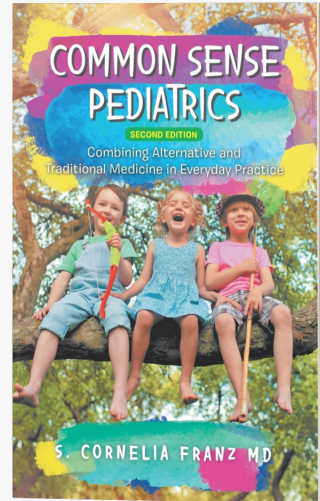


Dr. S. Cornelia Franz Redefines Pediatric Care in an Exclusive Interview with Logan Crawford

"Common Sense Pediatrics" empowers parents to blend alternative and traditional approaches for healthier children.

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Pediatrician and author Dr. S. Cornelia Franz is challenging the conventional approach to children's healthcare with her groundbreaking book, "[Common Sense Pediatrics](#): Combining Alternative and Traditional Medicine in Everyday Practice". In a compelling interview on the Spotlight Network with renowned host Logan Crawford, Dr. Franz discusses how decades of medical experience—and a deeply personal journey—led her to combine traditional Western medicine with alternative and holistic healing methods.



Common Sense Pediatrics: Combining Alternative and Atraditional Medicine in Everyday Practice

Dr. Franz shares that her transformation began when her first child faced serious health issues. "Our first child had two surgeries before the age of three and had been on antibiotics most of the time. I hit a point where I said, 'I cannot do this anymore.'" That pivotal moment led her to explore homeopathy—a choice that would reshape both her parenting and her practice.

Seeing dramatic improvements in her child's health through homeopathic treatment, Dr. Franz expanded her exploration into integrative medicine. Her practice now regularly incorporates Chinese herbaceuticals, acupuncture, chiropractic care, and craniosacral therapy alongside conventional treatments. This holistic philosophy lies at the heart of her book, which encourages parents to take a proactive and informed role in their children's wellness.

"Common Sense Pediatrics: Combining Alternative and Traditional Medicine in Everyday Practice" offers a thoughtful, practical guide to blending modern medicine with time-tested holistic

remedies. While Dr. Franz recognizes the important role of Western medical science, she urges families to broaden their understanding of healing. “Most of what we see in children is viral, and antibiotics don’t work... So we use garlic oil. We use homeopathy. We use Chinese herbs... We facilitate with the right instructions, whether it's homeopathy, herbaceuticals, or antibiotics.”

Logan Crawford, host of the Spotlight Network, praised her work as a “great resource” and a valuable “parenting toolkit,” noting that Dr. Franz represents a growing number of physicians who are integrating traditional medical practices with holistic approaches. For a deeper look into her philosophy and groundbreaking work, watch the full interview on the Spotlight Network: <https://www.youtube.com/watch?v=WUNXXh87Caw>.

“Common Sense Pediatrics: Combining Alternative and Traditional Medicine in Everyday Practice” is a must-read for parents, caregivers, and health professionals seeking a compassionate, balanced, and informed approach to raising healthy children in the modern world. Now available on [Amazon](#) and other leading online platforms, grab a copy today!

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