

Toronto's Vagus Clinic, Led by Dr. Stephanie Canestraro, Expands Root-Cause Functional Wellness Online

Dr. Stephanie Canestraro's Vagus Clinic offers whole-body functional care, now serving clients worldwide through online consultations.

TORONTO, ONTARIO, CANADA, July 29, 2025

/EINPresswire.com/ -- In a healthcare landscape where chronic symptoms are often met with generic solutions, The [Vagus Clinic](#), founded by [Dr. Stephanie Canestraro](#), is revolutionizing the path to healing by focusing on the root cause of illness and prioritizing whole-body wellness. Based in Toronto and now serving clients across the globe through virtual care, the clinic offers personalized solutions that reach far beyond borders.

A recognized leader in [Functional Medicine](#) and performance health, Dr. Canestraro has created a transformative clinic experience for individuals looking to understand why they feel unwell—and how to truly heal.



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A New Paradigm of Personalized Healing

The Vagus Clinic blends functional science with deep personalization through:

- Functional Chiropractic: A tailored, multimodal approach using soft tissue therapy, cupping, acupuncture, instrument-assisted techniques, and adjustments based on individual needs.
- Functional Medicine: A systems-based strategy designed

to uncover the underlying causes of symptoms, focusing on the person rather than the diagnosis.

- Health Coaching Programs:

Personalized 1-on-1 support using Cellcore Biosciences products and functional protocols for detox, mindset, energy balance, and nutrition.

- Athletic Performance Optimization: Designed for high-performing athletes, this program addresses gut health, immune function, and emotional stress to enhance both performance and long-term well-being.



Serving More Than Just the Sick—Supporting Those Who Strive

Whether you're struggling with chronic symptoms or seeking optimal performance, the Vagus Clinic offers strategies for deep, sustainable healing. Its virtual services allow clients from all over the world to access expert care rooted in compassion, science, and whole-body transformation.

Complimentary Consultations Now Available

The Vagus Clinic invites prospective clients to book a complimentary discovery call, providing a no-pressure opportunity to explore what's possible when healing is approached holistically and intentionally.

About Dr. Stephanie Canestraro

Dr. Stephanie Canestraro is a Functional Medicine Practitioner, Chiropractor, and founder of The Vagus Clinic in Toronto. She is known for her expertise with professional athletes, executives, and patients with complex chronic conditions. Her mission is to help people reclaim their health by addressing the true sources of dysfunction and supporting the body's innate healing intelligence.

Dr. Stephanie Canestraro

The Vagus Clinic

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