

# Music Therapy Market Forecast To 2034 – For Business Leaders, Analysts, And Strategic Teams

*The Business Research Company's Music Therapy Global Market Report 2025 – Market Size, Trends, And Global Forecast 2025-2034*

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Music Therapy Global Market Report 2025

How Big Is The Global [Music Therapy Market](#) Expected To Grow?

The music therapy market has experienced significant growth in recent years, swelling from \$3.16 billion in 2024 to an estimated \$3.6 billion in 2025, reflecting a compound annual growth rate CAGR of 13.8%.

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This growth during the historic period stems from increased recognition of music therapy in clinical settings, burgeoning demand for alternative therapies, expansion of music therapy training programs, and the rise in mental health awareness. The integration of music therapy into

educational systems has also been a contributing factor in the market's expansion.

What Is The Anticipated Growth Of The Music Therapy Market In The Coming Years?

The music therapy market is projected to see substantial growth in the coming years, reaching \$5.98 billion in 2029, with a compound annual growth rate CAGR of 13.6%. This growth during the forecast period can be attributed to emerging technologies in digital health, an upsurge in prevalence of chronic diseases and mental health conditions, and an expansion of insurance coverage for alternative therapies. A heightened interest in holistic wellness and the integration

of music therapy into mainstream healthcare practices also contribute to the upward trend.

Notably, technology is playing an increasingly important role in the industry. The introduction of AI and virtual reality into therapy sessions, personalized and tailored therapy programs, mobile apps and digital platforms for remote sessions, technological innovations, and multi-sensory and immersive experiences are leading trends expected to shape the industry's future.

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What Is Driving The Growth Of The Music Therapy Market?

One of the key growth drivers of the music therapy market is the increasing incidence of mental health issues. Factors such as heightened stress levels, societal pressures, increased awareness and diagnosis, and the impact of modern life and technology have contributed to the rise in mental health problems. Music therapy aids in addressing these issues by providing a creative outlet for expression, reducing stress and anxiety, improving mood, and enhancing overall emotional well-being through structured musical activities.

In November 2023, data from the National Health Service NHS, a UK-based healthcare organization, revealed that approximately 1 in 5 children and young people aged 8 to 25 were found to have a likely mental disorder. With these escalating numbers, the demand for music therapy is expected to remain high.

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Which Leading Companies Are Operating In The Music Therapy Market?

Major companies that are operating in the music therapy market include The Royal Marsden NHS Foundation Trust, Baton Rouge General Medical Center, Charlie Health Inc., Laura Baker Services Association, Nordoff-Robbins, Bay Area Music Therapy, Beck Center for the Arts, MusicWorx Inc, Allied Health 2U, Coast Music Therapy, Creative Harmony Music Therapy, Harmony Music Therapy LLC, Heart and Harmony Music Therapy, Melodic Connections, Music Therapy Services of Austin, Music Together LLC, NeuroRhythm Music Therapy Services LLC, Roman Music Therapy Services LLC, Tactus Therapy Solutions Ltd., Tuned In Music Therapy, WB Music Therapy LLC, and the Fine Arts Association.

What Innovative Solutions Are Being Developed In The Music Therapy Market?

Companies in the music therapy market are focusing on developing innovative solutions, such as music therapeutic programs, to improve patient engagement, emotional well-being, and therapeutic outcomes across various settings. In August 2024, the National Association of Schools of Music NASM launched the Accredited Music Therapy Program, designed to prepare students for a career in music therapy. Graduates can take the national board exam to become licensed board-certified music therapists MT-BC upon completion.

## How Is The [Music Therapy Market Segmented](#)?

The music therapy market report divides the market based on:

- 1 By Type: Receptive; Active
- 2 By Application: Traumatic; Chronic Pain; Substance Abuse Disorder; Neurodevelopment Disorder
- 3 By End-User: School; Hospital; Rehabilitation Center; Prison And Jail

## What Are The Leading Region In The Music Therapy Market?

The Receptive type is subdivided into: Music Listening Sessions; Guided Imagery With Music; Relaxation Techniques With Music, while the Active type includes: Instrumental Improvisation; Singing And Vocalization; Songwriting And Composition; Movement To Music.

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Americas +1 310-496-7795

Europe +44 7882 955267

Asia & Others +44 7882 955267 & +91 8897263534

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Oliver Guirdham  
The Business Research Company  
+44 7882 955267  
info@tbrc.info  
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