

## Ourian Plastic Surgery Announces New Content on Surgery Options for Women, Including Insurance Options

Ourian Plastic Surgery is proud to announce new content. Many clients can secure insurance funding for surgeries that they may not think are 'covered.'

BEVERLY HILLS, CA, UNITED STATES, July 31, 2025 /EINPresswire.com/ -- Ourian Plastic Surgery, a



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Dr. Ariel Ourian

best-in-class cosmetic surgery practice in Beverly Hills, proudly announces new content focused on <u>breast</u> reduction. Los Angeles women may suffer daily from an uncomfortable breast size. Removing excess weight from the chest may help alleviate physical discomfort and improve one's overall quality of life.

"Most of the time, we see female patients looking to

increase their breast size to balance their figure. But the opposite is true, too. We also have very large-breasted women looking for help to decrease their cup size," stated Dr. Ariel Ourian, a double-board-certified plastic surgeon. "Overly large breasts can also be very uncomfortable, and we are here to talk about it and find answers."

Women living in the Los Angeles area can review the information on breast reduction in Beverly Hills at <a href="https://www.ourianplasticsurgery.com/breast-procedures/breast-reduction/">https://www.ourianplasticsurgery.com/breast-procedures/breast-reduction/</a>. In some cases, women can suffer from an exceedingly big breast size. Impacts can include chronic pain in the shoulders, neck, and back. Women can struggle with poor posture, over-stretched skin, and headaches. Sleeping rhythms may be disturbed by frequently adjusting the body to more comfortable positions. Breast reduction surgery can help alleviate the symptoms of huge breasts.

Additionally, the procedure can help balance the physical proportions of the body. Breast reduction surgery is typically performed under general anesthesia. A breast reduction may be included in the clinic's mommy makeover program designed to help women achieve an overall healthier-looking shape after childbirth and breastfeeding.

Dr. Arial Ourian is a highly skilled plastic and reconstructive surgeon. Dr. Ourian's clinic provides numerous surgical procedures for the breasts, including breast reduction, augmentation, breast

lifts, reconstruction, and breast fat transfer. The clinic offers cosmetic surgery for men, women, and transgender individuals.

The cost of breast reduction surgery can vary. In some cases, it may be partially covered by insurance. The Ourian Plastic Surgery clinic team can review an individual's specific financial situation and medical insurance to help determine the most cost-effective strategy for breast reduction surgery.

## BREAST REDUCTION IN BEVERLY HILLS CAN HELP 'LIGHTEN THE BURDEN' FOR WOMEN

Here is the background on this release. Many women in the Los Angeles area may visit a plastic surgeon to increase breast size. In comparison, some women might find large breasts difficult. Managing a heavy chest in sports like tennis, pickleball, and jogging can become uncomfortable and painful. The daily effort to manage the extra weight and discomfort can lower a woman's quality of life. A breast reduction in a Beverly Hills clinic could help women remove burdensome weight to achieve comfort and a healthier, more active lifestyle.

## ABOUT OURIAN PLASTIC SURGERY

Ourian Plastic Surgery, led by double board-certified Dr. Ariel Ourian, is a top-rated plastic surgery practice in Beverly Hills, California. Dr. Ourian and his team are dedicated to providing exceptional care and transformative results for patients, specializing in mommy makeovers, tummy tucks, breast augmentations, and <u>liposuction</u>. With a commitment to utilizing the latest advancements in cosmetic surgery, Ourian Plastic Surgery aims to help individuals achieve their aesthetic goals and enhance their self-confidence. For media inquiries or more information, please get in touch with Ourian Plastic Surgery at <a href="https://www.ourianplasticsurgery.com">https://www.ourianplasticsurgery.com</a>.

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