

# NewBeginnings Integrated Healthcare Selects MindMetrix to Enhance Precision in Mental Health Diagnosis and Care

*By Embedding an Industry-Leading Mental Health Diagnostic Tool into Routine Care, New Beginnings Aims to Improve Outcomes and Elevate the Patient Experience.*

POTTSVILLE, PA, UNITED STATES, July 31, 2025 /EINPresswire.com/ -- [NewBeginnings Integrated Healthcare](#), a network committed to accessible, high-

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*Nadeem Bashir, CEO of New Beginnings*

quality care that spans behavioral health and primary care, today announced the adoption of [MindMetrix](#), a comprehensive digital mental health assessment platform. By integrating MindMetrix into routine care, New Beginnings aims to enhance diagnostic accuracy and uphold a consistently high standard of care, ensuring each patient's full clinical picture is understood from the outset.

MindMetrix equips New Beginnings clinicians with data-driven insights that support more accurate mental health diagnoses and personalized care. The assessment begins with an adaptive, SCID-like screener and dynamically administers peer-reviewed rating scales, producing a comprehensive PDF report that highlights elevated probabilities across more than [60 DSM-5 conditions](#). By delivering actionable insights, MindMetrix has been shown to accelerate symptom improvement - cutting time to improvement by half, based on recent research.

“MindMetrix is pioneering a new era of precision in mental healthcare, and we're excited to leverage its proven capabilities across our network,” said Nadeem Bashir, CEO of New Beginnings. “This adoption reinforces our commitment to delivering quality care while continuing to find new ways to drive better outcomes and patient satisfaction.”

MindMetrix was created by a team of psychiatrists, psychologists, and researchers. The assessment was developed based on over two decades of treatment protocols and testing at the Rochester Center for Behavioral Medicine, and is still being used there daily (as well as by clinics nationwide) to navigate today's increasingly complex diagnostic landscape.

“New Beginnings has built a strong reputation for clinical excellence and innovation,” said Joel L.

Young, M.D., MindMetrix Co-Founder and Chief Medical Officer. “We’re proud to support their mission by offering a tool that facilitates early symptom recognition, enables patient-specific interventions, and ultimately improves mental health care for communities across the East Coast.”

#### About MindMetrix

MindMetrix is a comprehensive digital assessment platform built by providers, for providers. Rooted in established diagnostic standards and refined through two decades of clinical use, MindMetrix generates in-depth, actionable reports that strengthen clinical decision-making, reduce diagnostic uncertainty, and improve outcomes.

To learn more, visit [www.mindmetrix.com](http://www.mindmetrix.com).

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