

Free Masterclass Helps Professionals Reset Their Careers and Well-Being with Purpose

Free masterclass to help high performers reset, refocus, and realign their career with purpose—without sacrificing success or well-being.

CINCINNATI, OH, UNITED STATES, July 30, 2025 /EINPresswire.com/ -- Two internationally recognized business leaders are on a mission to help high achievers move from autopilot to intentional action. Sophie Blum, Fortune 100 President, and [Stevi Gable Carr](#), Forbes-featured executive coach and founder of WISE Wellness Guild, are proud to launch ELEVATE Masterclass—a strategic transformation program for driven professionals who want to realign their work with their well-being and impact.



Sophie Blum and Stevi Gable Carr

Blum and Carr are hosting two free live virtual masterclasses on August 6 and 12:

“

Clarity and impact aren't luck. They're designed. ELEVATE helps ambitious professionals reconnect with their purpose—and move forward with confidence.”

Sophie Blum

These sessions are designed for professionals navigating change, feeling stretched too thin, or quietly wondering what's next. The ELEVATE Masterclass offers a bold new approach to personal and professional growth—focusing on clarity, energy, and values-based direction.

In Just 90 minutes, Attendees Will Walk Away With:
A clear personal brand statement action plan that defines your edge
A custom wellness strategy that actually fits your life
A roadmap for career pivots, stretch goals, or promotions

“This isn't career development,” says Carr. “It's career elevation. It's for anyone asking, What's next—and how do I grow without losing myself in the process?”

WHEN + WHERE

☐☐ August 6 & 12, 2025

☐ Free + Live + Virtual

☐ [Register for August 6](#)

☐ [Register for August 12](#)

Bonus: All attendees receive early access to tools and exclusive program bonuses.

About the Founders:

Sophie Blum is a Fortune 100 President, founder of the C-FORWARD Business & Leadership Academy, transformational business leader with a global legacy of brand and organizational growth.

<https://www.sophiebluminfo.com/>

<https://linkedin.com/in/sophieblum/>

Stevi Carr is the founder of WISE Wellness Guild and a coach featured in Forbes, Inc., and the Female Founders 500. Together, they blend strategic vision with a human-first approach to help others lead well and live well.

<http://wisewellnessguild.com>

<https://stevi.me/>

<https://linkedin.com/in/stevi-gable-carr/>

<https://linkedin.com/company/wise-wellness-guild>

https://instagram.com/wise_wellness_guild

<https://instagram.com/stevi.me/>

<https://youtube.com/@wisewellnessguild>

Stevi Carr

WISE Wellness Guild

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New

3 strategies to elevate your professional journey WITHOUT feeling burnt out

Join Sophie & Stevi 's LIVE ELEVATE Masterclass

Craft your personalized wellness blueprint
Own your next chapter with clarity and confidence
Voice Your Brand – Create your personal brand statement.

100% FREE - Seats are limited

Date: August 6 , 2025

Time: 12:30 pm ET

Location: Online

The graphic features two women, Sophie Blum and Stevi Carr, against a purple and green background with abstract patterns. Sophie is on the left in a red blazer, and Stevi is on the right in a black top. The text is centered and uses a mix of white and green colors.

ELEVATE Invite Webinar- Aug 6, 2025



Stevi Gable Carr, Founder

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