

Voices Across the Network: Men's Health Month 2025 Fueled by Community-Led Momentum

Digital media and in-person campaigns centered around Men's Health Month in June of 2025 were a huge success and reported on herein.

WASHINGTON, DC, UNITED STATES, July 31, 2025 /EINPresswire.com/ -- As Men's Health Month 2025 ends, Men's Health Network (MHN) isn't just reflecting on engagement, it's recognizing a movement powered by people. This year, a groundswell of support emerged from MHN's own community of advocates, volunteers, and partners who took the message into their own hands and gave it momentum far beyond the organization's walls.

MHN helped frame the conversation, raising key issues like mental health,

Men's Health Network
menshealthnetwork.org

Health Screenings and Free PSAs for men at-risk.

preventative care, and the Lifespan Gender Gap, but it was the organization's broader network that turned awareness into action.

"We're starting the conversation, but it's our community that's carrying it forward," said Jennifer Thompson, Vice President at Men's Health Network. "This movement is being driven by our network of advocates, partners, families, and everyday people who believe men's health deserves a seat at the table. The momentum we're seeing shows that men's health is no longer an afterthought, it's becoming a shared priority."

A Collective Voice for Men's Health

Throughout June, individuals and organizations across MHN's network stepped up to lead. They shared stories, created content, organized events, and amplified messaging across platforms,

not because they were asked, but because they saw the importance of speaking out.

Influencers like @theblkwolf, @dadonpurpose, and @cartergood opened up about emotional strength, fatherhood, and building healthy habits. Health advocates including @ahealthypush, @mightywell, and @drtalkshealth posted educational resources that resonated with followers seeking guidance and connection. Meanwhile, voices like @sacredsons, @coachdereklovell, and @therealjdonnell challenged outdated stereotypes around masculinity, creating space for new conversations on mental well-being.

Community health organizations, hospitals, and government agencies

SUNE MAN'S Men's Health Network
HEALTH MONTH

OUTREACH
ADVOCACY
HEALTH PROMOTION
CAMPAIGNS

ONLINE RESOURCES

DC Men's Health Network Team Supports the Senate with Health Education and Messaging.

like @tdhgov, @stjoeshealth, @baptistmemphis, and @fitfathers joined in, leading local initiatives, promoting Wear Blue Days, and sharing critical information that helped bring men's health closer to home.



Men's health is not about one campaign, it's about a reminder to connect on sometimes difficult conversations. When people...come together, and under a common purpose, change becomes...inevitable."

Jennifer Thompson, VP of Men's Health Network

This was not a campaign built by promotion, it was one sustained by personal investment and shared purpose.

A Global Network with Local Roots

Men's Health Month 2025 also saw meaningful contributions from MHN's international allies. From South Africa's @health4menza to the U.K.'s @gmhprogram, advocates around the world reinforced the idea that men's health is a global concern with deeply local impacts.

At the same time, proclamations from nearly 100 cities and states across the U.S., along with a robust presence at in-

person events like the American Society of Clinical Oncology (ASCO) annual meeting and the Memphis Men's Health Summit, demonstrated that public support for men's health continues to grow both online and on the ground.

Looking Ahead: Building on Community Power Men's Health Network will continue investing in its community-first model, supporting partner organizations, expanding its ambassador network, and advancing conversations around underrepresented topics like testicular cancer, fatherhood, chronic disease, and culturally relevant care.

"Men's health is not about one campaign, it's about a reminder to connect on sometimes difficult conversations," said Thompson. "When people from across backgrounds, professions, and experiences come together, and under a common purpose, change becomes not only possible, it becomes inevitable."



We need your support for Men's Health Month

About Men's Health Network

Men's Health Network (MHN) is a national nonprofit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray, with health information and programming tailored specifically to their needs. MHN is the founder of Men's Health Month, Men's Health Week, and the Wear Blue awareness initiative.

To access educational resources or join the movement, visit www.MensHealthNetwork.org or follow @MensHealthNetwork on all platforms.

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