

# Leadership Development Coach Diane Wilhelm of Spartan Warrior Coaching Recently Featured on Close Up Radio

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Strong leaders that create a positive atmosphere for everyone are the driving force behind any organization's success. But being a truly good leader can be challenging especially in today's uncertain, complex, and ambiguous world where navigating the path to success can often feel like a rollercoaster. At the same time, many aspiring leaders feel underqualified, incapable, and insecure, while others think autocratic leadership is the only way to go. Fortunately, we can not only reframe those negative feelings and insecurities but leadership traits can absolutely be learned and each of us has the capacity to be emotionally intelligent, inspirational leaders so all workplaces transform into spaces where everyone can thrive.



Leadership Development coach, keynote speaker, and owner of Spartan Warrior Coaching, Diane Wilhelm has made it her mission to empower organizations to guide their teams toward sustainable growth and propel people to access their true potential.

Before focusing full time on coaching others, Diane gained decades of experience working in corporate America where she encountered various leadership styles and the lack thereof. Early on, Diane proudly served in the United States Army for 11 years, achieving the rank of Major in the Military Police Corps. After leaving the army, she worked her way up to a Manufacturing Executive role with General Motors where she worked for six years and then culminating her corporate experience as Chief Engineer of Advanced Manufacturing at Harley-Davidson Motor Company, retiring in 2020 after twenty years. The common thread in Diane's professional career

has been, and continues to be, a commitment to personal and professional development and inspiring leaders to dream big and make those dreams come true. It makes perfect sense that her next chapter meant establishing her own leadership and performance coaching practice. In the midst of the COVID pandemic she retired from Harley Davidson and immediately launched her path as a Certified, Credentialed, Professional Coach.

Today, she contracts with numerous companies to help them optimize their business operations as well as elevate the performance of their leaders and teams. She does this by focusing on ambitious, purpose-driven growth with accountable application of knowledge and skills and a foundation of self-reflection to ensure continual learning, growth, and development.

Diane stands as a distinguished figure in the field of personal development because she herself is a skilled leader with a proven track record and the remarkable ability to transform lives.

What also sets Diane apart is her ability to guide her clients beyond surface-level issues. For example, when she noticed that her leadership clients were struggling from burnout and health problems she decided to integrate Health into her coaching approach. With this comprehensive vision, she expertly addresses the full spectrum of her client's health including emotions, stress, weight loss, and lifestyle changes all without having to spend hours at the gym. When individuals work with Diane they begin to prioritize their own wellbeing, pick up better sleep habits, begin living mindfully, abundantly, and with authenticity, so they are ready to achieve anything.

Diane notes that having the right mindset is also key to every leader's success. Above all else, see failure as an opportunity for growth rather than letting it get you down. Being resilient in the face of adversity. Staying open-minded about new possibilities with a forward focused, inquisitive approach and never, ever quit on yourself.

With her warm, practical, skillful, down-to-earth, yet straight-talk approach Diane is a pro at what she does in bringing leaders to aha moments of self-discovery. Working with her is a game changer, because you will begin to start living, feeling, and being at your very best.



**Spartan Warrior**  
Advancing Excellence

Diane's coaching work is not just about supporting individuals; she's making ripple effects that benefit entire organizations. She brings out the best in people, creating a better world for us all.

Close Up Radio recently featured Diane Wilhelm in a two-part interview with Jim Masters on Wednesday July 30th at 11am EST and with Doug Llewelyn on Wednesday August 13th at 11am EST

[Listen to the Podcast](#)

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For more information, visit: [www.spartanwarriorllp.com](http://www.spartanwarriorllp.com)

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