

The Trauma Therapist Institute Launches New Monthly Clinical Conversations Series for Therapists Facing Burnout

The Trauma Therapist Institute is excited to announce the continuation of its Clinical Conversations series

DENVER, CO, UNITED STATES, August 2, 2025 /EINPresswire.com/ -- The Trauma Therapist Institute is excited to announce the continuation of its [Clinical Conversations](#) series—monthly online events created specifically for trauma therapists seeking nourishment, clarity, and connection in the midst of personal and professional challenges.

This August, two powerful sessions will provide a space for clinicians to explore what it means to show up fully—without burning out.

[Holy Sh*t, I'm Burnt Out: Spiritual Care for Therapists](#)

With Dr. Jamie Marich

Live: Wednesday, August 6 | 12 PM–1 PM MT (Denver)

Burnout isn't just exhaustion—it's existential. In this raw and relatable conversation, Dr. Jamie Marich (she/they) invites therapists to explore spiritual care beyond clichés. Whether you've been harmed by religious institutions or are simply craving deeper purpose, this hour will offer pathways to reconnect with your own values, soul, and steadiness.

Dr. Marich is an internationally recognized trauma specialist, expressive artist, TEDx speaker, and advocate for recovery and spiritual liberation. Her integrative approach to healing is shaped by her lived experience as a queer woman in long-term recovery.

[Collective Dysregulation: Practicing Trauma Therapy in Chaotic Times](#)



The graphic features a dark blue background with a subtle floral pattern. At the top center is a white lotus flower logo. Below it, the text "CLINICAL CONVERSATIONS" is written in large, bold, white capital letters. Underneath, in a smaller white font, is "Real Conversations About Real Issues". To the left of the center is a circular portrait of Rebecca Kase, the host. To the right of the portrait, it says "Hosted by TTI Founder Rebecca Kase". Below this, the text "Upcoming Speakers" is written in a white script font. Underneath are four small square portraits of the speakers, each with their name and date below it: Jamie Marich (August 6), Lisa Hayes (August 20), Linda Thai (Sept. 3), and Crystal Hines (Sept. 17).

| Upcoming Speakers | | | |
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|  |  |  |  |
| Jamie Marich August 6 | Lisa Hayes August 20 | Linda Thai Sept. 3 | Crystal Hines Sept. 17 |

With Lisa Hayes, MSW, LISW-S

Live: Wednesday, August 20 | 12 PM–1 PM MT (Denver)

What happens when the therapist is dysregulated, too? Lisa Hayes leads a grounded and compassionate discussion on navigating trauma therapy in the face of societal upheaval, vicarious trauma, and emotional overload. This session isn't about white-knuckling through it—it's about resourcing ourselves and each other so we can continue to hold space with integrity.

Lisa Hayes brings more than a decade of experience supporting clients with complex trauma, identity-based oppression, and life transitions. Her clinical style is deeply rooted in liberation, equity, and the belief that healing is possible—even in uncertain times.

Both events are open to licensed clinicians, healing professionals, and students in the mental health field.

Free registration and event details available at: traumatherapistinstitute.com/clinical-conversations

About The Trauma Therapist Institute

The Trauma Therapist Institute is a global hub for training, education, and support for therapists working with trauma. Founded by EMDR Consultant and educator Rebecca Kase, the Institute is committed to empowering clinicians with tools, connection, and care as they do the brave work of healing others.

Charlie Walker

The Trauma Therapist Institute

[email us here](#)

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