

# Breakthrough Book - Reprogramming Your Subconscious Mind - The SMT Method™ For Rapid Results

*The SMT Method™ For Rapid Results*

NY, UNITED STATES, August 6, 2025 /EINPresswire.com/ -- Breakthrough Book "[Reprogramming Your Subconscious Mind - The SMT Method™](#) for RAPID Results" Unleashes a Proven System for Explosive Personal and Business Growth.

Performance and [Rapid Growth](#)

[Specialist](#) Dr. Joseph Drolshagen has just released his groundbreaking new book, Reprogramming Your

Subconscious Mind – The SMT Method™ for RAPID Results, a direct and actionable guide to hacking the mind for life-changing outcomes. This isn't just another mindset book, it's a tactical system for business owners, entrepreneurs, executives, and high performers who are done playing small.

**“**

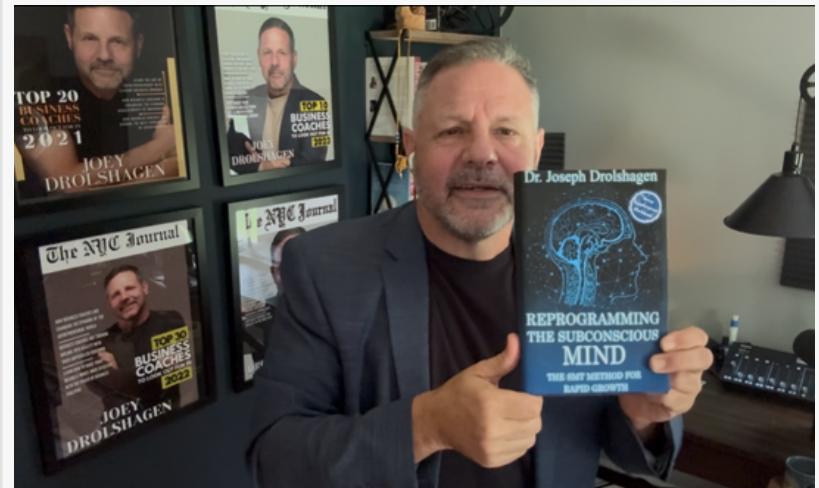
85% of our results are determined by the program within our Subconscious Mind. To change results, you have to shift perceptions. The only way to shift perceptions is to reprogram the Subconscious”

*Dr. Joseph Drolshagen*

Drawing from 28 years in Corporate America, from ground floor sales, up to VP of Sales, assisting organizations in bankruptcy back into profitability, along with 4 decades of study on the subconscious mind and neuroplasticity of the brain, leading hundreds of business owners and corporate leaders into record-breaking results, Joseph reveals the exact method he's used to help clients unlock hidden potential, smash through internal resistance, and rewire their brain for consistent, effortless success.

“Most people are working against themselves without even knowing it,” says Joseph. “The SMT Method™ gives you the

keys to reprogram your subconscious patterns, so results come faster—with less force, less



You're Rapid Revenue Growth Starts Here

friction, and a lot more freedom."

#### Inside the Book:

- How subconscious sabotage kills momentum—and how to stop it cold
- The 3-phase SMT Method™ that transforms invisible blocks into exponential breakthroughs
- Real-world exercises to create rapid internal alignment and external results
- Strategies to achieve next-level success without grinding yourself into burnout

The book is already generating buzz among entrepreneurs, sales leaders, and high-performance coaches for its no-bs, get-it-done approach to transformation.

#### About the Author

Dr. Joseph Drolshagen is a globally recognized growth strategist and subconscious performance coach known as The Rapid Growth Specialist. He's helped hundreds of business owners and organizations rewire their thinking, accelerate their revenue, and reclaim total life freedom—fast.

#### Availability

Reprogramming Your Subconscious Mind – The SMT Method™ for RAPID Results is now available on Amazon in paperback, hard copy and Kindle formats.

#### Media Contact:

Dr. Joseph Drolshagen

[Joseph@IFGTcoach.com](mailto:Joseph@IFGTcoach.com)

864-614-3333

Website: <https://josephadrolshagen.com>

Book Link: <https://a.co/d/8ateFjK>

Joseph A. Drolshagen

IFGT Coaching, Consulting, LLC

+1 864-614-3333

[email us here](#)

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