

# Vero Beach Plastic Surgeon on Finding a Breast Augmentation Provider

*Dr. John Sarbak details key qualifications patients should consider when researching a breast augmentation plastic surgeon.*

VERO BEACH, FL, UNITED STATES, August 7, 2025

/EINPresswire.com/ -- Choosing the right plastic surgeon for [breast augmentation](#) is an important decision that can significantly impact both the results of the procedure and a patient's overall experience. Dr. John Sarbak, a [board-certified plastic surgeon in Vero Beach](#), emphasizes that when it comes to breast enhancement surgery, it is essential to select a surgeon who not only has the technical expertise but also makes the patient feel confident and comfortable from the initial consultation to any follow-up appointments.

Dr. Sarbak advises patients to consider the following key factors when choosing their breast augmentation provider:



- **Credentials and Professional Memberships** – Ensure the surgeon is board-certified in plastic surgery by the American Board of Plastic Surgery and is a member of reputable organizations like the American Society of Plastic Surgeons (ASPS). Board certification and professional memberships demonstrate a surgeon's rigorous training, expertise, and commitment to staying current with the latest techniques, which often translates to better, long-lasting results.
- **Educational Background** – Review the surgeon's educational background, relevant training, and professional experience. A well-educated surgeon with specialized training in breast procedures and techniques, such as [transumbilical breast augmentation](#) (TUBA), are critical for achieving optimal outcomes.
- **Before-and-After Photo Gallery** – Examine the surgeon's portfolio of before-and-after photos. An extensive photo gallery provides insight into the surgeon's skill level and the types of results they can achieve. It helps patients visualize their potential outcomes and gauge consistency and

aesthetic appeal.

- Patient Reviews – Read online reviews and testimonials to get a sense of other patients' experiences. Positive feedback regarding a surgeon's professionalism, care, and results is an encouraging sign of their trustworthiness.
- Establishing Personal Rapport – It is important to feel comfortable with a surgeon when pursuing breast augmentation. During a consultation, take the opportunity to ask questions, voice concerns, and assess how well the surgeon listens and communicates. A strong rapport can make a significant difference in a patient's surgical journey.

Given the profound impact that selecting the right plastic surgeon can have on the outcome and overall experience, Dr. Sarbak recommends patients take the time to thoroughly research potential surgeons and attend consultations. Patients should feel confident that their chosen plastic surgeon will guide them through every step of the breast augmentation process with the utmost care.

#### About John M. Sarbak, MD

Dr. John Sarbak is a board-certified plastic surgeon who leads the team at Premier Plastic Surgery & Aesthetics, where he performs a range of surgical and non-surgical procedures. He earned his medical degree from the University of Pittsburgh School of Medicine and pursued a surgical residency at the University of South Florida. Dr. Sarbak also completed plastic surgery residencies at both the University of South Florida and University of Pittsburgh. He is a leading name in Florida plastic surgery and specializes in the transumbilical breast augmentation (TUBA) technique which he often utilizes for a scarless breast augmentation. Dr. Sarbak is a member of numerous professional organizations, including The Aesthetic Society®, the American Society of Plastic Surgeons, and the Florida Society of Plastic Surgeons. He is available for interviews upon request.

To learn more, please visit [premierplasticsurgeryfl.com](http://premierplasticsurgeryfl.com) or [facebook.com/premierplasticsurgeryandspa](https://facebook.com/premierplasticsurgeryandspa).

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