

# Encompass Life's Groundbreaking Coaching Method Brings Lasting Relief to Body and Soul

*Study reveals how a shift in language with the Quantum Leap Technique™ improves chronic pain, emotional health, personal well-being, and vitality.*

OCALA, FL, UNITED STATES, August 12, 2025 /EINPresswire.com/ -- Encompass Life, a [transformational coaching](#) and wellness education organization, has been recognized in a special edition of the European Scientific Journal for its life-changing [Quantum Leap Technique™](#) a modality that helps individuals heal chronic pain, emotional overwhelm, and self-limiting patterns by transforming how they speak, feel, and live.

The peer-reviewed study, titled Quantum Narratives: The Impact of Language on Acute and Chronic Pain, documents measurable outcomes from 41 participants who engaged in Encompass Life's core methodology. Respondents reported significant shifts in physical conditions such as thyroid dysfunction, scoliosis, arthritis, migraines, and even autoimmune symptoms. They also experienced renewed vitality, improved digestion, better sleep, emotional resilience, and an overall sense of peace.

At the heart of this transformation lies a surprisingly simple—but profound—tool: language. The Quantum Leap Technique™ helps people identify and reframe the subconscious language of resistance (words like "I can't," "I'm not," "I don't know") into empowering, present-tense declarations rooted in love, unity, and choice. These shifts create immediate biochemical changes that impact how the body functions, heals, and thrives.

Unlike many programs that focus only on mindset, Encompass Life's approach addresses both



Founder of Encompass Life and creator of the Quantum Leap Technique™.

the internal and energetic roots of disease—guiding participants to remember the truth of who they are and restore harmony in the body from the inside out.

Whether you're a healthcare professional, holistic practitioner, or someone simply seeking more clarity, vitality, and emotional ease, this work meets you exactly where you are and offers a pathway forward.

"At Encompass Life, we've seen again and again how a single shift in language can open the door to transformation," said Mark Scherer PhD, founder of Encompass Life and creator of the Quantum Leap Technique™. "This study affirms what we know in our hearts when people remember the truth of who they are, the body responds with grace, strength, and joy."



Scientific Journal - Encompass Life

To learn more about transformational coaching, explore upcoming courses, or schedule a complimentary consultation, visit

[www.encompasslife.com](http://www.encompasslife.com).

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*Mark Scherer PhD, founder of  
Encompass Life.*

About Encompass Life

Encompass Life is a transformational education and coaching organization that helps individuals remember who they are, reclaim their power, and live in alignment with truth.

Through tools like the Quantum Leap Technique™,

Encompass Life guides people through rapid, lasting shifts in health, relationships, purpose, and prosperity—without force, fixing, or delay.

Fritz Colinet

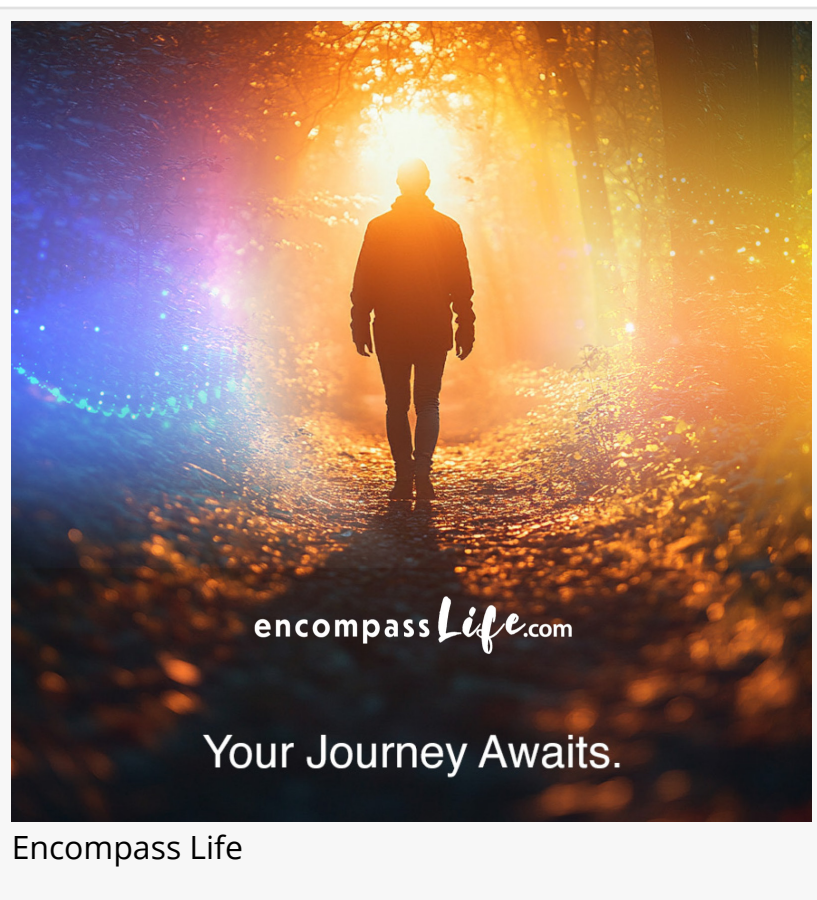
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