

Embodied Wellth Expands With The Embodied Wellth Collective

A new online community helping women Reconnect, Realign, and Redefine what it truly means to live well.

DENVER, CO, UNITED STATES, August 19, 2025 /EINPresswire.com/ -- In a culture that has turned "wellness" into another performance metric, Leigh Gordon leads a different kind of movement. As the founder of [Embodied Wellth](#) and creator of the [Redefined: The Art of Living Well](#) framework, Gordon guides women into a way of living that values presence over pressure, rhythm over rigidity, and authentic alignment over endless optimization.

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Leigh Gordon

Until now, her transformational work has been offered almost exclusively through her high-touch Redefined

program—an immersive, year-long one-on-one experience. Intentionally structured to support only a few women each year, Gordon knew it was time to make her philosophy and framework more accessible.

Today, she opens the doors to [The Embodied Wellth Collective](#)—an online community where women can Reconnect. Realign. Redefine. in a way that fits their own season of life.

"Not everyone can commit to a high-touch, year-long container," Gordon explains. "I created The Collective so women could explore the same principles—embodiment, energetics, and rhythm—in a way that supports them right where they are. It's a space to reconnect with themselves, realign with their true nature, and redefine how they experience the beautiful life they've already built."

Unlike traditional wellness communities focused on transformation or healing, The Collective serves women who've already built meaningful lives but feel disconnected from fully inhabiting them. This isn't about fixing or improving—it's about remembering and feeling what you've already created.

Where most wellness models focus on the "before and after," Gordon's work lives in the in-between—the space where real transformation takes root. The Collective offers both a free tier

for exploring her core philosophy and a paid membership for women who want to move through her twelve interconnected areas of life, one by one, in a self-paced yet supported way.

Inside The Collective, members can expect:

- Monthly explorations that turn insight into lived experience
- Tools, practices, and prompts that honor natural rhythm instead of forcing timelines
- A curated community of women committed to depth and internal fulfillment
- Access to Gordon's evolving library of teachings refined through lived experience and client work

The Collective is for women who've built or are building a beautiful life—whether in career, family, or personal pursuits—yet feel a disconnection from truly living it. United by a shared desire for depth and inner fulfillment, members come to inhabit the life they've created from the inside out.

"Wellth isn't something you achieve," says Gordon. "It's the lived experience of fulfillment, balance, and vitality across every area of life and every layer of being. This is about coming home to yourself—and living in a way that feels deeply and unmistakably your own."

About Leigh Gordon

Leigh Gordon is the founder of Embodied Wellth and creator of Redefined: The Art of Living Well. Known for translating deep energetic principles into practical, embodied shifts, she is becoming a sought-after voice in the movement beyond traditional wellness culture. Her work supports women in restoring their internal rhythm, reconnecting with their true nature, and living in alignment with their unique design. As a late-diagnosed autistic woman, Gordon brings a rare perspective that honors neurodiversity while addressing the universal longing for authentic alignment.

About Embodied Wellth

Embodied Wellth is a living philosophy and transformational framework for women who want to live from presence, rhythm, and authentic alignment. Through one-on-one coaching, group programs, and now The Collective, Embodied Wellth offers an approach to personal transformation that honors every layer of being—physical, mental, emotional, and energetic.

Interviews and collaborations are available upon request.

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