

# Warriors HeArt Gallery Gives a Voice to Warrior Recovery Stories at Grunt Style HQ San Antonio with Public Art Display

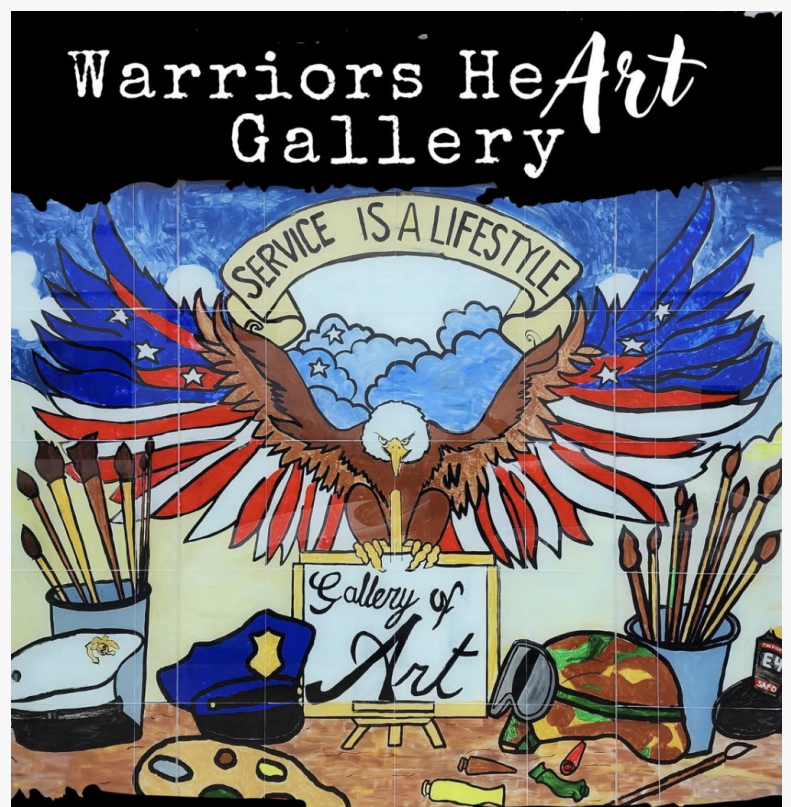
*As a public art display, the Warriors HeArt Gallery at Grunt Style HQ San Antonio, TX, features 60 recovery stories for military, veterans and first responders.*

SAN ANTONIO, TX, UNITED STATES, August 19, 2025 /EINPresswire.com/ -- In sync with August's National Wellness Month, [Warriors Heart](#) and [Grunt Style](#) are giving voices to raw, unfiltered recovery stories of warriors battling addiction, PTSD, and the invisible wounds of service through a public art display at the Grunt Style HQ in downtown San Antonio, Texas, through Veterans Day 2025. This 60-piece exhibit and audio narrations show warriors turning pain into purpose, proving that [art therapy](#) can be a powerful step toward healing the mind, body, and spirit.

Gold Star Mother and Warriors Heart Clinical Consultant MC, LPC, NCC,

Annette T. Hill, was deeply moved after seeing a painting of the "War at Home Memorial" that is displayed at the Grunt Style HQ. The 22 silhouettes included a tribute to her son who served two tours in Iraq, and then sadly lost his battle to suicide after returning home. Annette reflected, "One of these silhouettes happens to be my son. This is Adam. And to come here today and see the power of not just this piece, but all the pieces here, it keeps alive what happens for people when they finally give a voice through their hands through the pain through the many mediums here with things we can't get out of them maybe clinically, talk therapies and everything we do."

Warriors Heart Texas Executive Director Christina Moreno emphasizes, "We are grateful to have



The Warriors HeArt Gallery at Grunt Style HQ in San Antonio, TX, is a public art display that features 60 recovery stories for military, veterans and first responders.

this 'Service is a Lifestyle' mural and artwork by our team and clients on display at Grunt Style's HQ through Veterans Day. Each piece reflects a personal story of service, struggle, and recovery, along with hope that transformations can happen through art therapy."

Grunt Style Co-Owner/Chief Brand Officer and Marine Corps Veteran Tim Jensen adds, "Grunt Style is deeply proud to partner with Warriors Heart in this art exhibit that shares the often hidden result of war. Our brand exists to celebrate the freedom that our parents have provided however we also understand that there is a cost to freedom that must never be overlooked. And those stories must be shared."



The "War at Home Memorial" painting is on display in the Warriors HeArt Gallery at Grunt Style HQ.

The "Warriors HeArt Gallery" includes a mural, paintings, sculptures, and woodwork created by Warriors - who have completed Warriors Heart's specialized 42-day inpatient treatment program. Each piece includes a QR code linking to audio recordings of the Warriors' personal recovery stories with the meaning behind these creations. Their heartfelt stories offer visitors a deeper, more intimate connection to their healing journeys.

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*Christina Moreno, Warriors Heart Texas Executive Director*

Art therapy is an integral part of Warriors Heart's recovery program, where clients work closely with the clinical team to use creative expression as a way to process emotions, confront trauma, and support their healing journey.

Annette T. Hill reflects, "There's just something about art therapy that the brain will disclose. The PTSD, moral injury, the grief loss, the words that just can't be spoken. A picture is worth a thousand words, and it's magic in the hands of an artist who is finally sober enough to speak through this medium."

As a preview, below are 5 examples from the 60 art pieces and recovery backstories and transformations in the audio.



Daniel S. – “Clown in My Nightmare”

“I think the clown represented my addiction to alcohol - trying to welcome me back to handle everything the way I used to....It felt good to get it out and share it... I never realized how much my childhood was going to affect me as a grown man in the Marine Corps.”

Daryl T. – “The Heart of Lakeside”

“To many, it’s just a place. But to me, Warriors Heart is where I found my heart again...I felt completely unworthy, unloved, lost... and slowly, I learned that the darkness is not forever.”

Allen S. – “Destructive Entitlement”

“It represents both the good and the bad of being a detective... and the ugly sense of entitlement that led to my downfall...I’m still sober today, over 120 days, and I’m very proud of that.”

Kerry K. – “Forged in Fire”

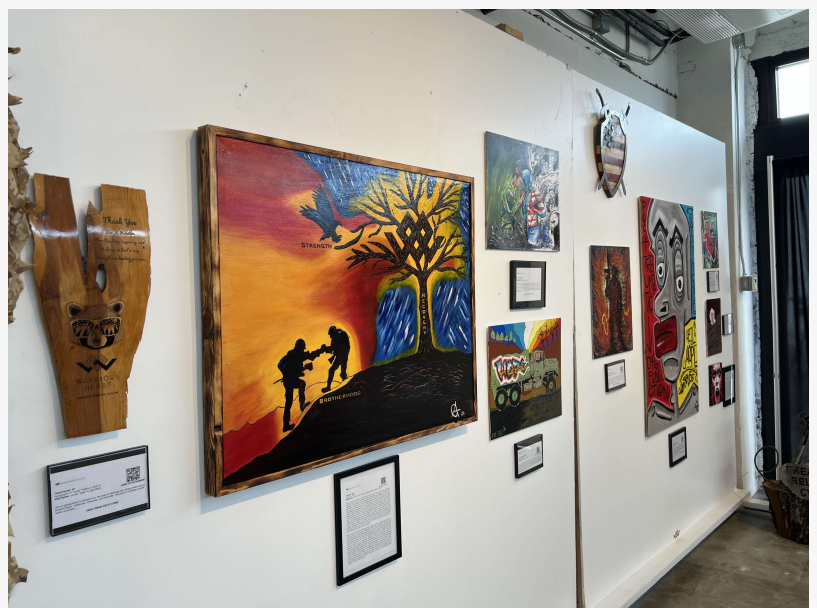
“All Marines become born again when they’re tested by fire in combat...I hadn’t touched a brush since junior high...and now I’ve found something productive, not destructive.”

Adam G. – “Journey”

“Acceptance is our first step - and Warriors Heart is a key piece of the larger canopy of help and support...This piece represents the journey we are on once we accept the need for help.”

The creative expression in this Warriors HeArt Gallery shines a light on the pain, courage and often-unseen battles warriors face long after their service.

And to make a further positive impact on the community, the “Warriors HeArt Gallery” artwork



This 60-piece exhibit includes audio narrations that give a voice to Warrior Recovery Stories at the Warriors HeArt Gallery at Grunt Style HQ San Antonio.



A mural, paintings, sculptures, and woodwork created by Warriors, who have completed Warriors Heart’s specialized 42-day inpatient treatment program are on display at the “Warriors HeArt Gallery” at Grunt Style HQ.

will also be available for auction towards the end of the exhibit. Anyone will be able to bid on this art work starting October 22, 2025, through the gunbroker auction site. All proceeds will go to Irreverent Warriors and Warriors Heart to help heal more Warriors. Closer to the auction going live, the exact link will be announced by Grunt Style, Irreverent Warriors, Warriors Heart's social media and other avenues. For updates and to learn more, visit

<https://www.irreverentwarriors.com> and <https://www.WarriorsHeart.com>.

ABOUT: WARRIORS HEART (Bandera, Texas near San Antonio and Milford, Virginia, near Richmond and Washington D.C.) is the first and only private and accredited treatment program in the U.S. exclusively for “warriors” (active duty military, veterans, first responders and EMTs/paramedics) faced with the self-medicating struggles of alcohol addiction, prescription and drug addiction, PTSD (post-traumatic stress disorder), mild TBI (Traumatic Brain Injury) and other co-occurring issues in a private, 100-bed facility on a 543-acre ranch in Bandera, Texas and 60-bed facility in Milford, Virginia. Along with a minimum 42-day peer-to-peer residential treatment program, Warriors Heart offers a full continuum of care with the option of Detox, Residential Treatment (inpatient), Day Treatment, Outpatient (IOP), Sober Living, TMS (brain treatment) and Aftercare. Warrior Heart is accredited by the Joint Commission, and is a member of the NAATP (National Association of Addiction Treatment Providers). As a “Preferred In-Network Community Care Provider”, Warriors Heart accepts TRICARE and most insurance. Warriors Heart’s work has been featured on the TODAY Show, CBS Health Watch, A&E Intervention, CNN, National Defense Radio Show, NPR, Shawn Ryan Show, Dr. Drew Midday Live, and in FOXNews, TIME, Forbes, Addiction Pro magazine, Stars and Stripes, Task & Purpose, Military Families Magazine and many more. There is a 24-hour Warriors Heart hotline (866-955-4035) answered by warriors. For more information, visit <https://warriorsheart.com/connect>

ABOUT: GRUNT STYLE is a patriotic and veteran-operated apparel brand designed for a new class of warriors: first responders, military veterans, law enforcement, as well as their friends and families. With over 400 employees, the company works hard to deliver the highest quality, most patriotic apparel on the planet that’s backed by an unbeatable lifetime guarantee. Headquartered in San Antonio, Texas, Grunt Style stands behind its products, its service, and our country. Join the conversation on Facebook, Twitter, and Instagram at @GruntStyle or visit



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<https://www.gruntstyle.com>.

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