

2025 Latinx Mental Health Conference Highlights Collective Care and Strength in Community Efforts

A one-day conference uniting professionals, students, and families to strengthen Latinx mental health through community engagement and collective care.

LOS ANGELES, CA, UNITED STATES, August 21, 2025 /EINPresswire.com/ -- [Tarzana Treatment Centers](#) (TTC) is excited to announce the 2025 [Latinx Mental Health Conference](#), a one-day event focused on promoting culturally responsive mental health solutions in the Latinx community. The conference, themed "Collective Care: Strength in Community," will take place on Wednesday, October 15, 2025, at the University Student Union, California State University, Northridge (CSUN).

A Vital Gathering for Mental Health and Recovery

The Latinx community faces unique cultural and social factors that affect mental well-being. This conference provides a safe, inclusive, and solution-focused space where professionals, parents, students, and educators can come together to address pressing issues, share experiences, and build resilience.



Diverse Healthcare Professionals at the Latinx Mental Health Conference

In 2025, the challenges facing the Latinx community are greater than ever. Therefore, supporting healthcare for this community is a top priority. When a community feels under attack, healthcare can help restore it to a healthy and productive state. For example, Tarzana Treatment Centers focuses on restoring communities by offering integrated healthcare solutions.

Why Attend the 2025 Latinx Mental Health Conference?



The 2025 Latinx Mental Health Conference offers a rare opportunity to:

1) Learn from a diverse lineup of expert speakers sharing research, personal stories, and best practices.

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The 2025 Latinx Mental Health Conference aims to provide a platform for professionals, parents, students, and educators to engage in discussions about mental health within the Latinx community.”

*Latinx Mental Health
Conference Committee*

2) Participate in interactive workshops designed to provide practical tools for both personal well-being and professional care.

3) Build connections with clinicians, advocates, educators, and students committed to advancing behavioral health.

4) Earn five [continuing education](#) (CE) credits with the purchase of a CE registration, supporting professional growth and career advancement.

This conference is more than just an academic or

professional event — it is a movement focused on collective care. Attendees will leave prepared to make a greater impact in their communities and careers. By highlighting how collective care optimizes community engagement for healthcare professionals, the Latinx Mental Health Conference paves a path to strengthening communities in times of crisis.

Latinx Theme — Collective Care, Strength in Community

The 2025 theme highlights that true resilience comes from mutual support and teamwork. By bringing together voices from healthcare, education, and community advocacy, the conference encourages participants to work toward a shared vision of collective healing.

A Positive Conference Designed for All

- 1) Professionals gain tools to improve practice and strengthen patient outcomes.
- 2) Students gain exposure to real-world applications of their studies.
- 3) Parents and families access resources to support loved ones navigating mental health challenges.
- 4) Community members find an affirming environment to share experiences and connect with support networks.

Registration Details for Latinx Mental Health Conference:

Given the demand for such a conference and the relevance of the thematic elements, demand for spaces at the conference is impressive. Thus, to avoid missing out on an essential professional opportunity, the Latinx Mental Health Conference Committee wants to make sure that you know the information needed and are ready to act. Our goal is to ensure your participation and engagement.

□ Date: Wednesday, October 15, 2025

□ Location: University Student Union, California State University, Northridge

□ Registration is now open. Space is limited, and early registration is strongly encouraged.

CE registration includes five continuing education credits.

Please note: Parking is not included. On-site kiosks will be available for purchase.

For details and registration information, please get in touch with the Latinx Mental Health Conference Committee at dguzman@tarzanatc.org.

Do not miss this opportunity to empower yourself, broaden your professional skills, and contribute to a vital conversation on Latinx mental health. Please reserve your spot today and join us in building strength through collective care.

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