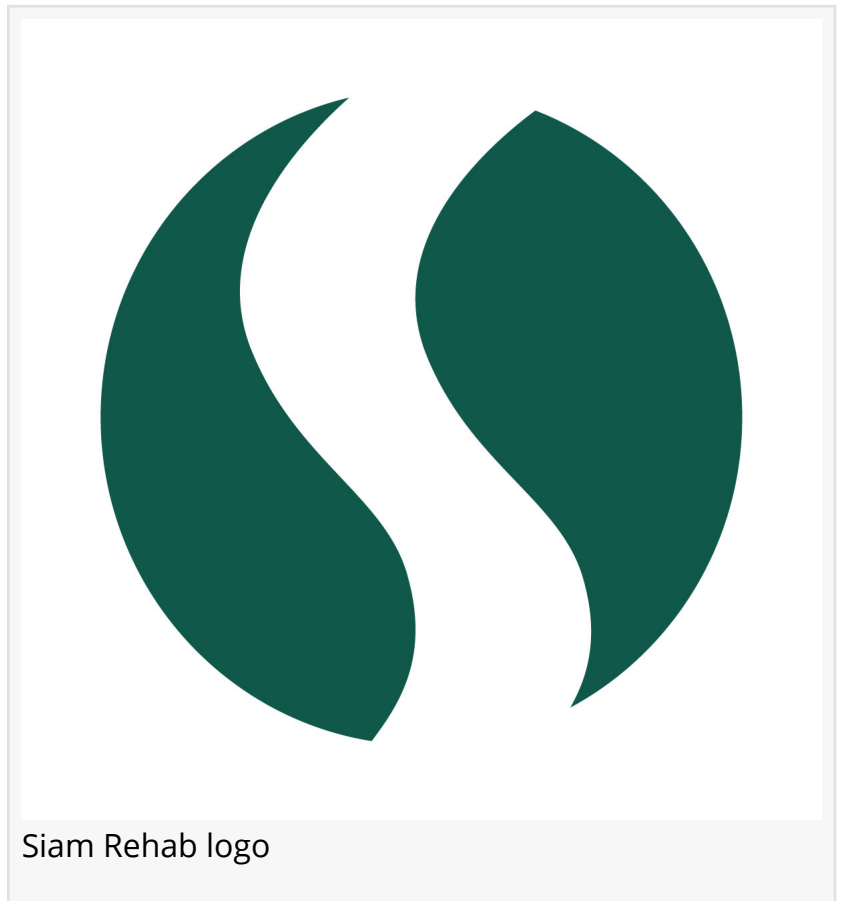


Healing Abroad: US Veterans Find Recovery From Drugs and Alcohol at Siam Rehab

American veterans struggling with drug or alcohol addiction find evidence-based treatment and hope for recovery at Siam Rehab in Thailand.

CHIANG RAI, CHIANG RAI, THAILAND, August 25, 2025 /EINPresswire.com/ -- For many American veterans, the most difficult battles are not fought overseas, but at home. Alcohol and drug addiction remain among the most urgent challenges facing the veteran community. For those living abroad, isolation often deepens the struggle, leaving many without a clear path to recovery.

[Siam Rehab](#), an internationally recognized addiction treatment center located in Chiang Rai, Thailand, is offering a lifeline. With its trauma-informed, evidence-based programs, Siam Rehab provides veterans with the tools, community, and medical oversight they need to rebuild their lives and achieve lasting recovery. The center has become a trusted destination for [veteran treatment](#) abroad, combining clinical excellence with a supportive environment.



Addiction Among Veterans: A Hidden Crisis

Substance use disorders are a silent epidemic among U.S. veterans. More than one in ten has been diagnosed with a substance use disorder, and alcohol misuse is especially common, nearly double that of the general population. Veterans with co-occurring PTSD, depression, or anxiety face an even more destructive cycle, where trauma and addiction reinforce one another.

The result is often devastating: broken families, declining health, and tragically high suicide rates.

In 2022 alone, over 6,400 veterans died by suicide — an average of 18 per day.

For those living abroad, the risks are amplified. Veterans far from the U.S. healthcare system often feel forgotten, unable to access support, and left to self-medicate with alcohol or drugs. Many do not realize that their VA healthcare benefits may extend beyond U.S. borders.

A Lifeline Through the VA Foreign Medical Program

The VA Foreign Medical Program (FMP) was created to ensure that eligible veterans receive treatment for service-connected conditions, even while living outside the United States.



A middle-aged U.S. veteran walks peacefully along a riverside path surrounded by green mountains. The natural scene represents recovery, hope, and the journey beyond PTSD and addiction, highlighting rehabilitation opportunities for veterans abroad.

Conditions such as alcohol use disorder, PTSD-linked anxiety, and depression can often qualify for FMP coverage. For veterans overseas, this means treatment can be fully funded by the VA, eliminating the cost barrier that prevents many from seeking help.

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Recovery is not just about sobriety, it's about reclaiming purpose, rebuilding a meaningful life, restoring relationships, and rediscovering the strength veterans thought they had lost.”

Wade Dupuis

Siam Rehab works directly with the FMP, often billing the program on behalf of clients, so veterans can focus entirely on recovery instead of paperwork. This makes the process of accessing veteran treatment abroad smoother and more efficient.

Why Siam Rehab Is Different

Set on a 30-acre campus in the hills of Northern Thailand, Siam Rehab blends modern clinical methods with holistic healing. The environment provides peace, distance from triggers, and the structure many veterans find essential.

The program includes:

Evidence-based therapies: CBT, DBT, trauma-focused therapy, and mindfulness.

Holistic care: Nutrition counseling, yoga, meditation, and fitness.

Unique programs: Muay Thai boxing, outdoor excursions, and NAD+ therapy.

Medical oversight: A U.S.-licensed physician and 24/7 clinical team.

Community: A stigma-free environment where veterans recover alongside international peers.

This combination of structure, fitness, therapy, and supportive community helps veterans regain a sense of order and rebuild self-confidence. It also ensures that veterans abroad receive comprehensive [drug addiction treatment](#) tailored to their unique needs.



A middle-aged veteran sits quietly on his couch, with a framed photo of his unit and military medals on the wall behind him. This powerful image symbolizes the struggle with PTSD and addiction, and the hope for recovery through support and rehabilitation

Stories of Hope

One Army veteran, stationed abroad in Asia, developed alcohol dependency linked to combat trauma. Cut off from the VA system, he believed help was out of reach. After enrolling at Siam Rehab, covered through the FMP, he achieved sobriety and built lasting coping skills.

Another veteran, a former Marine living in Europe, struggled silently with prescription medication misuse and depression. At Siam Rehab she found trauma-informed therapy, regained her strength through fitness, and left with renewed confidence and resilience.

These stories highlight the power of accessible veteran treatment and the importance of reminding veterans abroad that they are not alone.

A Global Commitment to Veterans

Too many veterans living overseas assume that distance means disconnection. The truth is that the VA's commitment to care extends beyond borders. Programs like Siam Rehab demonstrate how high-quality drug addiction treatment can be delivered internationally, while still meeting Western clinical standards.

By combining affordability, medical oversight, and holistic care, Siam Rehab ensures that veterans abroad can find hope and healing. For many, it represents not just recovery, but a

chance to reclaim purpose and rebuild their lives.

About Siam Rehab

Founded in 2014 and based in Chiang Rai, Thailand, Siam Rehab is an international residential addiction treatment center specializing in drug addiction treatment, alcohol rehabilitation, and co-occurring mental health conditions. Its 30-acre campus provides a structured and supportive environment for recovery.

Siam Rehab integrates evidence-based therapies such as CBT and DBT with holistic practices including fitness, nutrition, yoga, meditation, and Muay Thai. The program also offers NAD+ therapy and 24/7 medical supervision, ensuring both safety and effectiveness. With Western-trained professionals and a trauma-informed model, Siam Rehab helps clients achieve lasting sobriety and rebuild their lives.

For U.S. veterans, treatment costs may be fully covered under the VA Foreign Medical Program (FMP), making specialized veteran treatment accessible abroad.

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