

Pain Clinics Enhance Workplace Safety According To New Research; Olumuyiwa Bamgbade, Salem Pain Clinic, Canada

Pain Clinics Safeguard Workplaces and Promote Occupational Safety; Olumuyiwa Bamgbade, Salem Pain Clinic, BC, Canada

SURREY, BC, CANADA, August 24, 2025 /EINPresswire.com/ -- Workplace safety is a cornerstone

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Pain clinics restore more than health; they help employees return to work safely and protect workplaces from preventable risks”

Dr. Olumuyiwa Bamgbade

of healthy, productive societies. While discussions around occupational risk management often focus on equipment standards, training protocols, and compliance regulations, an often-overlooked factor is the role of employee health, particularly chronic pain and substance use. Emerging research highlights how pain clinics are becoming vital partners in reducing workplace risks by helping employees recover safely, manage medications, and maintain optimal performance on the job.

A peer-reviewed clinical [study published in SVOA Medical Research](#) involving more than 1,200 patients revealed that 9% of pain clinic attendees received therapy directly related to workplace safety and occupational risk management. This subgroup was predominantly male, representing almost 70% of these cases, and largely comprised early adults striving to return to or sustain employment in physically demanding environments. These individuals often faced challenges related to chronic pain, medication dependency, mental fatigue, and functional impairments, all of which can elevate workplace injury risks for themselves and their colleagues. The clinical study was led by Dr. [Olumuyiwa Bamgbade](#) and the [Salem Anaesthesia Pain Clinic](#).

Pain clinics play a transformative role in addressing workplace risk issues. They are not just places for treatment; they are complete rehabilitation centers where doctors check how well patients can function, see how medications affect their alertness and coordination, and help patients with personalized care plans to get them back to safe work. For workers prescribed opioids, benzodiazepines, or other sedatives, pain clinics frequently manage structured medication tapering programs designed to balance effective pain relief with cognitive clarity and workplace safety requirements.

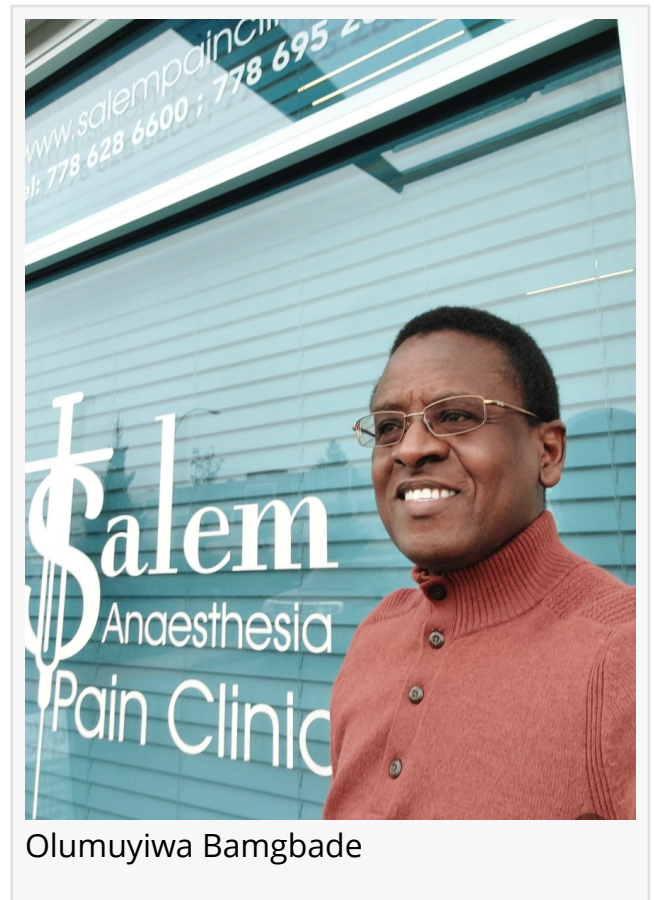
Often, pain clinics collaborate closely with employers, occupational health departments, and insurers to ensure that return-to-work decisions are evidence-based and safety-conscious. Functional capacity evaluations, simulated workplace tasks, and multidisciplinary assessments allow specialists to determine whether a worker is physically and mentally fit to resume full duties or if transitional accommodations are needed. This proactive approach reduces risks of accidents, improves productivity, and safeguards employer liability.

The connection between chronic pain and workplace safety extends beyond medication effects. Untreated pain can cause fatigue, stress, and reduced concentration, while co-occurring mental health conditions, such as depression or anxiety, may compromise judgment and reaction times. Pain clinics address these challenges through integrated behavioral health interventions, cognitive therapy, and resilience training. By empowering workers to manage their conditions effectively, clinics help reduce absenteeism, presenteeism, and occupational hazards linked to untreated or poorly managed pain.

The broader implications of these findings are significant for enterprise risk management and public health policy. Collaborating with pain clinics can help employers reduce compensation claims, lower disability costs, and foster safer, more productive workplaces. At the policy level, integrating pain clinics into occupational safety frameworks supports healthier workforces and aligns with national economic objectives to reduce preventable workplace injuries and fatalities.

Indeed, pain clinics are evolving into essential players in workplace risk prevention. By managing pain comprehensively, overseeing responsible medication use, and supporting safe return-to-work pathways, they bridge the gap between individual health and organizational safety. As industries grapple with rising demands for productivity and safety compliance, the role of pain clinics will only grow more critical. Supporting these services isn't just about treating pain; it's about building safer workplaces and stronger, more resilient economies or societies.

Dr. Bamgbade is a healthcare leader with an interest in value-based healthcare delivery. He is a specialist physician trained in Nigeria, Britain, the USA, and South Korea. He is an adjunct professor at institutions in Africa, Europe, and North America. He has collaborated with researchers in Nigeria, Australia, Iran, Mozambique, Rwanda, the USA, Kenya, Armenia, South Africa, Britain, Tanzania, Namibia, Zambia, Botswana, China, Ethiopia, Jamaica, Cuba, and



Canada. He has published 45 scientific papers in PubMed-indexed journals. He is the director of Salem Pain Clinic, a specialist and research clinic in Surrey, BC, Canada. Dr. Bamgbade and Salem Pain Clinic focus on researching and managing pain, health equity, injury rehabilitation, neuropathy, insomnia, societal safety, substance misuse, medical sociology, public health, medicolegal science, and perioperative care.

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