

# Pain Clinics Enable Insurance Efficiency According To New Research; Olumuyiwa Bamgbade, Salem Pain Clinic, Canada

*Pain Clinics Enhance The Insurance Process Toward Safer Clients, Workplaces, and Communities; Olumuyiwa Bamgbade, Salem Pain Clinic, BC, Canada*

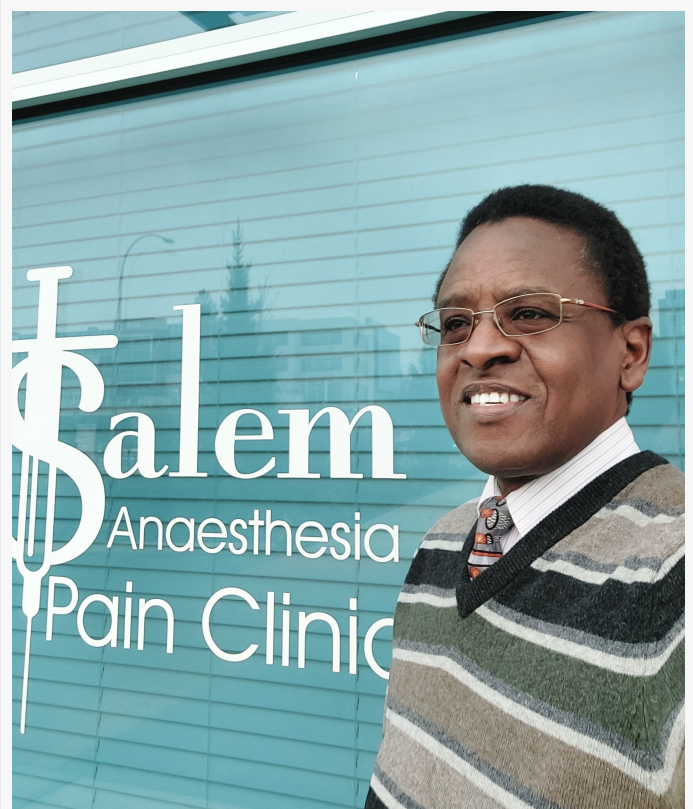
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/EINPresswire.com/ -- In the contemporary interconnected healthcare and risk landscape, collaboration between pain clinics and insurers has become more important than ever. Pain clinics are no longer confined to managing chronic pain alone; they are pivotal players in reducing medical, occupational, and societal risks. By working with healthcare insurers, injury insurers, and workers' compensation providers, pain clinics support patient recovery, improve safety outcomes, and reduce systemic costs.

A recent study [published in SVOA Medical Research](#), analyzing data from over 1,200

patients across a 7.5-year period, highlights how pain clinics have evolved into strategic partners for insurers. Dr. [Olumuyiwa Bamgbade](#) and the [Salem Anaesthesia Pain Clinic](#) led the peer-reviewed clinical study. The pain clinic's integrated approach helps patients regain their abilities and helps insurance companies reduce unnecessary claims, improve recovery results, and encourage better risk management in healthcare, workplaces, and public safety.

One area where this collaboration is particularly impactful is healthcare insurance. Pain clinics provide insurers with evidence-based treatment plans, functional capacity assessments, and progress reports that enable informed reimbursement decisions. By offering tailored care that includes physical therapy, medication management, and mental health support, clinics help lower long-term costs associated with chronic pain, reliance on opioids, and unnecessary hospital stays. Insurers benefit from improved patient outcomes and reduced exposure to high-cost, prolonged care episodes.



Olumuyiwa Bamgbade.



By aligning care with claims, pain clinics help insurers close cases efficiently while ensuring patients return to safe, functional lives”

*Dr. Olumuyiwa Bamgbade*

Injury insurers rely on pain clinics for accurate evaluations and recovery planning following motor vehicle accidents, workplace injuries, and other trauma-related events. These clinics often perform detailed assessments to determine the extent of injury-related impairments and tailor rehabilitation programs that restore function safely and efficiently. For insurers, this reduces disputes, facilitates fair settlements, and speeds up claim resolution, while patients receive the care they need to return to their daily

lives.

In the context of workers’ compensation, collaboration between pain clinics and insurers plays an even more direct role in supporting workplace safety and productivity. Untreated pain, sedating medications, or unresolved functional impairments can increase the risk of occupational accidents and prolonged absenteeism. Pain clinics bridge this gap by conducting functional capacity evaluations, supervising return-to-work programs, and advising on job modifications where necessary. This ensures that employees resume their roles safely and effectively, reducing the likelihood of reinjury and minimizing long-term disability costs.

These partnerships also enable better risk forecasting. By sharing clinical data and collaborating on outcome tracking, insurers and pain clinics can identify high-risk patterns early, allowing for preventive interventions. This aligns with modern enterprise risk management frameworks by addressing operational, compliance, financial, and reputational risks before they escalate.

From a societal perspective, these collaborations extend far beyond financial savings. Patients receiving timely and coordinated care are less likely to experience unmanaged pain, medication misuse, or functional impairment, factors that can impact road safety, family stability, and workplace well-being. As a result, insurer-clinic partnerships contribute to stronger, safer, and more resilient communities.

Indeed, pain clinics are no longer just treatment providers; they are strategic allies for insurers in driving better health outcomes and mitigating systemic risks. By combining clinical expertise with insurer oversight, these partnerships streamline claims, support patient recovery, enhance workplace safety, and reduce long-term costs. In an era where health, safety, and financial sustainability are deeply interconnected, investing in collaborative models between pain clinics and insurers offers benefits for everyone: patients, employers, insurers, and society alike.

Dr. Bamgbade is a healthcare leader with an interest in value-based healthcare delivery. He is a specialist physician trained in Nigeria, Britain, the USA, and South Korea. He is an adjunct professor at institutions in Africa, Europe, and North America. He has collaborated with researchers in Nigeria, Australia, Iran, Mozambique, Rwanda, the USA, Kenya, Armenia, South Africa, Britain, Tanzania, Namibia, Zambia, Botswana, China, Ethiopia, Jamaica, Cuba, and

Canada. He has published 45 scientific papers in PubMed-indexed journals. He is the director of Salem Pain Clinic, a specialist and research clinic in Surrey, BC, Canada. Dr Bamgbade and Salem Pain Clinic focus on researching and managing pain, health equity, injury rehabilitation, neuropathy, insomnia, societal safety, substance misuse, medical sociology, public health, medicolegal science, and perioperative care.

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