

Kathleen Dutton's 'Out of Habit' Returns in Compelling New Edition

A story of love, trauma, and truth, set to make waves at the 2025 Manila International Book Fair

LOS ANGELES, CA, UNITED STATES, August 25, 2025 /EINPresswire.com/ -- In a deeply moving tale of healing and self-discovery, Kathleen Dutton's acclaimed novel "[Out of Habit](#)" is reintroduced in a powerful new edition, drawing renewed attention to its themes of trauma, redemption, and the transformative power of love. The novel will be showcased at the upcoming Manila International Book Fair, taking place from September 10–14, 2025, at the SMX Convention Center Manila.



Out of Habit: New Edition

"Out of Habit" follows Allison Weston, a young woman who has lived most of her life in the protective care of nuns at St. Ives Institution. But after college, her guardian insists she confront the outside world before committing to her religious vows. As Allison takes her first steps into independence, her life becomes entangled with Ryan Harper, a rookie reporter whose search for the truth threatens to unravel painful secrets hidden deep in Allison's past.

The novel delivers both emotional intensity and literary finesse as it navigates the delicate path between uncovering trauma and protecting the wounded soul. With tenderness and strength, "Out of Habit" speaks to the importance of facing the past in order to create a future.

Author Kathleen Dutton draws from her own life experiences to craft this compelling narrative. After a professional career in the medical field, she now devotes herself to writing in the serenity of Northern Michigan.

"Out of Habit: New Edition" is available on Amazon and other major online digital bookstores.

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