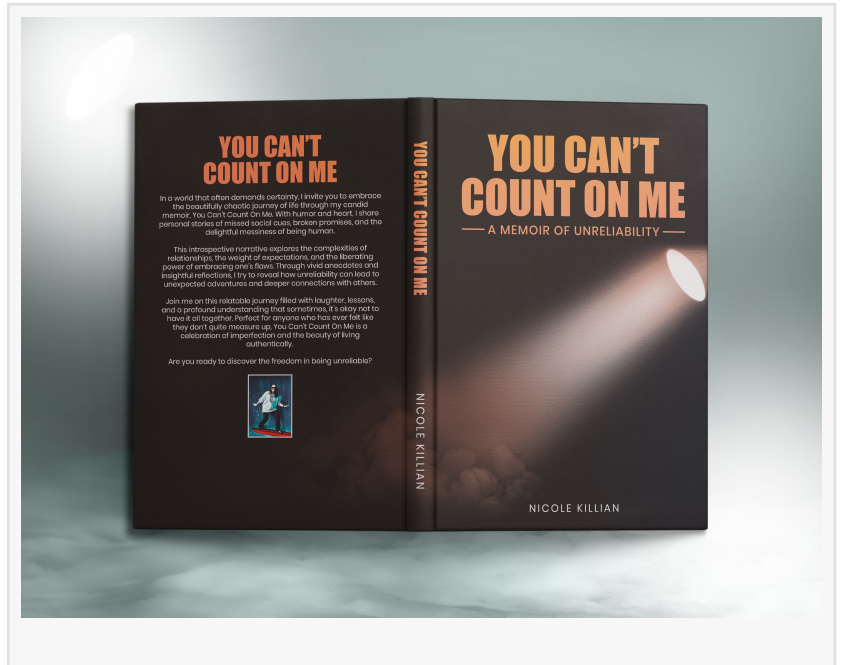


New Memoir by Nicole Killian Explores Chaos and Coming of Age with Humor

LOS ANGELES, CA, UNITED STATES, August 27, 2025 /EINPresswire.com/ -- [Nicole Killians](#) *You Can't Count On Me: A Memoir of Unreliability* is not a traditional story of triumph over adversity. It's truth-telling, dark humor, and emotional honesty told by someone who has lived through more than her fair share of instability. From surviving fractured family dynamics to growing up with undiagnosed autism, Killian takes readers on a journey that's as unpredictable as her childhood.



The book opens with a clear warning: this is not a hero's journey. It's a zigzag through a life filled with trauma, humor, confusion, and unexpected joy. Nicole reflects on a childhood marked by constant moves, complex family relationships, and an ever-shifting sense of home. But instead of writing from a place of bitterness, she leans into the chaos with wit and compassion. Her stories unfold with the honesty of someone who has nothing left to hide.

Nicole doesn't ask readers for pity. She offers solidarity. Whether she's dodging responsibility with a laugh, navigating heartbreak in a Sunday school dress, or pulling her sister from a pool by the hair, Nicole invites readers to find comfort in the mess. Her perspective doesn't seek resolution so much as recognition. She tells it like it is, not to shock, but to connect.

At the heart of this memoir lies an urgent message: survival doesn't always look pretty. Sometimes it looks like awkward humor, misplaced guilt, or a child pretending to faint in church just to avoid being prayed over. Nicole makes space for the strange, for the neurodivergent, for the ones who laugh when they should cry and run when they should fight. These aren't stories about overcoming; they're about enduring and finding meaning along the way.

Killian's writing style crackles with sharp observation and emotional clarity. She mixes laugh-out-loud lines with gut-punch truths, often in the same breath. Her language is vivid and unfiltered,

pulling readers into every awkward pause, every absurd memory, and every painfully real moment. She writes like someone who has lived every word and now offers them up with open hands.

You Can't Count On Me doesn't ask readers to make sense of everything. It asks them to feel seen, even if their lives are messy, nonlinear, or misunderstood. And that's what makes this memoir unforgettable. The book is available on Amazon, at all major online bookstores, and through leading retail outlets nationwide.

Author Bio

Nicole Killian is a neurodivergent writer, storyteller, and accidental expert in starting over. Raised across 55 different homes in the U.S., she writes with brutal honesty, biting humor, and a love for the beautifully broken. *You Can't Count On Me* is her debut memoir.

Nicole Killian

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