

Finance Veteran Chronicles Wall Street Life Lessons in Memoir BRICK & MORTAR

In BRICK & MORTAR, Mark D. Zarrilli shares career and life advice from decades in bond sales, the people you meet, the places you go, and lessons learned.

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/EINPresswire.com/ -- Wall Street is often portrayed as a world of numbers and deals, but for [Mark D. Zarrilli](#), the story has always been about people, persistence, and resilience. His memoir, BRICK & MORTAR, published in November 2021 and available in paperback and Kindle on Amazon, provides a candid look into life on the trading floor and the lessons learned across 33 years in the financial sector.

From Humble Beginnings to Wall Street

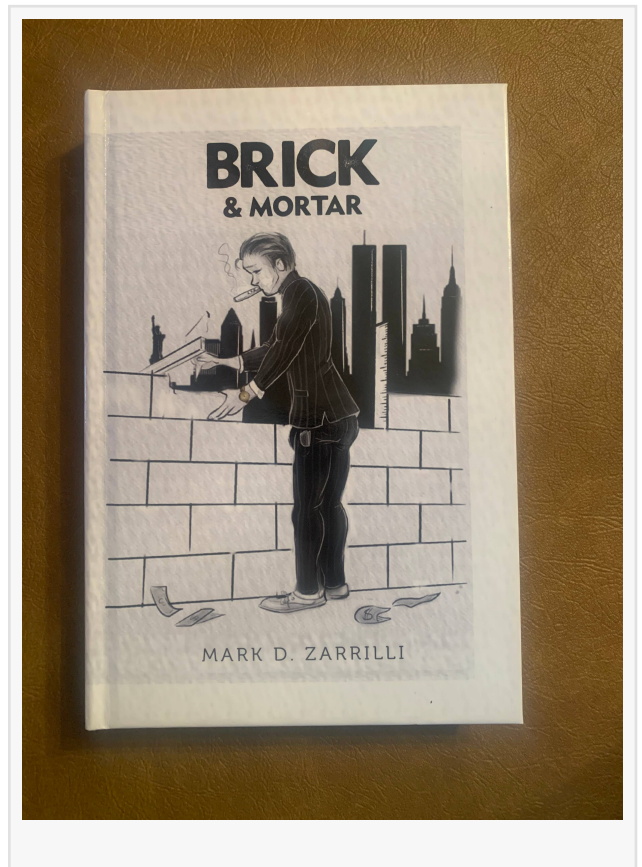
Zarrilli began his career in 1986 with no formal education in finance. Through determination and discipline, he built a reputation at leading institutions such as Bank of America, Deutsche Bank, and Sanwa Bank, specializing in fixed-income bond sales. His career trajectory underscores how persistence and tenacity can shape a path even in one of the world's most competitive industries.

Defining Moments Along the Way

Among the defining experiences shared in the memoir is his 1988 victory in a Wall Street charity boxing match, where he competed in the heavyweight division. For Zarrilli, the win was symbolic of the resilience required both in and out of the workplace. Another milestone came decades later in 2019, when he closed his Wall Street chapter with a memorable "last commute", crossing the Hudson River by stand-up paddleboard, a journey that drew media attention and captured Mark's spirit of adventure.

More Than Markets and Money

While the book includes insights into the financial world, it also reflects on life beyond trading



desks. Zarrilli highlights the importance of kindness, motivation, and hard work, themes that resonate with a broad audience of readers aged 18 to 80. His stories illustrate that the challenges of career and life often mirror one another, and the lessons learned in one arena can carry over into the other.

Personal Reflections

A lifelong New Jersey resident who also spends time in Highland Beach, Florida, Zarrilli balances his professional journey with personal milestones. Married to his wife Janice for 32 years, he is the father of two daughters, Shannon and Hanna, and recently became a grandfather to Stella. These family connections provide an anchor in a narrative that could otherwise be dominated by professional achievement alone.

What Readers Can Expect

BRICK & MORTAR has been described by readers as a blend of career memoir and life guidance. Amazon reviews note the authenticity of the writing and the book's accessibility to both finance insiders and general audiences. Readers around the world continue to find relevance in its message of perseverance and adaptability.

“

Wall Street taught me that life is built one brick at a time. His parents taught him the choices you make in life are very important. Hard work and kindness matter as much as any financial success.”

Mark D. Zarrilli

A Timely Read for Today

Though published in 2021, the memoir carries renewed significance at a time when many professionals are reconsidering traditional career paths. By sharing the highs, lows, and unexpected turns of his own journey, Zarrilli offers readers a reminder that success is often built brick by brick, through persistence and adaptability.

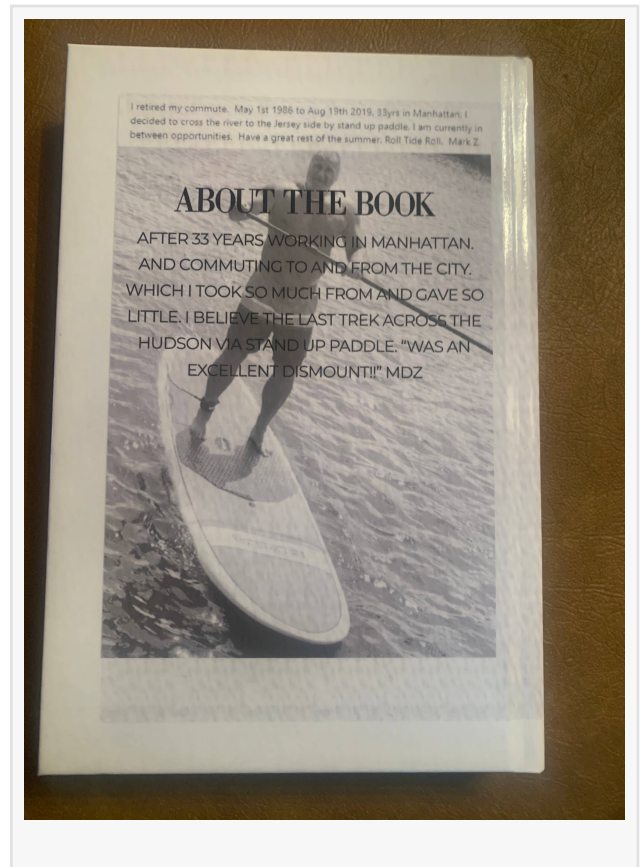
Availability

BRICK & MORTAR is available on Amazon in both paperback and Kindle formats. The book is also listed on Goodreads, where readers continue to engage with its

themes and lessons.

[About the Author](#)

Mark D. Zarrilli spent more than three decades working in fixed-income bond sales, serving clients at Bank of America, Deutsche Bank, and Sanwa Bank. His memoir, BRICK & MORTAR, combines behind-the-scenes experiences from Wall Street with life lessons on resilience, hard



work, and personal growth.

Mark D. Zarrilli

BRICK & MORTAR

+1 732-266-0637

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