

AAHA Releases Groundbreaking One Health Guidelines to Bridge Human and Veterinary Medicine

LAKEWOOD, CO, UNITED STATES, August 27, 2025 /EINPresswire.com/ -- The

[American Animal Hospital Association](#) (AAHA) today announced the release of the 2025 [AAHA One Health Guidelines: Navigating Cross-Disciplinary Partnerships](#), marking a historic milestone as the first guidelines to bring together human and veterinary medical professionals to create a comprehensive roadmap for collaboration.

“

This collaboration will not only enhance the care we provide to our animal patients but will also support the families that love them, promoting healthier communities overall.”

*Cheryl Roth, DVM, DABVP
(Canine and Feline)*

These innovative guidelines address the critical need for veterinary and human medical teams to work together in a holistic, family-based approach to healthcare. For the first time, AAHA has assembled a task force of experts from veterinary medicine, public health, and human medicine to tackle communication barriers and develop strategies that benefit both patients and families by considering pets and humans as one family unit.

"The highest quality care—for individuals, families, communities, and our shared environments—depends on

true interprofessional collaboration. Yet, despite this widely accepted principle, one of the most enduring gaps exists between human and veterinary medicine. The AAHA One Health Guidelines aim to bridge that divide—offering both inspiration and direction to support a more connected, effective, and comprehensive model of care," said Brian Sick, MD, MHA, FACP, FNAP, cochair of the AAHA One Health Guidelines.

The guidelines provide practical solutions for common scenarios that intersect human and animal health, including zoonotic diseases, disability accommodations, mental health issues, and family welfare concerns. Key components include:

Standardized terms and definitions to establish common language between professions

Clear criteria for determining when cases require a One Health approach

Structured protocols for reaching out to other professionals, including social workers, physicians, and medical specialists

Recommendations for case follow-up

Detailed case studies covering critical topics such as:
Tickborne diseases
ADA accommodations
Infectious diseases transmissible between people and animals
Cognitive function issues in older adult clients
Recognition of intimate partner violence and animal abuse

"I am excited to have contributed to the AAHA One Health Guidelines, which equip our veterinary healthcare teams with the essential tools and framework to collaborate with our colleagues in human healthcare," said Cheryl Roth, DVM, DABVP (Canine and Feline), co-chair of the AAHA One Health Guidelines. "By fostering connections

between these two fields, we can more effectively address zoonotic diseases, share insights on preventive care for the whole family, and create comprehensive wellness plans that consider the health of both pets and their owners. This collaboration will not only enhance the care we provide to our animal patients but will also support the families that love them, promoting healthier communities overall."



The guidelines recognize that many health challenges require coordinated responses across medical disciplines. By leveraging existing resources and establishing clear communication pathways, these guidelines enable healthcare professionals to provide more comprehensive care that addresses the interconnected health needs of families and their animal companions.

The guidelines are available at aaha.org/onehealthpartnerships.

The 2025 AAHA One Health Guidelines: Navigating Cross-Disciplinary Partnerships are generously supported by Merck Animal Health.

About the American Animal Hospital Association

Since 1933, the American Animal Hospital Association has been the only organization to accredit veterinary hospitals across the United States and Canada based on standards linked to high-quality medicine and compassionate care. With accreditation partners in South Korea, Japan, and China, this initiative is expanding internationally. Our mission is to simplify the path to excellence in veterinary practices. In veterinary medicine, accreditation is optional. The AAHA-accredited logo serves as the most reliable sign that a practice has undergone evaluation by an

independent party. Look for the AAHA logo at your local animal hospital or use the accredited hospital locator on aaha.org to find one.

For more information about AAHA, visit aaha.org.

Wendy Cobrda

American Animal Hospital Association

+1 720-823-0825

[email us here](#)

Visit us on social media:

[LinkedIn](#)

[Instagram](#)

[Facebook](#)

[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/843615158>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.