

From Brain Trauma to Breakthrough: Cereset Costa Mesa Owner Helps Others Reclaim Balance with Brain Technology

Carrying forward a personal family legacy, Christopher Tansey helps others restore well-being through breakthrough brain reset technology.

COSTA MESA, CA, UNITED STATES,
September 18, 2025 /

EINPresswire.com/ -- What began as a family's desperate search for relief has grown into a revolutionary wellness center in the heart of Orange County. Cereset Costa Mesa, operated by franchise owner Christopher Tansey, offers an innovative approach to brain wellness that is both personal and deeply transformative.

In 1998, Tansey was diagnosed with an arachnoid cyst the size of a navel orange—blocking blood flow and electrical activity to key regions of his brain. The diagnosis led to major brain surgery, which provided partial relief but left him with long-term cognitive and emotional challenges.

A decade later, tragedy struck again when Tansey's father fell from a four-story hotel balcony—a fall that by all accounts should have ended his life. Miraculously, he survived, but the resulting traumatic brain injury left him struggling with focus, sleep, and emotional regulation. After a three-year search for answers, he discovered a groundbreaking technology that would later become Cereset—setting in motion a journey that reshaped not only his life, but also his son's—and later inspired countless others.



"We help your brain help you." The Cereset tagline reflects the company's mission to support natural brain self-restoration through its patented BrainEcho® technology.

"I watched my father come back to life," Tansey said. "He could focus again, stay calm, and finally sleep through the night. I had to try it myself."

Tansey's own brain began to regain clarity in a way surgery never achieved.

"My thinking became sharp and clear. I got off all medication. My life was manageable again—and for the first time in years, I had hope."

Inspired by his father's remarkable recovery, Tansey experienced the technology firsthand and found his own breakthrough. In 2018, he stepped forward to continue the family's legacy—establishing the Costa Mesa center as a place where others could experience the same brain reset and transformation.

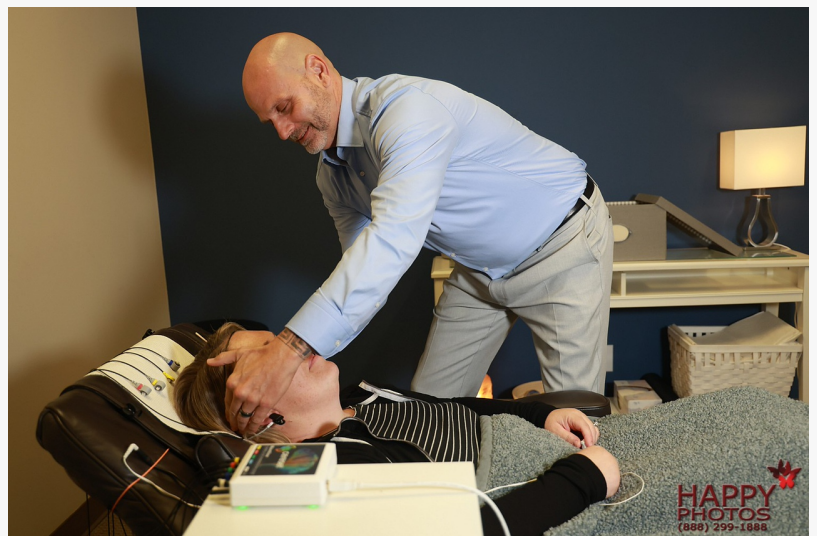
The center uses a patented, non-invasive, drug-free technology called BrainEcho®—a form of neuromodulation that enables the brain to "hear" and "see" its own reflection in real time. This process allows the brain to naturally self-correct and rebalance without any outside intervention, stimulus, or medication. Clients may nap or rest quietly in a comfortable chair while their brain relaxes, helping reduce stress, improve sleep, and enhance cognitive clarity from the inside out.

Cereset Costa Mesa has earned the trust of clients across Southern California, with numerous 5-star reviews from those seeking relief from sleep issues, anxiety, PTSD, concussion recovery, and chronic stress.

"Cereset has changed my life and helped me get back on track after the lingering effects of a



Christopher Tansey, franchise owner of Cereset Costa Mesa, brings firsthand insight and a deep commitment to brain wellness through his work in Orange County.



Tansey prepares a client for a BrainEcho® session at Cereset Costa Mesa, where non-invasive neuromodulation helps the brain reset itself naturally.

concussion and unresolved childhood trauma,” said Cameron Z. “Since starting the program, I’ve experienced major improvements in my sleep, focus, mood, and anxiety. I feel like I can finally navigate life again without being emotionally set off by the smallest things. Christopher and Truman have been incredibly supportive, and the help I’ve received is truly invaluable. After trying so many things in my recovery journey, I’m just so grateful to have finally found something that works.”

“As a holistic practitioner, I know how critical it is to have a well-regulated nervous system for long-term health,” said Dakota F. “After experiencing noticeable improvements in my own sleep and stress management, I now refer many of my patients to Cereset to support nervous system regulation, concussion recovery, and sleep issues. I feel so balanced that I’ve continued going just for maintenance—it’s become a key part of my wellness plan.”

To make brain wellness more accessible, Cereset Costa Mesa offers a \$170 introductory special, which includes:

- A 50-minute personal evaluation
- Orientation with a certified Tech Coach
- A baseline brain observation
- Your own Personal Brain Index®
- A customized plan of action

Located just off the 405 Freeway at the South Coast Drive exit, the center is minutes from South Coast Plaza and serves clients across Southern California.



During a session at Cereset Costa Mesa, Tansey ensures client comfort as real-time brainwave mirroring begins. Clients typically rest quietly or nap while the brain rebalances itself.



Through BrainEcho®, Christopher Tansey is reshaping how Orange County approaches stress, sleep, and brain health.

"This work is deeply personal to me and my family," Tansey said. "I know what it's like to live with a brain that feels stuck—foggy, overwhelmed, out of sync—and I also know the profound freedom that comes when your brain finally resets and begins to function as it was meant to—that's the experience we're here to share."

To learn more or book your introductory session, visit www.costamesa.cereset.com or call (714) 549-2969.

You can also connect with Cereset Costa Mesa on [LinkedIn](#) and follow on [Instagram](#) for client stories, wellness tips, and updates.

About Cereset

Cereset is the global leader in non-invasive brain wellness. Using patented BrainEcho® technology, Cereset helps the brain relax, rebalance, and reset itself—naturally and effortlessly—without the use of medication or external stimulation. The result is improved sleep, clarity, mood, energy, and stress resilience.

Disclaimer: Cereset is not a medical or therapeutic provider and does not diagnose, treat, cure, or prevent any disease or medical condition. All client testimonials reflect personal experiences, and individual results may vary.

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