

# Ocean Recovery Highlights Heroin Addiction Risks and Treatment Options

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NEWPORT BEACH, CA, UNITED STATES, September 3, 2025 /EINPresswire.com/ -- Heroin continues to be one of the most dangerous drugs affecting communities across the U.S. While statistics may suggest that only a small percentage of the population uses heroin, the consequences are often severe and far-reaching. [Ocean Recovery Orange County Drug & Alcohol Rehab](#), a Southern California addiction treatment center, emphasizes the importance of early intervention, comprehensive care, and family involvement for anyone struggling with this powerful opioid.



Ocean Recovery Drug Rehab Orange County

## Understanding the Dangers



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*Henretig*

Heroin is an illegal opioid derived from morphine. It can appear as a white or brown powder or as black tar. People use it for the intense euphoria it produces, but even casual use can quickly become addictive. The drug is particularly unpredictable because street versions are often mixed with other substances—sometimes even fentanyl—making the risk of overdose alarmingly high.

Short-term effects may include drowsiness, nausea, constricted pupils, and slowed breathing, while long-term use can cause collapsed veins, infections from shared needles, gastrointestinal issues, heart problems, and

serious mental health concerns like depression and anxiety. The unpredictable nature of street

heroin means that even experienced users may be at risk of severe complications.

#### Treatment at Ocean Recovery

Ocean Recovery offers personalized treatment designed around each patient's specific needs. Options include:

##### Medical Stabilization and Detox:

Careful monitoring during withdrawal to manage physical symptoms safely

Behavioral Therapy: Evidence-based approaches that address underlying causes of addiction and help develop healthier coping strategies

##### Co-Occurring Disorder Support:

Integrated care for patients dealing with mental health challenges alongside heroin addiction

Family Engagement: Counseling and guidance to support loved ones and rebuild trust

"Our treatment isn't a one-size-fits-all model," notes Henretig. "Some people may need longer medical care, while others respond well to shorter, intensive programs. The key is flexibility and consistent support—no single approach works for everyone."

#### Support Beyond Treatment

Ocean Recovery also provides families with educational resources, including guidance on recognizing early warning signs of heroin use and understanding the potential long-term effects. Support continues after formal treatment through referrals to community groups, ongoing therapy, and follow-up check-ins, which appear to improve long-term outcomes.

#### [About Ocean Recovery](#)

Ocean Recovery is a premier addiction and eating disorder treatment center in Newport Beach, California. The center offers specialized programs for men and women, combining trauma-informed care, evidence-based therapies, and family-centered support to promote lasting recovery. Ocean Recovery is dedicated to helping clients achieve sobriety while restoring overall



Ocean Recovery Luxury Drug Rehab Orange County



Ocean Recovery Drug Rehab Orange County  
Women's Addiction Treatment Program

wellness and relationships.

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Ocean Recovery Drug Rehab Orange County Men's  
Addiction Treatment Program



Ocean Recovery Drug Rehab Orange County Men's  
Eating Disorder Treatment

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