

# Hallie Marie Confronts the Beauty and Ache of Awakening in New Single, 'Blue In Her Head'

*A soul-searching rock journey through dissociation, depression and the quiet miracle of coming back to yourself*

WASHINGTON, DC, UNITED STATES, September 9, 2025 /EINPresswire.com/ -- Today, singer-songwriter [Hallie Marie](#) releases "[Blue In Her Head](#)," a sweeping and introspective single that journeys through isolation, healing and the slow spiritual awakening that comes from learning to see the beauty in life again.

Written by Hallie and recorded in collaboration with regular creative partner Andreas Landeck (The Keep Recording), "Blue In Her Head" opens in a quiet, contemplative space before evolving into a dynamic, multi-phase rock arrangement. As strings, layered vocals and dueling guitar solos build across the track's arc, so does Hallie's narrative, moving from emotional detachment and longing to a reclamation of self, hope and presence.

"There is a spiritual aspect to it; first, I feel alone and depressed, then I start wondering what's beyond, understanding there is beauty out there, even if my mind blocks me from enjoying it, and then I begin to close



"Blue In Her Head" Cover Art by Hallie Marie.



that gap," said Hallie Marie. "This is much like the spiritual path of 'waking up' to reality instead of staying stuck in one's thoughts and delusions that take them away from the light."

Built around poetic lyrics that read like a dialogue between self and soul, "Blue In Her Head" personifies both the world and the self as elusive strangers — mysterious figures we long to understand. Hallie describes herself and others as hungry ghosts (a Buddhist theme), wandering in search of connection, meaning, and a way back home.

Sonically, the track evokes the expansive psychedelia of Pink Floyd, with instrumental builds that reflect the emotional journey itself. Backing vocals bloom in the second chorus, strings swell in the bridge, and the final section brings a cathartic guitar duet that feels like a release, a reckoning and a return.

"It starts out a bit spacious and the lyrics are describing an empty feeling," said Hallie. "Then as the story goes on, more instrumental parts are added to convey the movement of depression and dissociation into exasperation and passion, love and recognizing beauty."

Lyrics Preview: Tell me what's a girl to do with all this blue in her head? / Cause there's beauty all around and it doesn't make sense / But sometimes for a moment she sees it / Feeling sand beneath her feet / A secret never meant to keep, she knows.

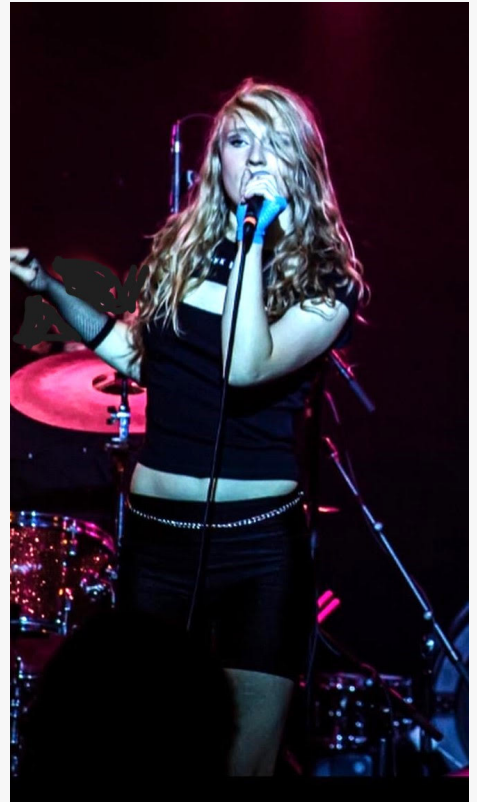
Throughout the song, the lyrics trace a journey from fear of love and vulnerability toward a growing awareness of beauty, both in the world and within the self. They reflect a deep emotional shift, marking a spiritual turning point and an awakening to humans' innate interconnectivity.

Following the warm nostalgia of her most recent single release, "3:59," "Blue In Her Head" finds Hallie diving ever deeper into emotional terrain, reflecting on depression, identity and the courage it takes to stay open to life's beauty, even when the mind resists.

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About Hallie Marie:

Hallie Marie is a multifaceted artist who beautifully balances light and shadow in her work. With an intellectually curious spirit, she dives deep into the complexities of human emotions, crafting music that resonates with listeners on many levels — from the highs of love and joy to the depths of melancholy. Drawing inspiration from artists like Sufjan Stevens, Billy Joel, and Phoebe



Hallie Marie

Bridgers, Hallie's sound blends pop, rock, and folk influences, creating a genuine connection through heartfelt lyrics and relatable storytelling.

Collaborating with the Denver-based band Direville, Hallie Marie has already begun to make her mark on the music industry with popular releases "Sympathy" and "Free Spirit", among others. Now branching out on her own, her solo music endeavors combine poetic mystical imagery with direct and casual insight derived from raw life experience.

Embracing the beauty of authenticity and connecting with each of us at our core, Hallie invites her audience into her world, sharing not just her music but also her creative process — writing, arranging, and recording — along with the benefit of what she has learned through struggle and resilience. She aims to connect deeply with her listeners, sharing meaningful ideas that resonate long after the music ends.

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